Trips

Remember special loved ones in your life this Holiday Season. Keep their memory bright by purchasing a $50 perpetual red bulb that will be lit for a lifetime, a one year white bulb for $10 to shine on the Gibson Center Memorial Tree December 1st through January 15, 2017. Please call 356-3231.

Christmas Dinners
Tuesday, Wednesday, Thursday December 13-15
Sponsored by White Mountain Oil & Propane
Braised Pork with Apple Onion Demi-Glace
Herb Roasted Potatoes
Creamed Onions
Peas & Mushrooms
White Dinner Roll
Strawberry Bavarian

Gibson Day Trips Please sign up for all trips: 356-3231
New trip policy: when you sign up, you will be placed on the waiting list. When you pay for the trip, your name will be moved to the going list.

Conway Historical Society: Second Tuesday. Home pickups. Potluck on even months. Dec. 13 is the pot luck and Yankee Swap

Magic of Christmas: Friday, December 9th $60
Victorian Mansion Decorated for Christmas: Wednesday, December 14th. $35. We will stop for lunch on your own.
The Wentworth Ice Sculpture Lunch: January 9th. $20 includes the meal, tax, tip, seats to watch from the warmth of the dining room, and transportation.
Stonehurst Christmas Season Dinner: 1/11 Drive your self, $28 $33 for home pick ups. Cocktails served by the fire, 5PM
Gibson Globetrotters
Canadian Rockies by Train &
Calgary Stampede
July 3, 2017 Passport needed
9 days, 13 Meals $5699 ppdo
(deposit by 1/1/17, save $100)
Includes: Air, Land, Insurance, airport transfer
Vancouver, Columbia Ice Fields, VIA Railway, Banff, Lake Louise, Jasper, exquisite hotels, Calgary Stampede...And More!

Shades of Ireland:
October 16-25, 2017 Passport needed
10 days, 13 meals. $3599 ppdo 5 hotels
Includes: Air, Land, Insurance, airport transfer
- Dublin,
- Limerick,
- Galway,
- Blarney Stone,
- A night in a castle!
- Whiskey tasting,
- Waterford Crystal tour,
- Mountains, Cliffs... and MORE!

Spotlight on San Antonio Holiday:
November 30– December 4, 2017
5 days, 6 Meals $2149 ppdo One Hotel
Includes: Air, Land, Insurance, airport transfer
- Mission San Jose,
- The Alamo,
- LBJ Ranch,
- El Mercado,
- River Walk,
- Fredericksburg,
- Paseo de Rio Cruise,
- an olive orchard ... And More!

Newport, Mystic, & Foxwoods:
June 5-9, 2017,
7 meals, $ 568 ppdo
Includes: Bus, Insurance, Hotel
- Tour of Newport and mansions
- Tour Mystic Village and Mystic SeaPort

KUDOS

Donations:
Lucy Lumber & Hardware
Shaw’s
NH Food Bank
Al Zaino, furniture repairs, & Pantry Bags
Old Village Bakery
Wal-Mart & Bob King
Lindt Chocolate
Abundant Blessings
North Conway Rite-Aid
Comfort Inn
William Clemons
Pine Tree K-Kids,
Dot Seybold/OVP- Settlers’ Green,
David Lloyd,
Ellen Farrington
John and Corey Burton
Kennett Middle School
Albany Dinner Committee
Jason Sanderson of Presumpscot Tribe 21 of IORM
Pricilla Sherman & Sherman Farms

Program Volunteers:
Zero Balance Massage: Julie Sargent
Library Program: Bob Cottrell & Jim Giguere: Game Day
Silver Lake Music: Mary Ellen Vana, Gina
George LeBlanc: Wii, & Game Day set up
Care for Caregiver: Gardiner Perry VNS & Dom
Book Cart: Barbara Rines
Belly Dance Instructor: Joanne Bailey
Tai Ji Quan: Sandy Perry,
Computer time: Deb from Rite Aide
FunDay: Carol Saunders, Susan Proctor, Elaine & Dick Klement, Alice & Dick Vierus, Ruth Proctor,
Greta Paulhus, Pat Neundorf, Lucille Dennis,
FunDay Music: Lois Wright,
Halloween Dance Hostess:
Alice Clapp
Dining Room Art:
Ellen Farrington;
Wreath Making: Carol Saunders
Veteran’s Day
National Anthem: Clayton Tindle
December 2016

Caring for the Caregiver. This session is Nov 16– Dec 21.

Tuesday the 6th is Saint Nicholas Day. There will be a holiday raffle and Christmas Carols.

Thursday the 8th: BINGO is after lunch with player supplied prizes.

Tues., Wed., & Thurs., the 13th-15th: Chef Rick will prepare tasty Christmas Dinners. Sponsored by White Mountain Oil & Propane. Suggested donation $4. (Meals on Wheels participants only receive the Christmas Dinner on the 13th, other meals are provided on subsequent days).

