

# GIBSON TIMES

The Gibson Center for Senior Services, North Conway, NH  
www.gibsoncenter.org December 2014 & January 2015 Edition

1988

Judy

LaBonte by

Donese Oliver;

Ethel Cox Worcester

by Nancy & James Worcester

Claudia Ruppevertt; Lucille Marshall

By Rita Macomber; Elizabeth F. Kirlin by

Elizabeth Flint; Frank Napoliello by Fran Lampidis;

Lucy Del Greco by Anne Napoliello & Family; Margaret

Hosmer by Marilyn Hosmer; Departed Sisters by Eastern Slope

Emblem Club #330; Ray S Gilmore by Zelda Gilmore; Henry H McWay

by Helen P McWay; Mary Gaudreault by John Gaudreault & Family

1989 Richard Barrows by Donese

Oliver; NCG Nutrition Council & spouses

by Conway Site Council for Aging; Clark H.

Bachman by Bart and Betty Bachman; F. Gordon &

Linwood Soule by Marilyn McKenna; Andy Davis by Connie

Davis Watson; Ruby McGraw by Marilyn Pandora; Margaret Allard

By E.P. Flint 1990 Ernest Brown E.P. Flint; Ernest Brown Donese Oliver;

Ernest Brown by the Staff & Agencies of the Gibson Center; Marie A. Buswell by

Linda Harriman; Charles A. Christensen by Carmen Christensen; Arthur J. Kraft by Wilhelmina

Kraft; Margaret Allard by Harold & Margaret Kenny; Agnes Grippen by Carmen Christensen

Wm. A. Ward by E.P. Flint; 1991 Barbara

Hall by Ken Hall; Barbara Hall by Elizabeth Flint

Nancy E. Fall by Charles H. Fall; Ernest B. Ashnault by

Paul O. Ashnault; Alphonsine Ashnault by Paul O. Ashnault;

Arthemise LeBlanc by Paul O. Ashnault; Effie & Millard Wentworth by

Myrtle Delaney; Lucy Del Greco by Anthony Palazzo; Herbert & Louise Celine

Gathercole by William Pinkham Family; Jennifer Moylan Smith by Brian Smith; Joshua

David Colin Smith by Brian Smith; Carroll Ivers by Evelyn Masone 1992 Sam & Viola Chaddick

By Laura Jean & Andy Beeler; Charles Kraft & Ina Kraft by Laura Whitaker & Nancy Ashnault; Margaret Comstock

Thorne by Staff at Attitash; Dennis Lee Ainsworth by Linda Harriman 1993 Nellie Monroe by Raymond Monroe;

Wayne F. Keefe by Pat & Walter Keefe; Carroll A. Hill

by Helen G. Hill; Donn Marie Kraft by Wilhelmina Kraft; Guy R.

& Ida Whitaker by Laurie & Robert Whitaker; Robert Monroe by Brother

Raymond & Family; Margaret & Ernest Woods, Sr. by Mr. & Mrs. Arvel Henley, Jr.;

Aray & Arvel Henley, Sr. by Mr. & Mrs. Arvel Henley, Jr.; 1994 Joseph J. Lodi by Paul Lodi;

Paul O. Ashnault by John Fuller School; Paul O. Ashnault by Warren Mattiello; Paul O. Ashnault by

Ray Stineford; Paul O. Ashnault by Kathleen M. Hill; Paul O. Ashnault by Melinda A. Puglisi; Beatrice

Hardcastle by Donese Oliver 1995 Elizabeth Flint by Donese Oliver; Dorothy Flynn by Judy & Al Fuller; Ervin

Grant by Greg & Nancy Bartlett; Arvel Henley Jr. by Jean C. Henley. 1996 Carole Rieustra by Donese Oliver; Margaret

Laurent by Stephen Laurent; Eleanor Perkins by Rowland & Eleanor Perkins; William "Bill" Paine by Carroll County Trans Alliance;

Alfred Fuller by Lodi Family; Edward B. Mills by Jean M. Hubbard; Pauline J. Burnell by Burnell Family; Pauline J. Burnell

By Weston Family; Rose Marie Gentile by Edward Gentile; Pauline P.

