Feinstein Challenge 2014

It’s that time of year again to open our hearts and participate in the 17th annual Feinstein Challenge. Mr. Feinstein, a noted philanthropist associated with the University of Rhode Island, has promoted one of the most successful grassroots campaigns in our country to fight hunger. Raising awareness of this issue and challenging organizations to raise funds, Mr. Feinstein divides a $1 million grant nationwide to food programs such as Meals on Wheels and Congregate Meals.

Your generous response has helped raise over $100,000 for the Gibson Nutrition Program, benefiting our senior recipients and friends. Let us continue to rise to the challenge of ensuring our seniors ongoing food security and independence at home. Together we can make a difference in the lives of our friends and neighbors. Donations for this cause must be received from March 1st to April 30th. The donations can be cash, or checks. If you choose to write a check, make it out to the Gibson Nutrition Program and write on the memo line: FEINSTEIN CHALLENGE. Please respond as soon as possible so all donations are received by 4/30.

Gibson will keep all monies donated as well as receive a proportionate share of the Feinstein Grant. We are serving approximately 100 Meals on Wheels a day, significantly over our state contract, in addition to our daily Congregate meal. Call the Nutrition Office at the Gibson Center between 8AM and 3PM at 356-3231 for further information. We thank you for considering this appeal, and for your past assistance and ongoing partnership in supporting the mission of the Gibson Center.

We can count cash donations as well as canned goods. To assist with the fundraising this year we will hold a few more special events: Tea with canned goods donations, April 4th at Silver Lake. Feinstein Dessert Auction, before Easter, on April 14th. If you would like to bake for the auction, or join us for the Tea, please sign up. Spring dance party April 25th at the Gibson Center. We will try special games for Feinstein BINGO Pizza Party April 24th. Please bring a canned good to the dances, games and teas. All are welcome!

Please remember, all checks must be dated between March 1-April 30, 2014

Winners of the Feinstein Challenge Mardi Gras Parade

Best Costume
Best Mardi Gras Colors
Most Beads
Best Mask
Runners up.
Gibson Day Trips
Please sign up for all trips: 356-3231  Please pay for trip at sign up

New Hampshire Phone Museum:  Wednesday, April 9th  Lunch at the Foothills restaurant on your own, then the afternoon at the museum, which not only features phone memorabilia, but also a room on the CCC, and another on the USS Kearsarge. There’s something for everyone. Admission is $4.  Board the bus at 9AM.  A suggested donation is $15 for transportation.

Spring Luncheon & Floor Show:  Join us on Thursday April 17th for your choice of Prime Rib or Boston Haddock, and a floor show by Marlena Philips, who sings everything from ballads, classics, pop and country to swing and oldies. Lunch, show, taxes, and tips are $32.  The suggested donation for transportation is $5.  Board Bus 10 AM

Currier Museum of Art:  Wed. April 23.  9-5:30.  Ticket:$12, Suggested donation for transportation $15, lunch on own Museum Café. Special Exhibits: Currier Inside Out; Dutch & Flemish Masters; Black Odyssey

Art In Bloom:  Monday, April 28th.  board the bus at 7AM, home around 7PM.  $28 the suggested donation for transportation is $25 & Box Lunch $3.


Lupine Festival, Polly’s Pancakes, Harmons Cheese Shop, Sugar Hill Sampler: Wed 6/11, Tues. 6/17

Beach Party Boys:  Tribute Band, Tuesday July 15th, Ticket Price- $16, suggested donation for home pick ups, $15

SeaDogs and Fireworks, board the bus at 3:30.  Bring your own picnic lunch, or order a box lunch, for a suggested donation of $3. Ticket price is $11, the suggested donation for transportation is $10

*June 25th vs. NH Fisher Cats
*Aug. 28th vs. Reading Fightin’ Phils

Theater options:  let Jill know which play you would like to see:  Miss Saigon, or Hello Dolly
Gibson Globetrotters

South Dakota: Black Hills & Badlands

June, 2015, 7 days, $2374 ppdo
- 10 meals, 6 nights in one hotel in Rapid City
- Includes: Air, Land, Insurance, airport transfer
  - Journey between Hill City and Keystone on an 1880's train
  - Mount Rushmore
  - Black Hills Gold & Diamond Factory
  - Crazy Horse Memorial site
- Native American Cultural Center
- Needle Highway
- Custer State Park: you may see big horn sheep, elk, buffalo
- Chuckwagon Supper & Cowboy Music Show at the site where “Dances With Wolves” was filmed
- Hot Springs: wild horse sanctuary
- Deadwood, a rollickin’ ramin’ western town
- 7 days with Gibson Center FRIENDS!

