Trips

Gibson Day Trips Please sign up for all trips: 356-3231
New trip policy: when you sign up, you will be placed on the waiting list.
When you pay for the trip, your name will be moved to the going list.

- Conway Historical Society: Second Tuesday. Home pickups. Potluck on even months. Free TBD
- Magic of Christmas: Friday December 8th. $51. lunch on own at Sebago Brewery Board bus at 9:30AM
- Conway Historical Society: Yankee Swap 12/12/17 Home pick ups available. Pot Luck dinner, bring a dish to share, and a wrapped Yankee Swap item.
- Victoria Mansion, Christmas in the City by the Sea. Wed. Dec 13th. 9:30AM $31. Lunch on own DiMillo’s
- Dirty Dancing: a live play, Thursday January 4th. $75 Board bus at 3PM Dinner on own at Sebago Brewery
- Ice Sculpture and Lunch at the Wentworth: 1/8/18 $20. View the craft of ice carving from the warmth of the dining room. Enjoy soup and sandwich lunch while watching the carvers.
- Dancing with the Stars The Light Up the Night: Line up Jenna Johnson, Witney Carson, Sharna Burgess, Emma Slater, Lindsay Arnold, Hayley Erbert. Wednesday January 24th board bus at 3PM $93 dinner on own at Sebago Brewery
- Snow Sculptures: Tour the sculptures in Jackson, stop for cocoa, after lunch Jan 29th.
- Rodgers & Hammerstein’s Tony Award®- winning Broadway musical CINDERELLA Saturday, February 3 matinee $70 lunch on own Sebago Brewery Board bus at 10AM home by 7PM
- Celtic Women: Wednesday, April 4th. Dinner on own at Sebago Brewery. Board bus 3PM $70
- Mama Mia: Matinee, Sat, April 28th. $70, bring bag lunch, dinner on own @ Hart’s Turkey Farm 11AM

Remember special loved ones in your life this Holiday Season. Keep their memory bright by purchasing a $50 perpetual red bulb that will be lit for a lifetime, a one year bulb for $10 to shine on the Gibson Center Memorial Tree Dec 1 through Jan 15.
Please call 356-3231.

Christmas Dinners
Tuesday, Wednesday, & Thursday
December 12th, 13th, & 14th
Sponsored by
The Saunders Family, White Mountain Oil & Propane
Braised Pork with Apple Onion Demi-Glace
Herb Roasted Potatoes
Peas & Mushrooms
Creamed Onions
White Dinner Roll
Strawberry Bavarian

Red Parka Pub
January 9th Noon at the Parka
$5 Steak or Fish
Limited seating
To sign up please call 356-3231

The Gibson Dining Room and Silver Lake Landing will be closed
Gibson Globetrotters

Canyon Country Arizona and Utah:
April 12-19, 2018
Highlights: Scottsdale, Oak Creek Canyon, Kaibab National Forest, Grand Canyon, Lake Powell, Choice of Monument Valley Navajo Tribal Park or Canyon Adventure Cruise, Bryce Canyon National Park, Zion National Park, Las Vegas 8 days, 10 Meals $3299 ppdo Five Hotels Deposit due.

Pacific Northwest & California:
June 18-25, 2018
Highlights: Seattle, Mount St. Helens Visitor Center, Portland, Columbia River Gorge, Newport, Bandon State Natural Area, Redwood National Park, Eureka, Avenue of the Giants, San Francisco, Choice of San Francisco Bay Cruise or City Tour of San Francisco 8 days, 10 Meals $3599 ppdo Five Hotels Deposit due 12/6

UK by Rail:
September 1-10, 2018

Spotlight on Southern Charm Holiday:
November 25-30, 2018
Highlights: Historic Charleston, Choice of Boone Hall Plantation or Patriots Point Naval & Maritime Museum, James Island County Park Holiday Display, Jekyll Island, Christmas Caroling, Savannah, Andrew Low House... 6 days, 8 Meals $2799 ppdo Three Hotels