Smith by Hope E. Smith 1997 Barbara Guptill by Ladies of the North Conway

Country Club; Perley Evans by Friends; Edmund M. Warren by Lucy Warren Howland

& Helen Warren Goss; John Govoni by Marguerite Govoni, Kathleen Moore & Jennifer Moore;

John Ruest by Marie Ruest; Pauline Burnell by Kathryn A Burnell; Alfred Chase by Beatrice Chase;

Norman Caron by Norma E. & Leonard E. Whitmore; Tod Lansing by Lydia Lansing; Minnie Cooper by Debbie

Kelly; 1998 Herbert C., Willey by Friends; Brownlow Thompson by Friends; Alva Fernandez by Glen Builders; Christine

Freeman by Ralph Freeman; Loved Ones by Evelyn Amann; Barbara Guptill by Kerry & Irving Guptill; Elise Carlson by Clyde & Twyla

Watson; Bob Morrell by Gibson Center; Vernon Smith by Gibson Center; Dorothy Gaudette by Jean Fernandez; Ruth Darville by Thomas Darville.

1999 Cindy Russell Chase by Phebe McDonald & Family; Hackett & Benson Family by Louise and Joe Hackett; Richard M. Stimpson

By Wife, Priscilla & Children Richard J. & Lisa Stimpson; Tom Reny by Ruth Reny;

Norman Caron by Mrs. Norman Caron; Joseph Leonard Kucera by the Rollnick Family; Peter

Kelly by the Gibson Center; Richard May by the Gibson Center; Howard J. Miller by Michael & Elizabeth

Patton-Miller; John L. Patton by Michael & Elizabeth Patton-Miller; 2000 Lois Weiler Burcaw by Robert & Family

Mary Herliko by Stella Pidherny; Terry Blais by Al, Family and Friends; 2001 Bill Chisholm by Peg Chisholm; John Hartnett by

Juanita Hartnett; Elizabeth Laselle by Jane Lasselle; Lasselle Family Members by Jane Lasselle; Loved Ones by Ralph Freeman; Carl Giboney

By Anonymous; Robert Twombly, Sr. by Ruth S. Twombly; Philip Rancourt by Laureheta Rancourt; Norman Caron by Leonard & Norma Whitmore;

Lily Everhart by Gibson Center Nutrition Council; 2002 Douglas Woodward by Carol & William Manley; Sherman Dean by Ali Dean; Urban W. Travers (Herb)

By Arlene & Family; 2003 Sherman Twombly by Norma, Paul, Todd and Timothy Twombly; 2004 Steven Valladares by Edgar & Kay Frechette, Phebe McDonald, Ed

Sabastianski; Lesley Burcaw Butler by Bob Burcaw; 2005 Connie Price by Roger C. Price 2006 Judy Durkee by Gibson Staff & Volunteers; Ada Fuge by Janis &

Donald Wood; Arthur Desjardins by His Family 2007 Alyce Kuppens by Frederick Kuppens

2008 None 2009 Charles E. Fall by Dorothy Fall; Arthur Crosby by Mary Ann Breton 2010 Helen Ware by Nutrition

Council; Margaret Giblin by Mary Conlon; Donald V. Shore by Fran Shore; Frances H Dee by Fran Shore; Anthony Palazzo

by Ann M. Napoliello & Francine Lampidis; Jeanette Losee by the Nutrition Council; Elaine Wales by Barb Rines, Lois Wright, Sally Burnell,

Pat Ford, Phebe McDonald, Agnes Jacintho, Anna Cataldo, Elaine Spratt, Ruth Reny, Carol Smith; 2011 Sally Burnell by Barb Rines, Lois Wright,

Phebe McDonald, Anna Cataldo, Clayton & Karen Mills, Mickey Leavitt, Umeko Yeaton, Roger Price, Evelyn Peare, Dot Towle, Darlene Antonucci; Jane Ross

by Friends of Jane; Jane Ross by Gibson Center Board of Directors and Staff; Juanita Hartnett by Jim Arnold and George Fontaine; Elaine Wales by the Wales Family;

