

# GIBSON TIMES

The Gibson Center for Senior Services, North Conway, NH

[www.GibsonCenter.org](http://www.GibsonCenter.org)

[info@gibsoncenter.org](mailto:info@gibsoncenter.org)

603-356-3231

## October 2018 Edition

### HELP THE CAUSE

You can help safeguard the future of The Gibson Center by donating. Go to [GibsonCenter.org](http://GibsonCenter.org) for more details

### FUTURE FUND RAISERS

Black Cap Grille - 10/23

Applebee's - 11/21

**Join us for lunch Monday - Friday 11:30 am to 12:15 pm**

### FEATURED FUNDRAISER



#### **Black Cap Grille Fundraiser**

Tuesday, Oct 23, 5-9:30 PM

1498 White Mountain Highway,

North Conway, NH 03860

Bring family and friends!

### Neighbor to Neighbor

Do you have critical or necessary projects to be done to make your home safer or warmer for the upcoming winter? Do you have Autumn Yard Work?

Arrange for a visit by a Neighbor to Neighbor team member to evaluate your needs and to discuss how we might be able to help.

**Call 356-7827 (call today)**

**Please remember the  
Gibson Center in your Will**

## UPCOMING OCTOBER EVENTS

**Saturday & Sunday, the 6th & 7th:** Columbus Day Artisan Craft Fair 10-5

**Monday, the 8th:** Gibson Closed for Columbus Day

**Friday the 19th:** Oktoberfest, German music and food.

**Wednesday, the 24th:** 5 Minute Forum, after lunch, meet candidates, learn what is important to them, and where they stand on issues that are important to you.

**Wednesday, the 31st:** is Halloween. We will have a parade of costumes in the Dining Room at Lunch time. We will offer prizes for the prettiest, scariest, funniest, most unique, and the best sweater.

**Wednesday, the 31st:** Dementia Conversations When someone is showing signs of dementia, it's time to talk. Often, conversations with family about changing behaviors can be challenging and uncomfortable. This program provides tips for breaking the ice with your family so you can address some of the most common issues that are difficult to discuss: going to the doctor for a diagnosis or medical treatment, deciding when to stop driving, and making legal and financial plans for future care. Brought to us by the Alzheimer's Association Please sign up for this program, they need a count for enough handouts.



Mount Washington Valley  
Adult Day Center

Opening June, 2019

For More Information:

Visit Us Online  
[www.memorialhospitalnh.org/  
adultdaycenter](http://www.memorialhospitalnh.org/adultdaycenter)

Or Call Sue Ruka at  
603-356-5461, x2194

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Remember Gibson Center  
in YOUR WILL

**BLACK CAP  
GRILLE**

**Gibson Center  
Fundraiser  
Tuesday, Sept 23  
5-9:30 PM  
Invite your family  
and friends**

## **SILVER LAKE LANDING APARTMENTS AVAILABLE FOR RENT**

We have immediate vacancies for a second floor, one bedroom apartment (\$670/month), and a first floor, two bedroom apartment (\$720/month). Rents include heat and hot water.

Rents include heat and hot water.

MUST be filled by a tenant with very low income (less than \$28,250 annual for one person).

**Please call Ken at the Gibson Center, 356-3231, ext. 112 for an application**

### **Dementia Conversations**

This program provides tips for breaking the ice with your family so you can address some of the most common issues that are difficult to discuss: going to the doctor for a diagnosis or medical treatment, deciding when to stop driving, and making legal and financial plans for future care.

Brought to us by the Alzheimer's Association Please sign up. October 31st

## **BEASLEY & FERBER, P.A.**

Estate Planning and Elder Law Wills, Trusts and Probate Avoidance Estate Administration and Guardianship Saving Assets from Nursing Home Stays

**CALL FOR A SCHEDULE OF FUTURE ESTATE PLANNING SEMINARS AT THE GIBSON CENTER**

Please call for information about future presentations **1-800-370-5010** .

## **Mineral Springs of North Conway Care & Rehabilitation Center**

Offering quality nursing care and an assisted living environment to the North Conway area.(03860)

1251 White Mtn. Hwy N. Conway, NH

**Call 603-356-7294**

## **ONGOING WEEKLY PROGRAMS**

### **Monday:**

10:00 Tai Ji Quan Silver Lake Landing  
10:30 Chair Exercise  
12:30 FunDay Afternoon  
3:30 Tai Ji Quan Better Balance

### **Tuesday:**

10:00 Strength Balance &Stretch  
12:00 Silver Lake Lunch

### **Wednesday:**

10:30– 1:30 Wii  
12:30 Game Day  
12:30 Caregiver Peer Support

### **Thursday:**

10:00 TJQ Silver Lake Landing  
10:30 Chair Exercise  
12:30 BINGO (first Thurs.)  
12:30 FunDay Afternoon  
3:30 Tai Ji Quan Better Balance

### **Friday:**

10:00 Strength Balance &Stretch

**Join us for lunch  
Gibson Center,  
Mon-Fri. 11:30am -12:15pm**

# 2018 GIBSON CENTER CRAFTS AND ARTISAN FESTIVALS

Benefits the Gibson Center Meals On Wheels program.

