MayFest

Entertainer Jon Stetson, America's Master Mentalist will be performing.
Hors D’oeuvres, Silent & Live Auction & Cash Bar
To Benefit
The Gibson Center for Senior Services
at the
North Conway Community Center
Sunday, May 7, 2016
Starting at 5:30 PM
Twenty-five Dollars Per Person
Reservations Suggested (356-3231)

2017 GIBSON CENTER
CRAFTS AND ARTISAN FESTIVALS

May 27th & 28th, Sat & Sun
July 1st & 2nd, Sat & Sun
September 2nd & 3rd, Sat & Sun
October 7th & 8th, Sat & Sun

SHOW HOURS:
Sat & Sun 10 AM - 5 PM
New England Crafters at their best!
**Trips**

**“Go Green for Nutrition” Fundraiser**

It’s that time of year again to open our hearts and participate in the “Go Green for Nutrition” Fundraiser. Your generous response over the years has helped raise over $115,300 for the Meals on Wheels and Congregate Meals Programs, benefiting our senior recipients and friends. Let us continue to rise to the challenge of ensuring our seniors ongoing food security and independence at home. Together we can make a difference in the lives of our friends and neighbors, affecting the entire community. Donations for this cause must be received from March 1st to April 30th. The donations can be cash or checks. If you choose to write a check, make it out to the Gibson Nutrition Program and write on the memo line: “Go Green”. Please respond as soon as possible so all donations are received by Apr. 30. As usual Gibson will keep all monies.

We are serving approximately 85 Meals on Wheels a day, in addition to our daily Congregate meal. Call the Nutrition Office at the Gibson Center between 8AM and 3PM at 356-3231 for further information. We thank you for considering this appeal and for your past assistance and ongoing partnership in supporting the mission of the Gibson Center.

To assist with the fundraising this year we will hold one more Tea with canned goods donations, at the Gibson Center on April 25th (bring shelf food to participate). We will also hold a Dessert Auction before Easter, on Wednesday, April 12th. If you would like to bake for the auction, or join us for the Teas, please sign up. We will have an Ice Cream Social at Silver Lake Landing some time, yet to be determined, please bring shelf food to each party, tea, or social. **We will hold raffles in the North Conway dining room on Fridays at Lunch.** All are welcome! Shelf foods most needed are canned milk, hot chocolate, canned tuna or chicken, fruits, puddings, non-sugary cereals, low-salt soups, green vegetables. **Please remember, all checks must be dated between March 1-April 30, 2017.**

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**Gibson Day Trips Please sign up for all trips: 356-3231**

New trip policy: when you sign up, you will be placed on the waiting list. When you pay for the trip, your name will be moved to the going list.

- **Conway Historical Society:** Second Tuesday. Home pickups. Potluck on even months.
- **Maine State Ballet:** *Swan Lake* Saturday, April 8, $44 includes ticket, handling fees, and transportation. Lunch on own.
- **Election Day:** transportation to the Polls. Conway in the afternoon. Please sign up for home pick ups. **Conway Town Meeting 4/11**
- **Kohl’s, Lowe’s, Pet Co, and I HOP:** Board Bus 10AM Wednesday April 19. $15 Bring your own lunch, or eat on your own at I HOP
- **Michael W. Smith:** a Christian Singer. Friday, May 5th. $52. Dinner on your own
- **Corvette Doo Wop:** music from the 50’s. Saturday, May 13th. $41 dinner on your own
- **RiverDance:** Wednesday, May 31st
- **Lupine Trips:** June 6 or 14, 9AM-5PM. Polly’s Pancakes, Sugar House, ice cream. $18
- **SeaDogs vs NH Fisher Cats:** Thursday, June 29. $30


**Gibson Globetrotters**

**Canadian Rockies by Train & Calgary Stampede**

July 3, 2017 Passport needed
9 days, 13 Meals $5699 ppdo

**Includes:** Air, Land, Insurance, airport transfer
Vancouver, Columbia Ice Fields, VIA Railway, Banff, Lake Louise, Jasper, exquisite hotels, Calgary Stampede...And More!