Jackie Fazio by Grandmother Fran Shore; Mary Noonan by Leslie; Jim Buckley by Jennie Buckley; Charlotte Smalling by Charlotte & James Fitzpatrick; Jacque Sutton by Charles & Elaine

Sutton; James Prince, jr. by Charles & Elaine Sutton; Jane Ross by Friends at Children Unlimited 2012 Anne Napoliello by Carolyn Brown &

Paula Lehman; Jason

Waterhouse by

Fran Lampidis,

Bev Micallef,

Lucille Dandinault, Phebe McDonald; Anne Napoliello & Stephanie Macierowski by Paul & Barbara Ray; Andrea Pevernek Gray

by Phebe McDonald & Ed Sabasteanski; Anne Napoliello by Gretchen Behr Svendsen, jr; Russell (Stan) Welch by Ed & Greta Paulhus;

Faye Pennett by Jane Duggan; Stephen Burdick by Jane Duggan; David Montgomery by Jane Duggan; Will Duggan by Jane Duggan; Mary Chase

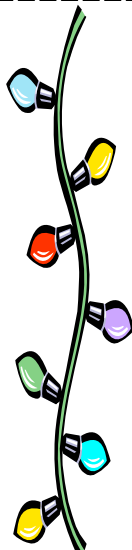
by Dick Chase & Family; 2013 Katherine Rose Gauthier by The Gibson Center Staff; Ray Burton by The Gibson Center Staff; Loved Ones

by Jim & Karen Umberger; Janelle & Harold Shaw by June & Miles Waltz 2014 Joanne Knowlton by the Nutrition Council;

Marianne Heald by the Heald Family; Marion Cleveland Cohen by George Cleveland

## SPECIAL EVENTS

Remember someone special in your life this Holiday season. Keep their memory bright by purchasing a \$50 perpetual red bulb that will light for a lifetime. A seasonal white bulb for \$10 to shine on the Gibson Center Memorial Christmas tree December 1st through January 15, 2015. Please call 356-3231.



### Grey Matter Insurance

When a person buys a new car, he also buys car insurance, not because he is planning to have an accident, but to be prepared in case of an accident.

When a person joins an exercise class, she is also taking out a type of "insurance" that she will have strong bones and muscles next winter if she slips on the ice. She is not planning to slip on the ice, she exercises to be strong for the future, and to more fully enjoy life today.

Memory games, puzzles, art, poetry, sequential tasks, physical exercise and socialization are all proven to increase blood flow and in many instances improve memory, thinking, and complex task completion...

What a nice form of insurance...for today & tomorrow  
Join our FunDay activities Mondays & Thursdays

### *Gibson Day Trips*

**Please sign up for all trips: 356-3231**

**Christmas Parade:** Saturday December 6th. Home pickups after noon

**Conway Historic Yankee Swap & Pot Luck Supper:** December 9th. Home pickups after 3:30PM

**Magic of Christmas** ticket & Transportation would be \$65. Concert 12/12 matinee.

**Gift of Lights:** Monday December 22nd. Home pickups after 2:30PM. Bring a can, dinner on own.

**History of Skiing in NH** home pickups after 4 pm for the program on January 8th.

**Stonehurst Dinner:** Sunday, January 11th. Home pickups after 3:30PM. \$37 includes meal, tax, tip, and home pickups.

**Ice Carving Festival at the Wentworth**

**Snow Sculptures in Jackson,** Tuesday, January 27th

**Celtic Thunder in concert:** Friday, April 10th. \$97 includes ticket, ticket fees, and transportation. Dinner on your own.

