THE GIBSON LEGACY SOCIETY!!

We are excited to formally let you know about The Gibson Legacy Society. Your participation in The Gibson Legacy Society today will allow our future board and staff to make and implement changes and improvements that will benefit the residents of our community for many years to come.

In only 20 years, the number of residents of New Hampshire who are 85 and older will increase 127% over what it is today!!

We are asking that you remember to remember The Gibson Center in your will to help us meet the increased need for our services.

A plaque is being created that will hang in the dining room with the names of those who have pledged to The Gibson Legacy Society. We’ll be happy to include your name if you wish.

We have a brochure that’s available in the dining room or the reception area that has the very simple details and sample language for your will.

And if you have already included The Gibson Center in your estate plans, we would like to include you on our plaque. Your name on the plaque will encourage others to join as well.

For more information, please call me at 603-356-3231 or email future@gibsoncenter.org.

Tomorrow is today!

George Cleveland
Executive Director
New trip policy: when you sign up, you will be placed on the waiting list. When you pay for the trip, your name will be moved to the going list.

- **Conway Historical Society:** Second Tuesday. Home pickups. Potluck on even months.
- **Portland Sunset Cruise:** Thursday August 3rd. $33 2:30PM bring a picnic dinner
- **Conway Historical Society Annual Picnic:** Tues Aug 8th home pick up. Bring a dish to share.
- **Camp Waukeela Day:** Wednesday, August 9th. Board bus 11AM. Lunch provided
- **Maine State Ballet presents Don Quixote:** August 10th. $44 dinner on own at Foreside Tavern
- **Crescent Beach State Park:** a day on the water, Wednesday Aug 23rd. Bring a bag lunch or buy lunch at the Snack Shack. $18 covers entrance fee and transportation
- **Two Lights & Lobster Shack for lunch:** Wed. Aug. 30th or Tues. Sept 19th. 9-5:30 $18
- **Real Pirates a National Geographic display:** Tuesday, Sept 26th. $36.
- **Fryeburg Fair:** Senior day at the Fair, Tuesday, October 4th
- **Jersey Boys:** Friday October 6th, $80 Board bus at 2 PM. Dinner on own at Sebago Brewery
- **American Motor Cycle Museum:** Friday October 13th 10-5:30. $20 lunch on own @ Hart’s
- **Currier Museum:** Wednesday, October 18th. $35 2 displays: *Paris of Toulouse-Lautrec* AND *Monet; Pathway to Impressionism*.
- **Phantom of the Opera:** October 24th. $40. dinner on own at Sebago Brewery. This is the old black and white silent movie, and Tom Trenney will play Merrill Auditorium's Kotzschmar Organ. Costumes are optional, but certainly FUN!
- **Ballroom w/a Twist:** POP’s Concert, w/American Idol singer, Dancing w/ Stars. 11/11 $70
- **Littleton Village, Chutter’s Candy Shop:** Wednesday Nov. 15. 10-4:30 $15 lunch on own
- **Magic of Christmas:** Friday December 8th. $51. lunch on own at Sebago Brewery
- **Dirty Dancing:** a live play, Thursday January 4th. $75
- **Mama Mia:** Matinee, Saturday, April 28th. $70, bring bag lunch, dinner on own @ Hart's

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**Annual Silver Lake Landing Picnic**

**July 18, 2017**
Gibson Globetrotters

**Canyon Country Arizona and Utah:**
*April 12-19, 2018* Highlights: Scottsdale, Oak Creek Canyon, Kaibab National Forest, Grand Canyon, Lake Powell, Choice of Monument Valley Navajo Tribal Park or Canyon Adventure Cruise, Bryce Canyon National Park, Zion National Park, Las Vegas 8 days, 10 Meals $3299 ppdo Five Hotels

**Pacific Northwest & California:**
*June 18-25, 2018* Highlights: Seattle, Mount St. Helens Visitor Center, Portland, Columbia River Gorge, Newport, Bandon State Natural Area, Redwood National Park, Eureka, Avenue of the Giants, San Francisco, Choice of San Francisco Bay Cruise or City Tour of San Francisco 8 days, 10 Meals $3599 ppdo Five Hotels