Show hours 10 AM - 5 PM  
Saturday & Sunday  
October 6th & 7th

New England Crafters at their best! We have fine jewelry, photography, art, pottery, gourmet specialty foods, stained glass, doll clothes, kettle korn, clothing, quilts, pillows, woodcraft's, Adirondack chairs, wood signs and furniture.

## PROGRAM VOLUNTEERS

Wii, & Game Day set up: **George LeBlanc**  
Book Cart: **Barbara Rines**  
Belly Dance Instructor: **Joanne Bailey**  
Tai Ji Quan & Knitting Club: **Sandy Perry**  
FunDay Music: **Lois Wright**  
Crafts & Pumpkin People: **Elaine Klement**  
Caregiver Peer Support: **Dom**  
Service Link: **Karen Santuccio**  
M & D Production: **Theatre tickets**  
Sing-A-Long & BINGO: **Dick Vierus**  
Computer: **Davis Fitch**  
SCAM Program: **Sunny Mulligan, Melissa Smith, Joanne Duncan**  
Falls Prevention Day: **Memorial Hospital, VNS, Lions, Sunshine Yoga, Joy Gagnon**

**GOLD'S OVER \$1850/OZ  
"WE BUY ALL GOLD & SILVER"**

Platinum, Diamonds, Coins & Jewelry

Free Estimates

North Country Fair Jewelers  
"43rd year"

2448 White Mtn. HWY, No.  
Conway 356-5819

**FREE ESTIMATES**

2448 Main St., No. Conway  
603-356-5819

## **KUDOS - Donations**

Shaw's, Wanda Wirling

NH Food Bank

Catholic Charities of NH

Wal-Mart: Bob King

Phil Spinney

Old Village Bakery

Al Zaino: fix tables & food pantry

Sherman Farms

Veggie Volunteers

Timberland Home Care

Vaughan Community Services

White Mountain Milers

Joseph's Spaghetti Shed: Beth & staff

Elaine Klement for poster

Vista Bev & Market: Shirley

The Comfort Inn: Bob Hotarek & staff

**Remember Gibson Center  
in YOUR WILL**

### **ONLINE DONATIONS:**

You can help our cause by donating at  
[www.gibsoncenter.org/and](http://www.gibsoncenter.org/and)  
click on **Donate Now** button

## GIBSON CENTER DAY TRIPS

Please sign up for all programs: 603-356-3231.

**Fryeburg Fair:** Tues, Oct 2nd. Bus leaves at 9 and returns around 3. Donations accepted for bus, free admission for seniors at the gate.

**Pumpkin People Tour:** Thursday (FunDay) Oct 11th. Transportation will be a donation envelope. We will stop in Jackson for a treat so bring some money

**Two Lights & Lobster Shack:** Wed. Oct 17th. \$18

**Black Cap Grille:** Tues. Oct 23rd, door to door service

**Sinatra POPs:** Sunday Nov. 4th. Bring bag lunch, bus 11:30AM

**Vienna Boy's Choir, Christmas in Vienna:** Wed, Nov 28th bus 3PM. \$70. dinner on own.

**Indian Head, A Country Christmas and Christmas Buffet with Country**

**Singer Jose Duddy:** Fri, Nov 30th, board bus at 9:30AM. \$54 covers transportation, buffet, tax, tip, 2 drinks and entertainment.

**Magic of Christmas:** Fri. 12/14. 9-6. \$50. Lunch on own.

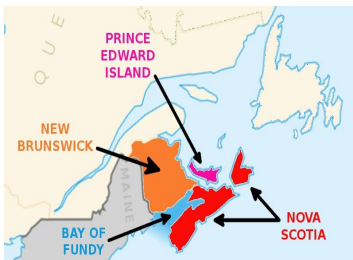
## UPCOMING OVERNIGHT PROGRAMS

Please sign up for all programs: 603-356-3231.