## White Mountain Oil Christmas Dinner

Tuesday, Wednesday & Thursday  
December 16th, 17th, & 18th  
at 11:30 AM

Suggested Donation \$4.00

Durgin Park Roast Pork & Demi Glace  
Herb Roasted Potatoes  
Creamed Onions  
Peas & Mushrooms  
Indian Pudding



## Christmas Variety Show

Sunday, December 14th  
1 PM

*Looking for acts*

*Sing, dance, do a skit, tell a joke...*

*Invite your family and friends*

*Consider this "Grandma's Revenge" for  
all the school concerts you have at-  
tended.*

*Please sign up with Penny*

# CENTER NEWS



## Gibson Globetrotters

### South Dakota: Black Hills & Badlands

June, 2015, 7 days, \$2374 ppdo

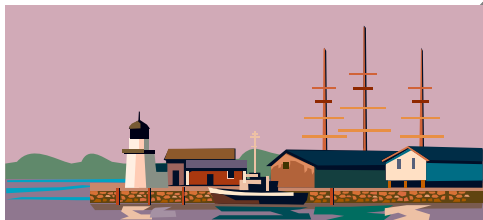
- 10 meals, 6 nights in one hotel in Rapid City
- Includes: Air, Land, Insurance, airport transfer
- Mount Rushmore
- Needle Highway
- Black Hills Gold & Diamond Factory
- Crazy Horse Memorial site
- Native American Cultural Center
- Custer State Park: you may see big horn sheep, elk, buffalo...
- Chuckwagon Supper & Cowboy Music Show at the site where "Dances With Wolves" was filmed
- Hot Springs: wild horse sanctuary
- Deadwood, a rollickin' rambin' western town
- 7 days with Gibson Center FRIENDS!



### Cape Cod (many new features since 2009)

August 24-28, 2015, 5 days

- \$495 ppdo (based on 30 people)
- 4 consecutive nights in a quaint Cape Cod town
- 8 meals, 4 breakfasts, 3 dinners, 1 Lobster feed
- Price includes travel insurance
- Hyannis Harbor Cruise
- Heritage Museum & Garden (antique autos, vintage carousel, folk art, and traveling exhibits)
- Cape Cod Canal Visitor Center, including a 41 foot US Army Corps of Engineers Patrol Boat, a theater, and interactive displays
- Cape Cod National Seashore Race Point
- Marconi Station
- Provincetown, Sandwich, Hyannis
- Eastham Windmill



## KUDOS

### Food Donations:

- ◆ Shaw's
- ◆ Old Village Bakery
- ◆ Wal-Mart & Bob King
- ◆ David & Beth Bergeron
- ◆ Bagels Plus
- ◆ Sean & Linda Bergeron
- ◆ NH Food Bank
- ◆ Comfort Inn
- ◆ Holiday Inn Express
- ◆ Cheryl Emerson
- ◆ Ernie Brown

### Program Volunteers:

- ◆ Miles Waltz: Medicare Counseling
- ◆ George LeBlanc: Wii, & Game Day set up, Game Board assembly.
- ◆ Care for the Caregiver: Gardiner Perry; VNS & Dom, Zero Balance Massage, Cindy Russell
- ◆ Fran Shore: Sharing her movies, "Fran's Flicks"
- ◆ Book Cart: Barbara Rines
- ◆ Silver Lake Music: Mary Ellen Vana
- ◆ AARP Safe Driving: Dan Andrews
- ◆ Belly Dance Instructor: Joanne Bailey
- ◆ Pet Therapy: Eli & Zack
- ◆ Computer volunteer: Eli
- ◆ BINGO caller: Dick Vierus
- ◆ Caregiver Massage: Julie Sargent
- ◆ BINGO prizes: Pauline Yeager
- ◆ Chair Exercise Volunteer: Connie Smith
- ◆ Jonathan Sarty: Cold River Radio Show tickets
- ◆ Carol Saunders: Wreath Class
- ◆ Mountain Top Music: String Serenade.
- ◆ Wheel of Fortune: Curt Reynolds
- ◆ Guest Speaker: David Smollens, Conway Library




### Red Parka Pub


Delicious  
Steak or Fish Dinner  
January 13, 2015  
Cost \$5

Please reserve your seat 356-3231

Call after December 15

TrueNorth  

  
**Travel Club**  
 Your passport to a world of adventure.

**Northway**  
 BANK



Member FDIC | 800-442-6666 | northwaybank.com

## Beasley and Ferber, P.A.

Estate Planning and Elder Law  
 Wills, Trusts and Probate Avoidance  
 Estate Administration and Guardianships  
 Saving Assets from Nursing Home Stays