**UK by Rail:**

**Spotlight on Southern Charm Holiday:**
*November 25-30, 2018* Highlights: Historic Charleston, Choice of Boone Hall Plantation or Patriots Point Naval & Maritime Museum, James Island County Park Holiday Display, Jekyll Island, Christmas Caroling, Savannah, Andrew Low House... 6 days, 8 Meals $2799 ppdo Three Hotels

**Bus Tour**

**Ark Encounter:**
*June 3-9, 2018* 10 meals, $ 750ppdo

Includes: Bus, Insurance, Hotels, Admissions

• Ark Encounter (Life size replica of Noah’s Ark)
  • Creation Museum
  • Newport Aquarium
  • Cincinnati Zoo & Botanical Gardens
  • Wheeling Artisan Center
  • And time with Gibson Friends...

**KUDOS**

Donations:
Shaw’s, Wanda Wirling
NH Food Bank/ Catholic Charities of NH
Al Zaino, Furniture Repairs, & Pantry Bags
Old Village Bakery
Wal-Mart & Bob King
Abundant Blessings
North Conway Rite-Aid
William Clemons
Pine Tree K-Kids, Diane Gamache
Dot Seybold/OVP- Settlers’ Green,
Comfort Inn
Bob Hotarek
Veggie Volunteers:
  Sherman Farms, Phyllis Sherman
  Alice Proctor

Program Volunteers:
George LeBlanc: Wii, & Game Day set up
Care for Caregiver: Gardiner Perry VNS & Dom
Book Cart: Barbara Rines
Belly Dance Instructor: Joanne Bailey
Tai Ji Quan: Sandy Perry,
Computer time: Deb from Rite Aide; Quinten
FunDay: Carol Saunders, Susan Proctor, Elaine & Dick
Klement, Alice & Dick Vierus, Greta Paulhus, Joyce
Perkins
Valley Vision Useless Trivia Gibson Team Sponsor:
  White Horse Press
Dining Room Art: Ellen Farrington;
  Elaine Klement
FunDay Music:
  Lois Wright,
Library Program:
  David Smolen
Service Link:
  Karen Santuccio
Game Day Snacks:
  Jim Giguere

Save these dates for Gibson Fundraisers:
FlatBread;
  Tuesday, August 8th 5-9PM
Joseph’s Spaghetti Shed;
  Monday, September 25th, 4:30-9PM
Black Cap Grille;
  Tuesday, October 24th 5-9:30PM
Call 356-3231 for information or to arrange bus pick ups

Camp Waukeela
**August 2017**

*Caring for the Caregiver*  Sessions for August are: June 28–Aug 2 and Aug 23–Sept 27. Dominic is here between sessions.

**All Month:** Calendar Raffle — 22 opportunities to win, only $10. Gift certificates, prizes and everyone’s favorite, Cash.

**Tuesday & Wednesday, the 1st & 2nd:** Camp Waukeela Girls visit programs and dining room.

**Thursday the 3rd:** BINGO after lunch, player supplied prizes.

**Friday the 4th:** Welcome Mineral Springs!

**Friday the 4th:** Before lunch, Betsy Gemecke present OLLI.

**Friday the 4th:** “Gibson FlatBread Fundraiser” 4PM–9PM
Karen also has an amazing number of drop ticket raffle items. Invite your family and friends. Order in or take out. (Jill will pick up a few FlatBreads for the Historical Society picnic.)

**Wednesday the 9th:** The girls from Camp Waukeela have so enjoyed their time at Gibson, that they are inviting people to dine at the camp. The Gibson bus will offer a ride, or others can drive themselves. We need to have an accurate number by Friday, August 4th. Sign up by the 4th, for the bus or to drive.

**Monday the 21st:** Will be the first Solar Eclipse of this century. Alice Clapp will host a Ballroom Dance. Wear Black and White. This will be after lunch in the Activity Room.

**Wednesday the 30th:** “Waffle Brunch for Lunch” courtesy of Comfort Inn.

**Thursday the 31st:** BINGO after lunch, player supplied prizes.

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**Silver Lake Landing**

Silver Lake Landing in Madison has occasional apartment openings. These apartments are for independent living seniors (62+) with verifiable low and modest incomes. Section 8 vouchers welcome. References and a one month security deposit are required.

Rent for a first floor, 2 bedroom apartment is currently $710 per month and includes heat and hot water. There is a $25 reduction for one bedroom apartments, and another $25 reduction for second floor apartments.