**Shades of Ireland:**
October 16-25, 2017 Passport needed
10 days, 13 meals. $3599 ppdo 5 hotels

**Includes:** Air, Land, Insurance, airport transfer
- Dublin, Limerick, Galway,
- Blarney Stone, Whiskey tasting,
- A night on a castle grounds!
- Waterford Crystal tour,
- Mountains, Cliffs... and MORE!

**Spotlight on San Antonio Holiday:**
November 30 – December 4, 2017
5 days, 6 Meals $2149 ppdo One Hotel

**Includes:** Air, Land, Insurance, airport transfer
- Mission San Jose,
- The Alamo,
- LBJ Ranch,
- El Mercado,
- River Walk,
- Fredericksburg,
- Paseo de Rio Cruise,
- an olive orchard ... And More!

**Newport, Mystic, & Foxwoods:**
June 5-9, 2017,
8 meals, $ 549 ppdo

**Includes:** Bus, Insurance, Hotel
- May still happen, sign up extended

**Maine Coast during foliage season:**
October, 2017,
4 meals, $ 400ppdo

**Includes:** Bus, Insurance, Hotel
- Boothbay Harbor & Railway Village
- Victorian Mansion, Light houses
- Kennebunk & Kennebunkport

**Donations:**
Shaw’s
NH Food Bank
Al Zaino, Furniture Repairs, & Pantry Bags
Old Village Bakery
Wal-Mart & Bob King
Lindt Chocolate
Abundant Blessings
North Conway Rite-Aid
Comfort Inn
William Clemons
Pine Tree K-Kids, Diane Gamache
Dot Seybold/OVP- Settlers’ Green, Susan & Max Bygrave

**Program Volunteers:**
Silver Lake Music: Mary Ellen Vana,
George LeBlanc: Wii, & Game Day set up
Care for Caregiver: Gardiner Perry VNS & Dom
Book Cart: Barbara Rines
Belly Dance Instructor: Joanne Bailey
Tai Ji Quan: Sandy Perry,
Matter of Balance Coach: Sandy Perry
Computer time: Deb from Rite Aide

**FunDay Music:** Lois Wright,
Dining Room Art: Elaine Klement and her ancestors, Ellen Farrington;
AARP Taxes: Art and Dave
Go Green: Jim Giguere; Paula Callahan, David Lloyd, Al Zaino, Ellen Farrington, JP Goodwin, Karen Mills, Karen Cousins, Stephani Thuotte, Ellen, Jessie

**Save these dates for Gibson Fundraisers:**
FlatBread;
Tuesday, August 8th 5-9PM
Joseph’s Spaghetti Shed;
Monday, September 25th, 4:30-9PM
Black Cap Grille;
Tuesday, October 24th 5-9:30PM
Call 356-3231 for information or to arrange bus pick ups
April 2017

“Go Green” Gibson, weekly raffles on Friday during lunch.

Caring for the Caregiver. This session is March 8–April 12

Thursday the 6th: BINGO after lunch, player supplied prizes.

Matter of Balance meets at Silver Lake, Tuesdays 9:30AM

Mount Washington Valley Arts Association
Friday Painters
After Lunch on Fridays, 12:30-3:30PM

Wednesday, and Thursday, the 12th-12th, will be our annual Easter Dinners, sponsored this year by WHITE MOUNTAIN OIL. No reservations, suggested donation $4

Wednesday, the 12th annual “Go Green” Gibson Dessert Auction, just in time for Easter. Bakers and bidders welcome

Monday the 17th: County and Representative Forum, bring your concerns about “senior” issues.

Tuesday the 18th: Library program, Technical Assistance

Tuesday, the 25th, after lunch, Advance Care Planning. Joan Lanoie will give a general synopsis, then answer questions.