**CALL FOR A SCHEDULE OF FUTURE  
 ESTATE PLANNING SEMINARS AT THE GIBSON CENTER  
 1-800-370-5010**

*Use of Gibson Center facilities or advertising by outside groups or businesses does not constitute an endorsement by the Gibson Center.*

### December 2014

#### Fran's Flicks:

The 9th: *Annie* The 23rd: Fran's favorite Christmas movie  
**Friday the 5th** is the day before Saint Nicholas Day. There will be tasty door prizes for all, and a holiday raffle. We will sing Christmas Carols

**Friday the 5th** we will make wreaths. They are very easy, and quite beautiful. Please sign up, 356-3231. \$3 supplies the greens, frame, and some wire. You will want to bring your own wreath decorations, if you have wire, or wire cutters bring them.

**Wednesday the 10th:** Learn about the Blue Loon, before Lunch in the Activity Room (11AM).

**Monday the 15th:** Santa gift exchange. Bring a \$3 gift, mark it as a gift for a man, woman, or either. Gifts and carols at 11AM. Sally Swenson and friends will carol.

**Tues., Wed., & Thurs., the 16th-20th:** Christmas Dinners. Sponsored by White Mountain Oil & Propane. Suggested donation \$4.

**Thursday & Friday, the 25th & 26th:** Gibson Center closed

**Wednesday, the 31st,** a special New Years Eve dinner.

#### Honoring our Veterans



#### TIM DI PIETRO

Master Electrician  
 Free Estimates

**NO JOB TOO SMALL**

603-356-2248

#### Ongoing weekly programs

- Mon: 10:30 Chair Exercise  
 12:30 Yoga  
 12:30 FunDay Afternoon
- Tues: 10:00 Strength Balance & Stretch  
 12:00 Silver Lake Lunch
- Wed: 10:30- 1:30 Wii  
 12:30 Game Day  
 12:00 One to One Computer  
 12:30 Care for the Caregiver
- Thurs: 9:00 Belly Dancing  
 10:30 Chair Exercise  
 12:00 Medicare Counseling  
 12:30 BINGO (first Thurs.)  
 12:30 FunDay Afternoon
- Fri: 10:00 Strength Balance & Stretch

#### SENIOR HOUSING APARTMENTS

Silver Lake Landing in Madison has occasional apartment openings. These apartments are for independent living seniors (62+) with verifiable low and modest incomes. Section 8 vouchers welcome. References and a one month security deposit are required.

Rent for a first floor, 2 bedroom apartment is currently \$700 per month and includes heat and hot water. There is a \$25 reduction for one bedroom apartments, and another \$25 reduction for second floor apartments.

Great views, quiet lake living. Building has on-site coin-op laundry, sprinkler system, and fire alarm horn/strobe system. Second floor apartments are accessible by stairs only, no elevators. Non-smokers only and service animals only.

Please call Ken at the Gibson Center, 356-3231, ext 12 for an application .



**Memorial Hospital**  
Merriman House  
A MaineHealth Member

**Top 5 Star Rating!**



**603-356-5461**

**Christmas Variety Show  
(Grandma's Revenge)**

**Sunday, December 14th 1PM**  
Please sign up your skit, song,  
dance routine...call Penny  
356-3231

Invite your friends & Family  
Gibson Bus transportation  
available

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**January 2015**

**Fran's Flicks:**

The 6th: *Labor Day* The 27th: *Maleficent*

**Thursday, January 1st.** Gibson Center Closed

**Friday, the 2nd** The Gibson Center will be open

**Monday, the 5th:** The 12th day of Christmas. We will be celebrating with small gifts, be ready to sing THE song!

**Tuesday the 6th: Strength, Balance and Stretch Resumes.**

Remember your New Year's Resolutions...meet us at 10AM in the Activity Room, Tuesdays and Fridays .

**Friday the 9th:** the Nutrition Council meets at 9AM

**Tuesday, the 13th:** There will be MOW, but the Gibson Center Dining Room, and Silver Lake Landing meal site will be closed.