Great views, quiet lake living. Building has on-site coin-op laundry, sprinkler system, and fire alarm horn/strobe system. Second floor apartments are accessible by stairs only, no elevators. Non-smokers only and service animals only.

Please call Ken at the Gibson Center, 356-3231, ext 3 for an application.

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**Beasley and Ferber, P.A.**

*Estate Planning and Elder Law*

*Wills, Trusts and Probate Avoidance*

*Estate Administration and Guardianships*

*Savings from Nursing Home Stays*

**CALL FOR A SCHEDULE OF FUTURE ESTATE PLANNING SEMINARS AT THE GIBSON CENTER**

1-800-370-5010

*Use of Gibson Center facilities or advertising by outside groups or businesses does not constitute an endorsement by the Gibson Center.*

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**On-going weekly programs**

**Mon:**
- 9:00 Strength Balance *summer*
- 10:30 Chair Exercise
- 12:30 Fun Day Afternoon
- 4:00 Tai Ji Quan Better Balance

**Tues:**
- 10:00 Strength Balance & Stretch
- 12:00 Silver Lake Lunch
- 1:1 Computer with Judy PM
- 12:30 *Yoga* with Dixi, *summer*

**Slow Cooker classes, July & Aug**

**Wed:**
- 10:30–1:30 Wii
- 12:30 Game Day
- 12:30 Care for the Caregiver

**Thurs:**
- 1:1 Computer with Deb AM
- 9:00 Belly Dancing
- 10:30 Chair Exercise
- 12:30 BINGO (first Thurs.)
- 12:30 Fun Day Afternoon
- 4:00 Tai Ji Quan Better Balance

**Fri:**
- 10:00 Strength Balance & Stretch

Strength Balance & Stretch: *Sept–June*

**Www.gibsoncenter.org**
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September 2017
Caring for the Caregiver Aug 23-Sept 27
September is National Senior Center Month
& Hunger Action Month
Friday the 1st: Labor Day Indoor Picnic
Saturday & Sunday, the 2nd & 3rd
Gibson Center Craft Fair – 10AM – 5PM
New England Crafters at their best!
Monday the 4th: Labor Day – Gibson Center Closed
Tuesday the 5th: Strength, Balance, & Stretch 10-11AM
Tuesday the 5th: Feeding America’s "Go Orange Day!!!
Wear Orange, Raffle. Donate canned milk, hot chocolate,
peanut butter, tuna, etc. for our MOW “storm packs”. Chef
Rick will prepare orange colored food for lunch.
Wednesday, the 6th: Welcome Sunrise Sunset Activities
Center, a senior center from Newmarket NH, say Hi!
Friday the 8th: Nutrition Council – 9AM
Friday the 8th: Welcome Mineral Springs!
Monday the 18th: Emily Benson will speak about “Children,
the Bedrock of NH”. After lunch program in Activity room
Monday the 18th: Tai Ji Quan, starts Silver Lake Landing 10AM
Friday the 22nd: National Falls Awareness Day
Monday the 25th: Joseph’s Spaghetti Shed fundraiser.
Sharon will offer transportation– 4:30PM – 9PM Invite family
and friends.
Friday, the 29th: bring in items to display at Fryeburg Fair

Gibson Fundraisers:
FlatBread;
Tuesday, Aug 8th 5-9PM & drop ticket raffle
Joseph’s Spaghetti Shed;
Mon Sept. 25th, 4:30-9PM
Black Cap Grille;
Tues, Oct 24th 5-9:30PM
Call 356-3231 for information or
to arrange bus pick up

Gibson Thrift
Shop Hours
Monday –Friday
10-2:15
Saturday
9-1:00

GOLD’S OVER
$1850/OZ
“WE BUY ALL GOLD & SILVER”
Platinum, Diamonds, Coins & Jewelry
Free Estimates
North Country Fair Jewelers
“43rd year”
2448 White Mtn. HWY, No. Conway 356-5819

Personal Care Assistant
respite care, full-time, part time,
days, nights and fill-in.
25 Years Experience.
Call Jan Bennett 207-807-1011

Mineral Springs of
North Conway Care
& Rehabilitation Center
Offering quality nursing care and an
assisted living environment to the
North Conway area. (03860)
1251 White Mtn. Hwy N. Conway, NH
603-356-7294