Thursday the 15th: Service Link, make an appointment.

Monday the 19th: Santa gift exchange. Bring a $3 gift, mark it as a gift for a man, woman, or either. Gifts and carols at 11AM. (Chair Exercise will start at 10AM today)

Thursday the 22nd: Fun Day Yankee Swap and Carols. Bring a gift that is wrapped. Silly gifts can be part of the fun.

Monday, the 26th: Gibson Center closed for Christmas

Thursday, the 29th: Christmas Ballroom Dance, with hostess Alice Clapp. Join us from 7-9PM. $7 per person, or a donation to our food pantry.

Friday, the 30th, a special New Years Eve dinner.

Use of Gibson Center facilities or advertising by outside groups or businesses does not constitute an endorsement by the Gibson Center.

Ongoing weekly programs

Mon: 10:30 Chair Exercise 12:30 Fun Day Afternoon 4:00 Tai Ji Quan Better Balance
Tues: 10:00 Strength Balance & Stretch 12:00 Silver Lake Lunch 1:1 Computer with Judy PM
Wed: 10:30– 1:30 Wii 12:30 Game Day 12:30 Care for the Caregiver
Thurs: 1:1 Computer with Deb AM 9:00 Belly Dancing 10:30 Chair Exercise 12:30 BINGO (first Thurs.) 12:30 Fun Day Afternoon 4:00 Tai Ji Quan Better Balance
Fri: 10:00 Strength Balance & Stretch 12:30 Friday Painters (Jan-Apr)

Strength Balance & Stretch: Sept-May

www.gibsoncenter.org

Beasley and Ferber, P.A.
Estate Planning and Elder Law
Wills, Trusts and Probate Avoidance
Estate Administration and Guardianships
Saving Assets from Nursing Home Stays

CALL FOR A SCHEDULE OF FUTURE
ESTATE PLANNING SEMINARS AT THE GIBSON CENTER
1-800-370-5010

Memory Tree Lights
Perpetual red bulb $50. Seasonal white bulb $10

Silver Lake Landing in Madison has occasional apartment openings. These apartments are for independent living seniors (62+) with verifiable low and modest incomes. Section 8 vouchers welcome. References and a one month security deposit are required.

Rent for a first floor, 2 bedroom apartment is currently $710 per month and includes heat and hot water. There is a $25 reduction for one bedroom apartments, and another $25 reduction for second floor apartments.

Great views, quiet lake living. Building has on-site coin-op laundry, sprinkler system, and fire alarm horn/strobe system. Second floor apartments are accessible by stairs only, no elevators. Non-smokers only and service animals only.

Please call Ken at the Gibson Center, 356-3231, ext 3 for an application.
January 2017

Caring for the Caregiver: This session is Jan. 11-Feb. 15.
Monday, January 2nd. Gibson Center Closed
Tuesday the 3rd: Strength, Balance and Stretch Resumes. Remember your New Year's Resolutions...meet us at 10AM in the Activity Room, Tuesdays and Fridays.
Thursday the 5th BINGO is after lunch with player supplied prizes.
Friday, the 6th: The 12th day of Christmas. We will be celebrating with small gifts, be ready to sing THE song!
Tuesday, the 10th: There will be MOW, but the Gibson Center Dining Room, and Silver Lake Landing meal site will be closed.
Friday the 13th: the Nutrition Council meets at 9AM
Monday the 16th: the Gibson Center is closed.

Mount Washington Valley Arts Association
Friday Painters
After Lunch on Fridays, 12:30-3:30PM
January—April
• Peer Instruction
• The Arts Association will set up a still life each session
• Bring your own supplies
• Recommended:

Christmas Dinner
Tuesday, Wednesday & Thursday December 13, 14, & 15, at 11:30 AM Suggested Donation $4.00
Roast Pork & Apple Onion Demi-Glace
Herb Roasted Potatoes
Creamed Onions
Peas & Mushrooms
Strawberry Bavarian
Sponsored by
White Mountain Oil and Propane

Use of Gibson Center facilities or advertising by outside groups or businesses does not constitute an endorsement by the Gibson Center.