**Monday the 19th:** the Gibson Center is closed.



**Gibson Center at the Fryeburg Fair**



**Gibson Thrift Shop Hours**  
**Monday –Friday**  
**10-2:30**  
**Saturday**  
**9-1:00**

**GOLD'S OVER**

**\$1850/OZ**

**"WE BUY ALL GOLD & SILVER"**

Platinum, Diamonds, Coins & Jewelry  
Free Estimates

North Country Fair Jewelers  
"43rd yr."

2448 White Mtn. HWY, No. Conway 356-5819  
**FREE ESTIMATES**

**Personal Care Assistant**

respite care, full-time, part time,  
days, nights and fill-in.

**25 Years Experience.**

Call Jan Bennett **207-807-1011**

**Mineral Springs of**

**North Conway Care**

**& Rehabilitation Center**

*Offering quality nursing care and an assisted living environment to the North Conway area.*

PO Box 3417 N. Conway, NH 03860

**603-356-7294**

**FunDay Afternoons**

Most Monday and Thursday afternoons the Gibson Center will be offering a variety of fun activities, games, music, arts & crafts, story telling, poetry, and reminiscing. This will be a fun way to spend time with friends, and stretch your mind. All are welcome.

Games include: Wheel of Fortune, Crossword, Trivia, Name that Tune

The Gibson Center will be offering **local** transportation home after selected afternoon activities.

Please check with Jill daily.  
As with all bus trips, riders will be given a donation envelope.

# Business Support Newsletter Listings

- Abundant Blessings Homecare, Inc** (603-473-2150, fax 603-473-2151) provides living assistance services for the aging in the comfort of your home. Services include: personal care, meal preparation, 24 hour care and more. Call to schedule a free home assessment. Visit us at [www.abundantblessingshomecare.com](http://www.abundantblessingshomecare.com).
- Adult & Pediatric Dermatology, PC** (978-610-3701) Glen Smith, is pleased to announce its opening at Huggins Hospital in Wolfeboro, NH! For an appointment, please call 603-569-3376.
- Beasley & Ferber, P.A.** (1-800-370-5010) David Ferber, estate planning including avoiding probate, protecting assets from nursing homes, avoiding state taxes, and elder law.
- Chalmers Insurance** (356-6926) Steve Cote, full line of personal and business insurance, including Long term care, life and annuities.
- Coleman Alvin J. & Son** (447-5936) 9 NH Route 113, Conway. General Contractor
- Conway Eye Care** (356-3000) 1319 White Mt. Highway Dr. Gary Cole & Associates, eye exams, surgical and medical eye evaluations, complete optical service with "on-site" laboratory.
- Cooper, Cargill, Chant P.A.** (356-5439) 2935 White Mountain Hwy, N. Conway. The Highest Level of Legal Service  
General practice of law in NH and ME. Real estate, estate planning, wills, litigation, bankruptcy & creditor rights.
- First Allied Securities** (356-9371) 3277 White Mt. Hwy. Investments including Stocks, Bonds, Annuities, Retirement, College Planning
- Fryeburg Academy** (207-935-2001) 152 Main Street Fryeburg, Me. Proud to support our Seniors in the Mount Washington & Pequawket Valleys offering public programs in the arts, music, theater and Elderhostel.
- Gamwell, Caputo & Co., PLLC** (447-3356 or fax 447-6563) Dave Caputo, certified public accountants providing tax, accounting, and financial statement services for businesses, individuals, trusts and estates.
- Granite State Independent Living (GSIL)** (800-826-3700) [www.gsil.org](http://www.gsil.org) Donna Potter, Non-profit whose mission is to promote life with independence for Seniors & the disabled, to live as independently as they choose in their own homes. GSIL offers services including; info. and referral, personal care, helping with funding, transportation, counseling, respite for caregivers, etc.
- Hill's Florist and Nursery** (356-5750) Brian Hill, Rt. 16, Intervale. 10% discount for Gibson members.  
Flowers for all occasions, trees, shrubs, perennials, annuals, balloons and gifts. FTD.
- H.R. Hoyt Construction Inc.** (447-2612) Conway, NH. Poured Concret
- Memorial Hospital** (356-5461) The community hospital of Mt. Washington Valley. Your partner in good health.
- Mount Washington Auto Road** (466-3988) Brian Bennett. Toll road to summit of the highest mountain in the North East.
- North Country Fair Jewelers** (356-5819) Brian Smith, Main St, N Conway. Diamonds, gold and silver jewelry, coins, pearls, watches, clocks and antiques. Repairs, appraisals, buy, sell and trade.
- NorthEast Auto Body** (356-5808) David Smith, 530 Eastman Road, North Conway, N.H.
- Notchland Inn** (374-6131) Harts Location, NH Romantic dining and lodging.
- Peking Sunrise Restaurant & Lounge** (356-6976) Lounge (356-3888) Jct. Routes 302 & 16 N Conway
- Settlers Green Outlet Village** (356-7031) over 60 stores. Every Tuesday is Senior discount day at participating stores.
- Softub** (781-795-2826) fax ( 508-319-3009) Patrick McCarthy **Softub** is America's favorite portable, energy efficient hot tub.  
Relax in a new **Softub**.
- Subway Sandwiches and Salads** (356-5700) Scenic Vista, Intervale, NH
- Timberland Home Care Inc.** (603-447-3998) is a non-medical home care service provider to families in the Mount Washington Valley and surrounding areas. As experienced home care providers we can provide short, long term & 24/7 multi-shift basis quality home care. Web site: [timberlandhomecare.com](http://timberlandhomecare.com); e-mail is: [timberlandhomecare@live.com](mailto:timberlandhomecare@live.com)
- United HealthCare** (603-986-6137) Know your rights and options. Edward Holum localindependent insurance agent North Conway. Authorized to offer AARP Medicare Plans through United Healthcare. Let me help awnser your questions, by phone or appointments.
- Varsity Beverage** Conway (447-5445) Distributor of Pepsi Cola, Schweppes, Dole Juices, Lipton Tea, Gatorade, Aquafina Water, Mountain Dew, Mug Root Beer, Frappuccino, and Hawaiian Punch.
- White Mountain Hotel** (356-7100) Gary Sullivan. Wonderful place to go for lunch or dinner.
- White Mt. Oil and Propane** (356-6386) The Saunders Family, oil and propane, major appliances.
- Yankee Smokehouse Restaurant** (539-7427) Joseph Ferriera, Jct. Route 16 & 25 in West Ossipee. Real open pit barbecue.