Bus Tour
Ark Encounter:
June 3-9, 2018
10 meals, $750ppdo
Includes: Bus, Insurance, Hotels, Admissions
• Ark Encounter (Life size replica of Noah’s Ark)
• Creation Museum
• Newport Aquarium
• Cincinnati Zoo & Botanical Gardens
• Wheeling Artisan Center
• Deposit due today

Donations:
Shaw’s, Wanda Wirling
NH Food Bank/ Catholic Charities of NH
Wal-Mart & Bob King
Dot Seybold/OVP- Settlers’ Green,
Old Village Bakery
Abundant Blessings
William Clemons
Conway Scenic RR
Black Cap Grille
K Kids: Pine Tree and Madison
Black Cap Grille
Lickety Splitz
Trail’s End: Brenda Hunsicer

KHS German Honor Society

Program Volunteers:
George LeBlanc: Wii, & Game Day set up
Care for Caregiver: Christine MacDonald, VNS & Dom
Book Cart: Barbara Rines
Belly Dance Instructor: Joanne Bailey
Tai Ji Quan: Sandy Perry,
Computer time: Quinten
Dining Room Art: Ellen Farrington; Elaine Klement
FunDay Music: Lois Wright
Library Program: Cheryle O’Neill
Service Link: Karen Santuccio
M & D Production Theatre
Special Presentations:
Sing Along: Paul Winkler
Rec Path Slide Show:
Sally Murdo & Marianne Borowski
Enhancing Communication:
The Alzheimer’s Association; Carrie & Melissa

Hannaford Bags

KUDOS
**Beasley and Ferber, P.A.**

Estate Planning and Elder Law  
Wills, Trusts and Probate Avoidance  
Estate Administration and Guardianships  
Saving Assets from Nursing Home Stays  
**CALL FOR A SCHEDULE OF FUTURE ESTATE PLANNING SEMINARS AT THE GIBSON CENTER**  
*January 16, 2018*  
*1-800-370-5010*

*Use of Gibson Center facilities or advertising by outside groups or businesses does not constitute an endorsement by the Gibson Center.*

### December 2017

**Caring for the Caregiver**  
This session is December 13-Jan 17  
**Wednesday the 6th:** Saint Nicholas Day. There will be a holiday raffle and Christmas Carols.  
**Thursday the 7th:** BINGO is after lunch with player supplied prizes.  
**Tuesday the 12th:** there will be a representative from the Hearing Association, with new gadgets. 10AM call for ride.  
**Tues., Wed., & Thurs., the 12th-14th:** Chef Rick will prepare tasty Christmas Dinners. Sponsored by White Mountain Oil & Propane. Suggested donation $4. (Meals on Wheels participants only receive the Christmas Dinner on the 13th, other meals are provided on subsequent days).  
**Thursday the 14th:** Service Link, make an appointment.  
**Monday the 18th:** Santa gift exchange. Bring a $3 gift, mark it as a gift for a man, woman, or either. Gifts and carols at 11AM. (Chair Exercise will start at 10AM today)  
**Thursday the 21st:** FunDay Yankee Swap and Carols. Bring a gift that is wrapped. Silly gifts can be part of the fun.  
**Monday, the 25th:** Gibson Center closed for Christmas  
**Friday, the 29th,** a special New Years Eve dinner.