Washington DC Bus Tour:

May 1-6, 2014, 6 days, $600 ppdo
- 3 nights; near Washington DC, 8 meals
- Includes bus, hotels, insurance, tips,
- 2 full day tour guides
- Arlington National Cemetery, tram tour
- Time on own to explore Smithsonian, Holocaust, and other museums
- Baltimore Harbor Historic SeaPort
- 6 days with Gibson Center FRIENDS!

Country Western Weekend At Indian Head

April 11-12, 2014, leave after lunch Friday
- Breakfast & Dinner, and spacious room
- An evening of Country Western Music.
- $110ppdo, suggested van donation $15

KUDOS

Food Donations:
Shawn & Linda Bergeron
Shaw’s
Old Village Bakery
Vintage Bakery
North Conway Community Center
Walmart & Bob King
Kennett Middle School
Good Times Restaurant
Vaughan Community Service

Program Volunteers:
Miles Waltz: Medicare Counseling
George Leblanc: Wii, & Game Day set up
Care Giver Support Group: Gardiner Perry & VNS
Saco Valley Sports Center: Bowling
Fran Shore: Sharing her movies, “Fran’s Flicks”
Book Cart: Barbara Rines
Silver Lake Music: Mary Ellen Vana
AARP Safe Driving: Dan Andrews
Belly Dance Instructor: Joanne Bailey
Historic Conway Slide Show: Dwight Smith
Movies: Bill Cochran
Slide Shows: Dwight Smith
Dance Goodies: Joann Jonah
Dance Music: Alice Clapp, Kay Frechette
Service Link: Presentation & Care Giver Group
K Kids: Table decorations and MOW gifts

AARP Foundation Tax-Aide is available free to taxpayers with low and moderate income, with special attention to those 60 and older. Through a cadre of trained volunteers, AARP Foundation Tax-Aide has helped low- to moderate-income individuals.

Sign up for your free session, 356-3231
Mondays-Wednesdays in February—April 7
April 2014

Fran’s Flicks:
Tues. the 8th: Academy Award winner *Twelve years a Slave*
Tuesday the 29th: *Lost Vegas*

Poetry Club starts April 3rd, meets Thursdays 10:15-11:15

Tai Chi Classes start April 4th, meets Fridays 12:30-1:30

There will be a Feinstein Tea at Silver Lake Landing on Friday, April 4th at 3:30p.m. Please call 356-3231 to sign up. Please bring a can as a donation to the Feinstein Challenge.

One to One Computer: Wednesdays, starting April 9th, call to schedule 356-3231

The Feinstein Challenge Dessert Auction occurs at the Gibson Center after lunch on Monday, April 14th. Please bake, and bid! The Easter Lunches will be served at the Gibson Center on Monday and Tuesday, April 14th & 15th.

An informational meeting for the trip to Washington DC, after lunch on Tuesday, April 22nd.

There will be no Congregate Dining on Thursday, April 24th for our annual Volunteer Recognition.

Feinstein BINGO Pizza Party at the Gibson Center, Thursday, April 24th at 3 p.m. Please bring a can as a donation to the Feinstein Challenge. Please call to sign up, know how much pizza to order, 356-3231.

There will be a Feinstein Dance Party at the Gibson Center on Friday, April 25th, after lunch. Please bring a can as a donation to the Feinstein Challenge.

Silver Lake Landing in Madison has occasional apartment openings. These apartments are for independent living seniors (62+) with verifiable low and modest incomes. Section 8 vouchers welcome. References and a one month security deposit are required.