# Halloween @ Gibson



# Valentine's Auction

You are cordially invited to  
**The Sixteenth Annual Auction**  
Hors D'oeuvres, Silent & Live Auction & Cash Bar  
To Benefit

**The Gibson Center for Senior Services**  
at the

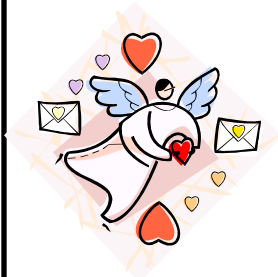
The White Mountain Resort  
Hales Location, off West Side Road

Thursday, February 5, 2015

Starting at 5:30 PM

Fifteen Dollars Per Person

Reservations Suggested (356-3231)



## Merriman House Openings Available

Merriman House currently has 5 open beds. We historically have had a high occupancy rate and a wait list. We'd like to take this opportunity to dispel some "myths" or misconceptions about Merriman House, an intermediate care facility recently named by US News & World Reports as a top nursing home for 2014 with a 5 stars rating.

1. We are not just a dementia unit. We are a locked unit and that is for the safety of our residents with dementia, but we are not just a dementia unit.
2. We do have open beds (male and female beds are available).
3. We have a good number of residents right now who are cognitively alert and oriented; they just need the physical help. Some have elderly spouses still at home who just could not help them with their physical needs.
4. We have a wait list. We encourage families to fill out an application and take a tour of our facility. Once someone does that, we will call when we have beds available and check in with the families to see how things are going and see if they are ready.

The Merriman House Team at Memorial Hospital