Tai Ji Quan:
Moving for Better Balance
• Improves balance
• Recognize internal stimuli
• Respond to external stimuli
• Reactions become automatic
• Monday & Thursday 4-5PM at Gibson Center
• Mon & Thurs 10 AM at Silver Lake, starts 9/18
• Call 356-3231 to register

Brought to you by members of the Community Health Council including Memorial Hospital, Visiting Nurse Home Care & Hospice of Carroll County, and Mineral Springs are partnering with the Gibson Center for Senior Services, the NH Foundation for Healthy Communities and MaineHealth.
Business Support
Newsletter Listings


Adult & Pediatric Dermatology, PC (978-610-3701) Glen Smith, is pleased to announce its opening at Huggins Hospital in Wolfeboro, NH. For an appointment, please call 603-569-3376.

Beasley & Ferber, P.A. (1-800-370-5010) David Ferber, estate planning including avoiding probate, protecting assets from nursing homes, avoiding state taxes, and elder law.

Chalmers Insurance (356-6926) Steve Cote, full line of personal and business insurance, including Long term care, life and annuities.

Coleman Alvin J. & Son (447-5936) 9 NH Route 113, Conway. General Contractor

Conway Eye Care (356-3000) 1319 White Mt. Highway Dr. Gary Cole & Associates, eye exams, surgical and medical eye evaluations, complete optical service with “on-site” laboratory.

First Allied Securities (356-9371) 3277 White Mt. Hwy. Investments including Stocks, Bonds, Annuities, Retirement, College Planning

Gamwell, Caputo & Co., PLLC (447-3356 or fax 447-6563) Dave Caputo, certified public accountants providing tax, accounting, and financial statement services for businesses, individuals, trusts and estates.

Granite State Independent Living (GSIL) (800-826-3700) www.gsил.org Donna Potter, Non-profit whose mission is to promote life with independence for Seniors & the disabled, to live as independently as they choose in their own homes. GSIL offers services including info. and referral, personal care, helping with funding, transportation, counseling, respite for caregivers, etc.

Hill’s Florist and Nursery (356-5750) Brian Hill, Rt. 16, Intervale. Flowers for all occasions, trees, shrubs, perennials, annuals, balloons and gifts. FTD. 10% discount for Gibson members.

H.R. Hoyt Construction Inc. (447-2612) Conway, NH. Poured Concrete


Mount Washington Auto Road (466-3988) Howie Wemyss. Toll road to summit of the highest mountain in the North East.

North Country Fair Jewelers (356-5819) Brian Smith, Main St, N Conway. Diamonds, gold and silver jewelry, coins, pearls, watches, clocks and antiques. Repairs, appraisals, buy, sell and trade.

NorthEast Auto Body (356-5808) David Smith, 530 Eastman Road, North Conway, N.H.

Notchland Inn (374-6131) Harts Location, NH Romantic dining and lodging.


Settlers Green Outlet Village (356-7031) over 60 stores. Every Tuesday is Senior discount day at participating stores.

Timberland Home Care Inc. (603-447-3998) is a non-medical home care service provider to families in the Mount Washington Valley and surrounding areas. As experienced home care providers we can provide short, long term & 24/7 multishift basis quality home care. Website: timberlandhomecare.com; e-mail is: timberlandhomecare@live.com


White Mountain Hotel (356-7100) Gary Sullivan Wonderful place to go for lunch or diner.

White Mt. Oil and Propane (356-6386) The Saunders Family, oil and propane, major appliances.


Many thanks to Chef’s Bistro for our fundraiser
Early Summer Trips

Greek Festival in Portland

Lupines, Polly's Pancakes, & Ice Cream

Old Orchard Beach

1980's Day at the SeaDogs

WMOP Annual Bratwurst Broil
2017 GIBSON CENTER
CRAFTS AND ARTISAN FESTIVALS

September 2nd & 3rd, Sat & Sun
October 7th & 8th, Sat & Sun

SHOW HOURS:
Sat & Sun 10 AM - 5 PM

New England Crafters at their best!
We have fine jewelry, photography, art, pottery, gourmet specialty foods, stained glass, doll clothes, kettle korn, clothing, quilts, pillows, woodcrafts, Adirondack chairs, wood signs and furniture.

Benefits the Gibson Center for Senior Services,
Meals on Wheels Program.

Please remember the Gibson Center in your Will