HELP THE CAUSE
You can help safeguard the future of The Gibson Center by donating. Go to GibsonCenter.org for more details

FUTURE FUND RAISERS
Black Cap Grille - 10/23
Applebee's - 11/21

Join us for lunch Monday - Friday 11:30 am to 12:15 pm

FEATURED FUNDRAISER

Black Cap Grille Fundraiser
Tuesday, Oct 23, 5-9:30 PM
1498 White Mountain Highway,
North Conway, NH 03860
Bring family and friends!

Neighbor to Neighbor
Do you have critical or necessary projects to be done to make your home safer or warmer for the upcoming winter? Do you have Autumn Yard Work?

Arrange for a visit by a Neighbor to Neighbor team member to evaluate your needs and to discuss how we might be able to help.

Call 356-7827 (call today)

Please remember the Gibson Center in your Will
UPCOMING OCTOBER EVENTS

Saturday & Sunday, the 6th & 7th: Columbus Day Artisan Craft Fair 10-5
Monday, the 8th: Gibson Closed for Columbus Day
Friday the 19th: Oktoberfest, German music and food.
Wednesday, the 24th: 5 Minute Forum, after lunch, meet candidates, learn what is important to them, and where they stand on issues that are important to you.
Wednesday, the 31st: is Halloween. We will have a parade of costumes in the Dining Room at Lunch time. We will offer prizes for the prettiest, scariest, funniest, most unique, and the best sweater.
Wednesday, the 31st: Dementia Conversations When someone is showing signs of dementia, it’s time to talk. Often, conversations with family about changing behaviors can be challenging and uncomfortable. This program provides tips for breaking the ice with your family so you can address some of the most common issues that are difficult to discuss: going to the doctor for a diagnosis or medical treatment, deciding when to stop driving, and making legal and financial plans for future care. Brought to us by the Alzheimer’s Association Please sign up for this program, they need a count for enough handouts.

BLACK CAP GRILLE
Gibson Center Fundraiser
Tuesday, Sept 23 5-9:30 PM
Invite your family and friends
**SILVER LAKE LANDING APARTMENTS AVAILABLE FOR RENT**

We have immediate vacancies for a second floor, one bedroom apartment ($670/month), and a first floor, two bedroom apartment ($720/month). Rents include heat and hot water.

MUST be filled by a tenant with very low income (less than $28,250 annual for one person).

Please call Ken at the Gibson Center, 356-3231, ext. 112 for an application.

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**Dementia Conversations**

This program provides tips for breaking the ice with your family so you can address some of the most common issues that are difficult to discuss: going to the doctor for a diagnosis or medical treatment, deciding when to stop driving, and making legal and financial plans for future care.

Brought to us by the Alzheimer’s Association Please sign up. October 31st

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**Ongoing Weekly Programs**

**Monday:**
- 10:00 Tai Ji Quan Silver Lake Landing
- 10:30 Chair Exercise
- 12:30 FunDay Afternoon
- 3:30 Tai Ji Quan Better Balance

**Tuesday:**
- 10:00 Strength Balance & Stretch
- 12:00 Silver Lake Lunch

**Wednesday:**
- 10:30– 1:30 Wii
- 12:30 Game Day
- 12:30 Caregiver Peer Support

**Thursday:**
- 10:00 TJQ Silver Lake Landing
- 10:30 Chair Exercise
- 12:30 BINGO (first Thurs.)
- 12:30 FunDay Afternoon
- 3:30 Tai Ji Quan Better Balance

**Friday:**
- 10:00 Strength Balance & Stretch

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**Join us for lunch**

**Gibson Center,**

**Mon-Fri. 11:30am -12:15pm**

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**Beasley & Ferber, P.A.**

Estate Planning and Elder Law Wills, Trusts and Probate Avoidance Estate Administration and Guardianship Saving Assets from Nursing Home Stays

**CALL FOR A SCHEDULE OF FUTURE ESTATE PLANNING SEMINARS AT THE GIBSON CENTER**

Please call for information about future presentations 1-800-370-5010.

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**Mineral Springs of North Conway Care & Rehabilitation Center**

Offering quality nursing care and an assisted living environment to the North Conway area. (03860)

1251 White Mtn. Hwy N. Conway, NH

Call 603-356-7294

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2018 GIBSON CENTER CRAFTS AND ARTISAN FESTIVALS
Benefits the Gibson Center Meals On Wheels program.

Show hours 10 AM - 5 PM
Saturday & Sunday
October 6th & 7th

New England Crafters at their best! We have fine jewelry, photography, art, pottery, gourmet specialty foods, stained glass, doll clothes, kettle korn, clothing, quilts, pillows, woodcraft’s, Adirondack chairs, wood signs and furniture.