### Ongoing weekly programs

- **Mon:** 10:00 TJQ _Silver Lake Landing_  
  10:30 Chair Exercise  
  12:30 FunDay Afternoon  
  3:00 Tai Ji Quan Better Balance  
- **Tues:** 10:00 Strength Balance &Stretch  
  12:00 Silver Lake Lunch  
  12:30 _Yoga_ with Dixi,  
- **Wed:** 10:30– 1:30 Wii  
  12:30 Game Day  
  12:30 Care for the Caregiver  
- **Thurs:** 1:1 Computer with Quentin  
  9:00 Belly Dancing  
  10:00 TJQ _Silver Lake Landing_  
  10:30 Chair Exercise  
  12:30 BINGO (first Thurs.)  
  12:30 FunDay Afternoon  
  3:00 Tai Ji Quan Better Balance  
- **Fri:** 10:00 Strength Balance &Stretch  
  12:30 Friday Painters (Jan-Apr)  
**Strength Balance & Stretch: Sept-June**  
[www.gibsoncenter.org](http://www.gibsoncenter.org)

### SENIOR HOUSING APARTMENTS

Silver Lake Landing in Madison has occasional apartment openings. These apartments are for independent living seniors (62+) with verifiable low and modest incomes. Section 8 vouchers welcome. References and a one month security deposit are required.  
Rent for a first floor, 2 bedroom apartment is currently $710 per month and includes heat and hot water. There is a $25 reduction for one bedroom apartments, and another $25 reduction for second floor apartments.  
Great views, quiet lake living. Building has on-site coin-op laundry, sprinkler system, and fire alarm horn/strobe system. Second floor apartments are accessible by stairs only, no elevators. Non-smokers only and service animals only.

Please call Ken at the Gibson Center, 356-3231, ext 3 for an application.
GOLD’S OVER
$1850/OZ
“WE BUY ALL GOLD & SILVER”
Platinum, Diamonds, Coins & Jewelry
Free Estimates
North Country Fair Jewelers
“43rd year”
2448 White Mtn. HWY, No. Conway  356-5819

Mineral Springs of North Conway Care & Rehabilitation Center
Offering quality nursing care and an assisted living environment to the North Conway area. (03860)
1251 White Mtn. Hwy N. Conway, NH 603-356-7294

Gibson Thrift
Shop Hours
Monday –Friday
10-2:15
Saturday
9-1:00

Personal Care Assistant
respite care, full-time, part time,
days, nights and fill-in.
25 Years Experience.
Call Jan Bennett 207-807-1011

Mount Washington Valley Arts Association
Friday Painters
After Lunch on Fridays, 12:30-3:30PM
January—April
• Peer Instruction
• The Arts Association will set up a still life each session
• Bring your own supplies
• Recommended:
  • drawing, pastels, acrylic, or water color

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December 2017
January 2018
Caring for the Caregiver: This session is December 13-Jan 17
Monday, January 1st. Gibson Center Closed
Tuesday the 2nd: Strength, Balance and Stretch Resumes.
Remember your New Year’s Resolutions...meet us at 10AM in
the Activity Room, Tuesdays and Fridays.
Thursday the 4th: BINGO is after lunch with player supplied
prizes.
Friday, the 5th: The 12th day of Christmas.  We will be
celebrating with small gifts, be ready to sing THE song!
Tuesday, the 9th: There will be MOW, but the Gibson Center
Dining Room, and Silver Lake Landing meal site will be closed.
Friday the 12th: the Nutrition Council meets at 9AM
Monday the 15th: the Gibson Center is closed.

Tai Ji Quan: Moving for Better Balance
• Improves balance
• Recognize internal stimuli
• Respond to external stimuli
• Reactions become automatic
• Monday & Thursday 3-4PM at Gibson Center
• Mon & Thurs 10 AM at Silver Lake Landing
• Call 356-3231 to register

Brought to you by members of the Community Health Council including
Memorial Hospital, Visiting Nurse Home Care & Hospice of Carroll County,
and Mineral Springs are partnering with the Gibson Center for Senior
Services, the NH Foundation for Healthy Communities and MaineHealth.

Christmas Dinner
Tuesday, Wednesday & Thursday December 12, 13, & 14,
at 11:30 AM Suggested Donation $4.00
Roast Pork & Apple Onion Demi-Glace
Herb Roasted Potatoes
Creamed Onions
Peas & Mushrooms
Strawberry Bavarian

Sponsored by
White Mountain Oil and Propane

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Business Support Newsletter Listings


Adult & Pediatric Dermatology, PC (978-610-3701) Glen Smith, is pleased to announce its opening at Huggins Hospital in NH! For an appointment, please call 603-569-3376.