Tuesday, the 25th our final “Go Green” Gibson Tea, on the Gibson Patio, weather permitting. Please sign up. Please bring a canned good, especially needed are meats, and milk.

Friday the 28th, Free Eye Screening, compliments of the Lions.

**SENIOR HOUSING APARTMENTS**

Silver Lake Landing in Madison has occasional apartment openings. These apartments are for independent living seniors (62+) with verifiable low and modest incomes. Section 8 vouchers welcome. References and a one month security deposit are required.

Rent for a first floor, 2 bedroom apartment is currently $710 per month and includes heat and hot water. There is a $25 reduction for one bedroom apartments, and another $25 reduction for second floor apartments.

Great views, quiet lake living. Building has on-site coin-op laundry, sprinkler system, and fire alarm horn/strobe system. Second floor apartments are accessible by stairs only, no elevators. Non-smokers only and service animals only.

Please call Ken at the Gibson Center, 356-3231, ext 3 for an application.

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**Beasley and Ferber, P.A.**

Estate Planning and Elder Law
Wills, Trusts and Probate Avoidance
Estate Administration and Guardianships
Saving Assets from Nursing Home Stays

CALL FOR A SCHEDULE OF FUTURE ESTATE PLANNING SEMINARS AT THE GIBSON CENTER
1-800-370-5010

Use of Gibson Center facilities or advertising by outside groups or businesses does not constitute an endorsement by the Gibson Center.

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**TIM DI PIETRO**
Master Electrician
Free Estimates
NO JOB TOO SMALL
603-356-2248
Mary 2017

Caring for the Caregiver: This session is May 3– June 7

Thursday the 4th: BINGO is after lunch with player supplied prizes.

MayFest
Auction, and Entertainment
Sunday, May 7th
5:30 P. M.
North Conway Community Center

Thursday the 11th, The Gibson Dining Room will be closed.

Friday, the 12th, all ladies will be honored with a flower, and a special meal.

Friday the 26th, Chef Rick will make cook out food, for an indoor picnic to kick off the Memorial Day Weekend.

Saturday & Sunday, the 27th & 28th, Gibson Center Memorial Day Craft and Artisans Fair, 10 AM-5 PM

Monday, the 29th, The Gobson Center will be closed

Wednesday, the 31st, the NH Association for the Blind will be here after lunch to show us how to use our devices...Smart Phones, Tablets, in ways that will make our everyday lives easier.

Wednesday, and Thursday, the 12th-13th, will be our annual Easter Dinners, sponsored this year by White Mountain Oil & Propane
No reservations, suggested donation $4

Ham Dinner

GOLD’S OVER
$1850/ OZ
“WE BUY ALL GOLD & SILVER”
Platinum, Diamonds, Coins & Jewelry
Free Estimates
North Country Fair Jewelers
“43rd year”
2448 White Mtn. HWY, No. Conway 356-5819

Personal Care Assistant
respite care, full-time, part time, days, nights and fill-in.
25 Years Experience.
Call Jan Bennett 207-807-1011

Mineral Springs of North Conway Care & Rehabilitation Center
Offering quality nursing care and an assisted living environment to the North Conway area. (03860)
1251 White Mtn. Hwy N. Conway, NH 603-356-7294

Tai Ji Quan:
Moving for Better Balance

- Learn 8 simple movements
- Improves balance by training your body to listen internal stimuli
- Respond to external stimuli
- Reactions become automatic
- Monday & Thursday 3-4 PM
- Call 356-3231 to register

Brought to you by members of the Community Health Council including Memorial Hospital, Visiting Nurse Home Care & Hospice of Carroll County, and Mineral Springs are partnering with the Gibson Center for Senior Services, the NH Foundation for Healthy Communities and MaineHealth.
Business Support Newsletter Listings


Adult & Pediatric Dermatology, PC (978-610-3701) Glen Smith, is pleased to announce its opening at Huggins Hospital in Wolfeboro, NH! For an appointment, please call 603-569-3376.