KUDOS - Donations
Shaw’s, Wanda Wirling
NH Food Bank
Catholic Charities of NH
Wal-Mart: Bob King
Phil Spinney
Old Village Bakery
Al Zaino: fix tables & food pantry
Sherman Farms
Veggie Volunteers
Timberland Home Care
Vaughan Community Services
White Mountain Milers
Joseph’s Spaghetti Shed: Beth & staff
Elaine Klement for poster
Vista Bev & Market: Shirley
The Comfort Inn: Bob Hotarek & staff

PROGRAM VOLUNTEERS
Wii, & Game Day set up: George LeBlanc
Book Cart: Barbara Rines
Belly Dance Instructor: Joanne Bailey
Tai Ji Quan & Knitting Club: Sandy Perry
FunDay Music: Lois Wright
Crafts & Pumpkin People: Elaine Klement
Caregiver Peer Support: Dom
Service Link: Karen Santuccio
M & D Production: Theatre tickets
Sing-A-Long & BINGO: Dick Vierus
Computer: Davis Fitch
SCAM Program: Sunny Mulligan, Melissa Smith, Joanne Duncan
Falls Prevention Day: Memorial Hospital, VNS, Lions, Sunshine Yoga, Joy Gagnon

GOLD’S OVER $1850/OZ
“WE BUY ALL GOLD & SILVER”
Platinum, Diamonds, Coins & Jewelry
Free Estimates
North Country Fair Jewelers “43rd year”
2448 White Mtn. HWY, No. Conway 356-5819
FREE ESTIMATES
2448 Main St., No. Conway 603-356-5819

Remember Gibson Center in YOUR WILL

ONLINE DONATIONS:
You can help our cause by donating at
www.gibsoncenter.org/and click on Donate Now button
Fryeburg Fair: Tues, Oct 2nd. Bus leaves at 9 and returns around 3. Donations accepted for bus, free admission for seniors at the gate.

Pumpkin People Tour: Thursday (FunDay) Oct 11th. Transportation will be a donation envelope. We will stop in Jackson for a treat so bring some money

Two Lights & Lobster Shack: Wed. Oct 17th. $18

Black Cap Grille: Tues. Oct 23rd, door to door service

Sinatra POPs: Sunday Nov. 4th. Bring bag lunch, bus 11:30AM

Vienna Boy’s Choir, Christmas in Vienna: Wed, Nov 28th bus 3PM. $70. dinner on own.

Indian Head, A Country Christmas and Christmas Buffet with Country Singer Jose Duddy: Fri, Nov 30th, board bus at 9:30AM. $54 covers transportation, buffet, tax, tip, 2 drinks and entertainment.


**UPCOMING OVERNIGHT PROGRAMS**
Please sign up for all programs: 603-356-3231.

**Tropical Costa Rica:** March 30-April 7, 2019 San Jose, Coffee Plantation, Guanacastem Monteverde Cloud Forens, Arenal Volcano, Larke Arenal Cruise, Cano Negro Refuge, Zarcero…and MORE! Passport needed. 9 Days, 13 Meals, $3349 ppdo Deposit Due

**Explore Tuscany:** October 12-20, 2019 Highlights: Montecatini Terme, Florence, Lucca, Gothic Line, Pisa, San Gimignano, Siena, Cooking Class, Choic of a Winery Tour or a Cheese Farm. Passport needed. 9 days $3299 ppdo


Adult & Pediatric Dermatology (978-610-3701) Glen Smith, is pleased to announce its opening at Huggins Hospital in Wolfeboro, NH! For an appointment, please call 603-569-3376.

Beasley & Ferber, P.A. (1-800-370-5010) David Ferber, estate planning including avoiding probate, protecting assets from nursing homes, avoiding state taxes, and elder law.

Chalmers Insurance (356-6926) Steve Cote, full line of personal and business insurance, including Long term care, life and annuities.

Coleman Alvin J. & Son (447-5936) 9 NH Route 113, Conway. General Contractor

Conway Eye Care (356-3000) 1319 White Mt. Highway Dr. Gary Cole & Associates, eye exams, surgical and medical eye evaluations, complete optical service with “on-site” laboratory.

First Allied Securities (356-9371) 3277 White Mt. Hwy. Investments including Stocks, Bonds, Annuities, Retirement, College Planning

Gamwell, Caputo & Co., PLLC (447-3356 or fax 447-6563) Dave Caputo, certified public accountants providing tax, accounting, and financial statement services for businesses, individuals, trusts and estates.

Granite State Independent Living (GSIL) (800-826-3700) www.gsil.org Donna Potter, Non-profit whose mission is to promote life with independence for Seniors & the disabled, to live as independently as they choose in their own homes. GSIL offers services including: info. and referral, personal care, helping with funding, transportation, counseling, respite for caregivers, etc.

Hill’s Florist and Nursery (356-5750) Brian Hill, Rt. 16, Intervale. Flowers for all occasions, trees, shrubs, perennials, annuals, balloons and gifts. FTD. 10% discount for Gibson members.

H.R. Hoyt Construction Inc. (447-2612) Conway, NH. Poured Concrete


Mount Washington Auto Road (466-3988) Howie Wemyss. Toll road to summit of the highest mountain in the North East.


NorthEast Auto Body (356-5808) David Smith, 530 Eastman Road, North Conway, N.H.

Notchland Inn (374-6131) Harts Location, NH Romantic dining and lodging.


Settlers Green Outlet Village (356-7031) over 60 stores. Every Tuesday is Senior discount day at participating stores.

The Hearing Aid Shop (603-356-0172) 1529 White Mountain HWY. Hearing Tests, Repairs, Cleaning & Batteries. Call for an appointment to hear how new technology can make your life sound amazing. Ask about our in-home demo program!

Timberland Home Care Inc. (603-447-3998) is a non-medical home care service provider to families in the Mt. Washington Valley and surrounding are as. As experienced home care providers we can provide short, long term & 24/7 multi-shift basis quality home care. Web site: timberlandhomecare.com; e-mail is: timberlandhomecare@live.com


White Mountain Hotel (356-7100) Gary Sullivan Wonderful place to go for lunch or dinner.

White Mountain Oil and Propane (356-6386) The Saunders Family, oil and propane, major appliances.