Beasley & Ferber, P.A. (1-800-370-5010) David Ferber, estate planning including avoiding probate, protecting assets from nursing homes, avoiding state taxes, and elder law.

Chalmers Insurance (356-6926) Steve Cote, full line of personal and business insurance, including Long term care, life and annuities.

Coleman Alvin J. & Son (447-5936) 9 NH Route 113, Conway. General Contractor

Conway Eye Care (356-3000) 1319 White Mt. Highway Dr. Gary Cole & Associates, eye exams, surgical and medical eye evaluations, complete optical service with “on-site” laboratory.

First Allied Securities (356-9371) 3277 White Mt. Hwy, Investments including Stocks, Bonds, Annuities, Retirement, College Planning

Gamwell, Caputo & Co., PLLC (447-3356 or fax 447-6563) Dave Caputo, certified public accountants providing tax, accounting, and financial statement services for businesses, individuals, trusts and estates.

Granite State Independent Living (GSIL) (800-826-3700) www.gsil.org Donna Potter, Non-profit whose mission is to provide life with independence for Seniors & the disabled, to live as independently as they choose in their own homes. GSIL offers services including: info. and referral, personal care, helping with funding, transportation, counseling, respite for caregivers, etc.

Hill’s Florist and Nursery (356-5750) Brian Hill, Rt. 16, Intervale. Flowers for all occasions, trees, shrubs, perennials, annuities, balloons and gifts. FTD. 10% discount for Gibson members.

H.R. Hoyt Construction Inc. (447-2612) Conway, NH. Poured Concrete


Mount Washington Auto Road (466-3988) Howie Wemyss. Toll road to summit of the highest mountain in the North East.

North Country Fair Jewelers (356-5819) Brian Smith, Main St, N Conway. Diamonds, gold and silver jewelry, coins, pearls, watches, clocks and antiques. Repairs, appraisals, buy, sell and trade.

NorthEast Auto Body (356-5808) David Smith, 530 Eastman Road, North Conway, N.H.

Notchland Inn (374-6131) Harts Location, NH Romantic dining and lodging.


Settlers Green Outlet Village (356-7031) over 60 stores. Every Tuesday is Senior discount day at participating stores.

Timberland Home Care Inc. (603-447-3998) is a non-medical home care service provider to families in the Mount Washington Valley and surrounding areas. As experienced home care providers we can provide short, long term & 24/7 multishift basis quality home care.

Web site: timberlandhomecare.com;
e-mail is: timberlandhomecare@live.com


White Mountain Hotel (356-7100) Gary Sullivan Wonderful place to go for lunch or dinner.

White Mt. Oil and Propane (356-6386) The Saunders Family, oil and propane, major appliances.

Halloween at Gibson

Halloween Parade
Most Original: Skier (Karen)
Funniest: Cowgirl (Christine)
Scariest: Fortune Teller (Kay)
Best Sweater: Marge
Prettiest: Betsy Ross (Joann)

Our Parade Judges
And servers

Table Decorations
Made by K Kids
2018 GIBSON CENTER
CRAFTS AND ARTISAN FESTIVALS

Saturday & Sunday May 26 & 27
Saturday & Sunday July 7 & 8
Sat & Sun September 1 & 2
Sat & Sun October 6 & 7

SHOW HOURS:
Sat & Sun 10 AM - 5 PM

New England Crafters at their best!
We have fine jewelry, photography, art, pottery, gourmet specialty foods, stained glass, doll clothes, kettle korn, clothing, quilts, pillows, woodcrafts, Adirondack chairs, wood signs and furniture.

Benefits the Gibson Center for Senior Services,
Meals on Wheels Program.

Please remember the Gibson Center in your Will