Red Parka Pub
January 10th
Noon at the Parka
$5 Steak or Fish
Limited seating
To sign up please call 356-3231

The Gibson Dining Room and Silver Lake Landing will be closed

Gibson Thrift
Shop Hours
Monday –Friday
10-2:15
Saturday
9-1:00

GOLD’S OVER
$1850/OZ
“WE BUY ALL GOLD & SILVER”
Platinum, Diamonds, Coins & Jewelry
Free Estimates
North Country Fair Jewelers
“43rd year”
2448 White Mtn. HWY, No. Conway 356-5819

Personal Care Assistant
respite care, full-time, part time, days, nights and fill-in.
25 Years Experience.
Call Jan Bennett 207-807-1011

Mineral Springs of North Conway Care
& Rehabilitation Center
Offering quality nursing care and an assisted living environment to the North Conway area. (03860)
1251 White Mtn. Hwy N. Conway, NH 603-356-7294

Tai Ji Quan:
Moving for Better Balance
• Learn 8 simple movements
• Improves balance by training your body to listen internal stimuli
• Respond to external stimuli
• Reactions become automatic
• Monday & Thursday 3-4 PM winter hours
• Call 356-3231 to register

Brought to you by members of the Community Health Council including Memorial Hospital, Visiting Nurse Home Care & Hospice of Carroll County, and Mineral Springs are partnering with the Gibson Center for Senior Services, the NH Foundation for Healthy Communities and MaineHealth.
Two Old Railroaders

Dwight Smith took this photo of himself and his old friend steam locomotive #7470 which he purchased in 1968. By August, 1974 both #7470 and Dwight started working at Conway Scenic Railroad. #7470 was built in 1921, served as the fledgling railroad’s first steam locomotive, and Dwight served as CSRR’s Founder and President.

On October 20, 2007, Dwight got into his old uniform and volunteered as a car host for a special excursion train run to Crawford Notch.

Business Support Newsletter Listings


Adult & Pediatric Dermatology, PC (978-610-3701) Glen Smith is pleased to announce its opening at Huggins Hospital in Wolfeboro, NH! For an appointment, please call 603-569-3376.

Beasley & Ferber, P.A. (1-800-370-5010) David Ferber, estate planning including avoiding probate, protecting assets from nursing homes, avoiding state taxes, and elder law.

Chalmers Insurance (356-6926) Steve Cote, full line of personal and business insurance, including Long term care, life and annuities.

Coleman Alvin J. & Son (447-5936) 9 NH Route 113, Conway. General Contractor

Conway Eye Care (356-3000) 1319 White Mt. Highway Dr. Gary Cole & Associates, eye exams, surgical and medical eye evaluations, complete optical service with “on-site” laboratory.

First Allied Securities (356-9371) 3277 White Mt. Hwy. Investments including Stocks, Bonds, Annuities, Retirement, College Planning

Gamwell, Caputo & Co., PLLC (447-3356 or fax 447-6563) Dave Caputo, certified public accountants providing tax, accounting, and financial statement services for businesses, individuals, trusts and estates.

Granite State Independent Living (GSIL) (800-826-3700) www.gsil.org Donna Potter, Non-profit whose mission is to promote life with independence for Seniors & the disabled, to live as independently as they choose in their own homes. GSIL offers services including: info. and referral, personal care, helping with funding, transportation, counseling, respite for caregivers, etc.

Hill’s Florist and Nursery (356-5750) Brian Hill, Rt. 16, Intervale. Flowers for all occasions, trees, shrubs, perennials, annuals, balloons and gifts. FTD. 10% discount for Gibson members.

H. R. Hoyt Construction Inc. (447-2612) Conway, NH. Poured Concrete


Mount Washington Auto Road (466-3988) Brian Bennett. Toll road to summit of the highest mountain in the North East.

North Country Fair Jewelers (356-5819) Brian Smith, Main St, N Conway. Diamonds, gold and silver jewelry, coins, pearls, watches, clocks and antiques. Repairs, appraisals, buy, sell and trade.

NorthEast Auto Body (356-5808) David Smith, 530 Eastman Road, North Conway, N.H.

Notchland Inn (374-6131) Harts Location, NH Romantic dining and lodging.


Settlers Green Outlet Village (356-7031) over 60 stores. Every Tuesday is Senior discount day at participating stores.

Timberland Home Care Inc. (603-447-3998) is a non-medical home care service provider to families in the Mount Washington Valley and surrounding areas. As experienced home care providers we can provide short, long term & 24/7 multi-shift basis quality home care. Web site: timberlandhomecare.com; e-mail is: timberlandhomecare@live.com


White Mountain Hotel (356-7100) Gary Sullivan. Wonderful place to go for lunch or dinner.

White Mt. Oil and Propane (356-6386)

Fryeburg Fair

Award Winning Display
Some of the people who created the display
Halloween at the Gibson Center
2017 GIBSON CENTER
CRAFTS AND ARTISAN FESTIVALS

May 27th & 28th, Sat & Sun
July 1st & 2nd, Sat & Sun
September 2nd & 3rd, Sat & Sun
October 7th & 8th, Sat & Sun

SHOW HOURS:
Sat & Sun 10 AM - 5 PM

New England Crafters at their best!
We have fine jewelry, photography, art, pottery, gourmet specialty foods, stained glass, doll clothes, kettle korn, clothing, quilts, pillows, woodcrafts, Adirondack chairs, wood signs and furniture.

Please remember the Gibson Center in your Will