Beasley & Ferber, P.A. (1-800-370-5010) David Ferber, estate planning including avoiding probate, protecting assets from nursing homes, avoiding state taxes, and elder law.

Chalmers Insurance (356-6926) Steve Cote, full line of personal and business insurance, including Long term care, life and annuities.

Coleman Alvin J. & Son (447-5936) 9 NH Route 113, Conway. General Contractor

Conway Eye Care (356-3000) 1319 White Mt. Highway Dr. Gary Cole & Associates, eye exams, surgical and medical eye evaluations, complete optical service with “on-site” laboratory.

First Allied Securities (356-9371) 3277 White Mt. Hwy. Investments including Stocks, Bonds, Annuities, Retirement, College Planning

Gamwell, Caputo & Co., PLLC (447-3356 or fax 447-6563) Dave Caputo, certified public accountants providing tax, accounting, and financial statement services for businesses, individuals, trusts and estates.

Granite State Independent Living (GSIL) (800-826-3700) www.gsil.org Donna Potter, Non-profit whose mission is to promote life with independence for Seniors & the disabled, to live as independently as they choose in their own homes.

GSIL offers services including: info. and referral, personal care, helping with funding, transportation, counseling, respite for caregivers, etc.

Hill’s Florist and Nursery (356-5750) Brian Hill, Rt. 16, Intervale. Flowers for all occasions, trees, shrubs, perennials, annuals, balloons and gifts. FTD. 10% discount for Gibson members.

H.R. Hoyt Construction Inc. (447-2612) Conway, NH. Poured Concrete


Mount Washington Auto Road (466-3988) Brian Bennett. Toll road to summit of the highest mountain in the North East.

North Country Fair Jewelers (356-5819) Brian Smith, Main St, N Conway. Diamonds, gold and silver jewelry, coins, pearls, watches, clocks and antiques. Repairs, appraisals, buy, sell and trade.

NorthEast Auto Body (356-5808) David Smith, 530 Eastman Road, North Conway, N.H.

Notchland Inn (374-6131) Harts Location, NH Romantic dining and lodging.


Settlers Green Outlet Village (356-7031) over 60 stores. Every Tuesday is Senior discount day at participating stores.

Timberland Home Care Inc. (603-447-3998) is a non-medical home care service provider to families in the Mount Washington Valley and surrounding areas. As experienced home care providers we can provide short, long term & 24/7 multi-shift basis quality home care. Web site: timberlandhomecare.com; e-mail is: timberlandhomecare@live.com


White Mountain Hotel (356-7100) Gary Sullivan. Wonderful place to go for lunch or dinner.

White Mt. Oil and Propane (356-6386) The Saunders Family, oil and propane, major appliances.


Matter of Balance Class

Falls Prevention Initiatives

Brought to you by members of the Community Health Council including Memorial Hospital, Visiting Nurse Home Care & Hospice of Carroll County, and Mineral Springs are partnering with the Gibson Center for Senior Services, the NH Foundation for Healthy Communities and MaineHealth.
Dinosaur Week at the Gibson Center
They "worked" in the dining room, played games, Delivered MOW, joined exercise classes...
2017 GIBSON CENTER
CRAFTS AND ARTISAN FESTIVALS

May 27th & 28th, Sat & Sun
July 1st & 2nd, Sat & Sun
September 2nd & 3rd, Sat & Sun
October 7th & 8th, Sat & Sun

SHOW HOURS:
Sat & Sun 10 AM - 5 PM

New England Crafters at their best!
We have fine jewelry, photography, art, pottery, gourmet specialty foods, stained glass, doll clothes, kettle korn, clothing, quilts, pillows, woodcrafts, Adirondack chairs, wood signs and furniture.

Please remember the Gibson Center in your Will