Rent for a first floor, 2 bedroom apartment is currently $690 per month and includes heat and hot water. There is a $25 reduction for one bedroom apartments, and another $25 reduction for second floor apartments.

Great views, quiet lake living. Building has on-site coin-op laundry, sprinkler system, and fire alarm horn/strobe system. Second floor apartments are accessible by stairs only, no elevators. Non-smokers only and service animals only.

Please call Ken at the Gibson Center, 356-3231, ext 12 for an application.
May 2014

Fran’s Flicks:
   Tues. the 6th: *The Butler*
   Tuesday the 20th: *The Lone Ranger*

**Nutrition Council Meeting**, Friday, the 2nd, 9 a.m.
**Mother’s Day Luncheon**, Chef Rick will prepare a special meal for the day. We will recognize mothers, and sing a few songs. Friday the 9th.

**Be Kind Festival**: Once again the Visiting Nurses will host a Kindness Festival. We would like people to create pictures, or poems about kindness. We will post them on the Gibson Wall of Kindness, and then donate our wall to the community Kindness Wall. Drop items off before April 30th.

Friday the 23rd, we will have an eat in **Memorial Day Indoor “Cookout”**. (Chef Rick will prepare cookout food, and we will eat in our dining room). We will sing a few patriotic songs, and recognize Veteran’s.

**Gibson Center Memorial Day Craft Fair**: Saturday and Sunday, the 24th and 25th, open 10-5. A great way to see innovative crafts, and purchase something for that special person (even yourself!)

The Gibson Center will be closed on Monday, the 26th.

**Washington DC Slide Show**, Friday the 30th. Shown on the traditional Memorial Day, this is an opportunity to see the memorials and historic buildings of our nations capitol. If you have photos to contribute, please turn them in by the 21st.

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**St. Patrick’s Day Luncheon Sponsored by: Shawn & Linda Bergeron in Memory of Mr. & Mrs. Harvey E. Bergeron**

**Gibson Thrift Shop Hours**
- Monday – Friday 10-2:30
- Saturday 9-1:00

**GOLD’S OVER $1850/OZ**
“WE BUY ALL GOLD & SILVER”
Platinum, Diamonds, Coins & Jewelry
Free Estimates
“43rd yr.”
North Country Fair Jewelers
2448 White Mtn. HWY, No. Conway 356-5819

**Personal Care Assistant**
respite care, full-time, part time days, nights and fill-in.
25 Years Experience.
Call Jan Bennett 207-807-1011

**Mineral Springs of North Conway Care & Rehabilitation Center**
Offering quality nursing care and an assisted living environment to the North Conway area.
PO Box 3417 N. Conway, NH 03860
603-356-7294

**Poetry Club**
Meets on Thursdays
In the Social Room
10:15–11:15 AM
Will start with Cinquain
By Adelaide Crapsey
Bring a favorite poem
All are welcome, not just for poets.

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**Washington DC bus trip**
- May 2014, $600 ppdo
- 3 nights in nearby Va., 2 en route
- 5 breakfasts, 3 dinners
- Evening tour of the Memorials
- 2 days guided tours of DC
- Arlington tram tour, Smithsonian,
- Memorials include: WWII, Korean War, Vietnam, Lincoln
- Call today to make your reservations 356-3231
**Business Support Newsletter Listings**

**Abundant Blessings Homecare, Inc** (603-473-2150, fax 603-473-2151) provides living assistance services for the aging in the comfort of your home. Services include: personal care, meal preparation, 24 hour care and more. Call to schedule a free home assessment. Visit us at www.abundantblessingshomecare.com.

**Adult & Pediatric Dermatology,PC** (978-610-3701) Glen Smith, is pleased to announce its opening at Huggins Hospital in Wolfeboro, NH! For an appointment, please call 603-569-3376.

**Beasley & Ferber, P.A.** (1-800-370-5010) David Ferber, estate planning including avoiding probate, protecting assets from nursing homes, avoiding state taxes, and elder law.

**Chalmers Insurance** (356-6926) Steve Cote, full line of personal and business insurance, including Long term care, life and annuities.