**Tropical Costa Rica:** March 30-April 7, 2019 San Jose, Coffee Plantation, Guanacstem Monteverde Cloud Forests, Arenal Volcano, Larke Arenal Cruise, Cano Negro Refuge, Zarcero...and MORE! Passport needed. 9 Days, 13 Meals, \$3349 ppdo **Deposit Due**

**Explore Tuscany:** October 12-20, 2019 Highlights: Montecatini Terme, Florence, Lucca, Gothic Line, Pisa, San Gimignano, Siena, Cooking Class, Choice of a Winery Tour or a Cheese Farm. Passport needed. 9 days \$3299 ppdo



**BUS TOUR Nova Scotia, PEI, New Brunswick & Maine:** June 4-12, 2019, 14 meals, \$ 1168ppdo. Hopewell Rocks, Kings Landing. Peggy's Cove, Halifax, Lunenburg. Charlottetown, Saint John. Acadia National Park, Mt Desert. Includes: Bus, Insurance, Hotels, 14 meals

## Business Support Newsletter Listings

**Abundant Blessings Homecare, Inc** (603-473-2510, fax 603-522-9211) provides living assistance services for the aging in the comfort of your home. Services include: personal care, meal preparation, 24 hour care and more. Call to schedule a free home assessment. Visit us at [www.abundantblessingshomecare.com](http://www.abundantblessingshomecare.com).

**Adult & Pediatric Dermatology** (978-610-3701) Glen Smith, is pleased to announce its opening at Huggins Hospital in Wolfeboro, NH! For an appointment, please call 603-569-3376.

**Beasley & Ferber, P.A.** (1-800-370-5010) David Ferber, estate planning including avoiding probate, protecting assets from nursing homes, avoiding state taxes, and elder law.

**Chalmers Insurance** (356-6926) Steve Cote, full line of personal and business insurance, including Long term care, life and annuities.

**Coleman Alvin J. & Son** (447-5936) 9 NH Route 113, Conway. General Contractor

**Conway Eye Care** (356-3000) 1319 White Mt. Highway Dr. Gary Cole & Associates, eye exams, surgical and medical eye evaluations, complete optical service with "on-site" laboratory.

**First Allied Securities** (356-9371) 3277 White Mt. Hwy. Investments including Stocks, Bonds, Annuities, Retirement, College Planning

**Gamwell, Caputo & Co., PLLC** (447-3356 or fax 447-6563) Dave Caputo, certified public accountants providing tax, accounting, and financial statement services for businesses, individuals, trusts and estates.

**Granite State Independent Living (GSIL)** (800-826-3700) [www.gsil.org](http://www.gsil.org) Donna Potter, Non-profit whose mission is to promote life with independence for Seniors & the disabled, to live as independently as they choose in their own homes. GSIL offers services including; info. and referral, personal care, helping with funding, transportation, counseling, respite for caregivers, etc.

**Hill's Florist and Nursery** (356-5750) Brian Hill, Rt. 16, Intervale. Flowers for all occasions, trees, shrubs, perennials, annuals, balloons and gifts. FTD. 10% discount for Gibson members.

**H.R. Hoyt Construction Inc.** (447-2612) Conway, NH. Poured Concrete

**Memorial Hospital** (356-5461) The community hospital of Mt. Washington Valley. Your partner in good health.

**Mount Washington Auto Road** (466-3988) Howie Wemyss. Toll road to summit of the highest mountain in the North East.

**North Country Fair Jewelers** (356-5819) Brian Smith, Main St, N Conway. Diamonds, gold and silver jewelry, coins, pearls, watches, clocks and antiques. Repairs, appraisals, buy, sell and trade.

**NorthEast Auto Body** (356-5808) David Smith, 530 Eastman Road, North Conway, N.H.

**Notchland Inn** (374-6131) Harts Location, NH Romantic dining and lodging.

**Peking Sunrise Restaurant & Lounge** (356-6976) Lounge (356-3888) Jct. Routes 302 & 16 N Conway.

**Settlers Green Outlet Village** (356-7031) over 60 stores. Every Tuesday is Senior discount day at participating stores.

**The Hearing Aid Shop** (603-356-0172) 1529 White Mountain HWY. Hearing Tests, Repairs, Cleaning & Batteries. Call for an appointment to hear how new technology can make your life sound amazing. Ask about our in-home demo program!

**Timberland Home Care Inc.** (603-447-3998) is a non-medical home care service provider to families in the Mt. Washington Valley and surrounding areas. As experienced home care providers we can provide short, long term & 24/7 multi-shift basis quality home care. Web site: [timberlandhomecare.com](http://timberlandhomecare.com); e-mail is: [timberlandhomecare@live.com](mailto:timberlandhomecare@live.com)

**Varsity Beverage Conway** (447-5445) Distributor of Pepsi Cola, Schweppes, Dole Juices, Lipton Tea, Gatorade, Aquafina Water, Mountain Dew, Mug Root Beer, Frappuccino, and Hawaiian Punch.

**White Mountain Hotel** (356-7100) Gary Sullivan Wonderful place to go for lunch or dinner.

**White Mountain Oil and Propane** (356-6386) The Saunders Family, oil and propane, major appliances.

**Yankee Smokehouse Restaurant** (539-7427) Joseph Ferreira, Jct. Route 16 & 25 in West Ossipee. Real open pit barbecue.

# Please remember the Gibson Center in your Will