**Coleman Alvin J. & Son** (447-5936) 9 NH Route 113, Conway. General Contractor

**Conway Eye Care** (447-2612) Conway, NH. Poured Concrete


**Cooper, Cargill, Chant P.A.** (356-5439) 2935 White Mountain Hwy, N. Conway. The Highest Level of Legal Service General practice of law in NH and ME. Real estate, estate planning, wills, litigation, bankruptcy & creditor rights.

**Dewey’s Tire & Auto Repair LLC** (356-5703) 181 Kearsarge Road N. Conway, NH, specializes in Automotive Repair.

**First Allied Securities** (356-9371) 3277 White Mt. Hwy. Investments including Stocks, Bonds, Annuities, Retirement, College Planning

**Fryeburg Academy** (207-935-2001) 152 Main Street Fryeburg, Me. Proud to support our Seniors in the Mount Washington & Pequawket Valleys offering public programs in the arts, music, theater and Elderhostel.

**Gamwell, Caputo & Co., PLLC** (447-3356 or fax 447-6563) Dave Caputo, certified public accountants providing tax, accounting, and financial statement services for businesses, individuals, trusts and estates.

**Granite State Independent Living (GSIL)** (800-826-3700) www.gsil.org Donna Potter, Non-profit whose mission is to promote life with independence for Seniors & the disabled, to live as independently as they choose in their own homes. GSIL offers services including: info. and referral, personal care, helping with funding, transportation, counseling, respite for caregivers, etc.

**Hill’s Florist and Nursery** (356-5750) Brian Hill, Rt. 16, Intervale. 10% discount for Gibson members. Flowers for all occasions, trees, shrubs, perennials, annuals, balloons and gifts. FTD.

**H.R. Hoyt Construction Inc.** (447-2612) Conway, NH. Poured Concrete

**The Humming Birds Home** (367-9272) Jacqueline Champagne 17 North Division Road. An adventurous 3-bed facility in Silver lake, NH. If you or your loved one is happy and healthy but needs more assistance in everyday life, this is a great alternative to a nursing home. Call (603) 367-9272


**Memorial Hospital** (356-5461) The community hospital of Mt. Washington Valley. Your partner in good health.

**Mount Washington Auto Road** (466-3988) Brian Bennett. Toll road to summit of the highest mountain in the North East.

**North Country Fair Jewelers** (356-5819) Brian Smith, Main St, N Conway. Diamonds, gold and silver jewelry, coins, pearls, watches, clocks and antiques. Repairs, appraisals, buy, sell and trade.

**NorthEast Auto Body** (356-5808) David Smith, 530 Eastman Road, North Conway, N.H.

**Notchland Inn** (374-6131) Harts Location, NH Romantic dining and lodging.

**Peking Sunrise Restaurant & Lounge** (356-3888) Jct. Routes 302 & 16 N Conway

**Settlers Green Outlet Village** (356-7031) over 60 stores. Every Tuesday is Senior discount day at participating stores.

**Subway Sandwiches and Salads** (356-5700) Scenic Vista, Intervale, NH

**Timberland Home Care Inc.** (603-447-3998) is a non-medical home care service provider to families in the Mount Washington Valley and surrounding areas. As experienced home care providers we can provide short, long term & 24/7 multi-shift basis quality home care. Web site: timberlandhomecare.com; e-mail is: timberlandhomecare@live.com


**White Mountain Hotel** (356-7100) Gary Sullivan. Wonderful place to go for lunch or dinner.

**White Mt. Oil and Propane** (356-6386) The Saunders Family, oil and propane, major appliances.

St. Patrick’s Day

Saint Patrick’s Party
at the
Indian Head Resort

St. Patrick’s Day at Gibson Center

Gibson
“Wii”
People
BIG Newsletter News!!!

Starting with our June/July Issue, we are changing how we deliver the Gibson Times to you. The entire issue will be available ONLINE at our website, www.gibsoncenter.org. We will have hard copies available in the dining room at the Center and Silver Lake Landing. And we will be sending copies home with Meals On Wheels.

And online all the photos will be IN COLOR!

www.gibsoncenter.org