

# GIBSON TIMES

The Gibson Center for Senior Services, North Conway, NH

[www.GibsonCenter.org](http://www.GibsonCenter.org)

[info@gibsoncenter.org](mailto:info@gibsoncenter.org)

603-356-3231

## November 2018 Edition

### HELP THE CAUSE

You can help safeguard the future of The Gibson Center by donating. Go to [GibsonCenter.org](http://GibsonCenter.org) for more details

### FUTURE FUND RAISERS

Applebee's - 12/05

**Join us for lunch Monday - Friday 11:30 am to 12:15 pm**

### FEATURED FUNDRAISER



#### **Applebee's Fundraiser**

Wednesday, Dec 5th, 4-9:30 PM

Main St at Settlers Green,

North Conway, NH 03860

Bring family and friends!

### Neighbor to Neighbor

Do you have critical or necessary projects to be done to make your home safer or warmer for the upcoming winter? Do you have Autumn Yard Work?

Arrange for a visit by a Neighbor to Neighbor team member to evaluate your needs and to discuss how we might be able to help.

**Call 356-7827 (call today)**

**Please remember the  
Gibson Center in your Will**

## UPCOMING NOVEMBER EVENTS

**Thursday, the 1st:** Service Link Open Enrollment.  
Pick up a form in advance

**Sunday, the 4th:** The MWV Art Association will host guest speaker Jeanette Fournier, a watercolor artist who gradually grew her hobby into a full-time career as an artist. The public is welcome to view some of Jeanettes' work and hear her story. 1 PM at Gibson

**Wednesday, the 7th:** Join us for the movie Go In Peace. It will be shown before lunch at 10AM. The movie is about veterans and the traumatic soul distress they may have suffered. For veterans, for those who love or care for a veteran

**Thursday, the 8th:** Visit the new Ossipee Preserve Accessible Trail, after lunch.

**Friday, the 9th:** Nutrition Council, 9AM & **Honor Veterans in the Dining Room before Lunch.**

**Monday, the 12th:** Gibson Center closed for Veteran's Day

**Friday, the 16th:** Gibson Center Annual Meeting at 8:30AM & **no Strength, Balance, & Stretch.**

**Monday the 19th:** Blood Pressure screening, in the dining room from 11– noon.

**Monday, Tuesday, and Wednesday:** Thanksgiving Dinners with all of the fixings, served for lunch! sponsored by Shawn and Linda Bergeron in Memory of Mr. and Mrs. Harvey Bergeron and Dana Haley Sr.

**Thursday & Friday, the 22nd & 23rd:** closed for Thanksgiving Recess.

**Tuesday, the 27th:** DHHS is working on revising the State Plan on Aging and they want to have Listening Session after lunch at the Gibson Center. Please bring your ideas on what the Division of Health and Human Services can do to improve the lives of Carroll County seniors. The Gibson Center has been given a limited number of prime seating tickets. Please see Jill.

**Thursday, the 29th:** Service Link Open Enrollment.  
Pick up a form in advance.

The right  
bank makes  
a real  
difference

Click: [northwaybank.com](http://northwaybank.com)

Call: 800-442-6666

Northway  
BANK

Member FDIC

TIM DI PIETRO



Master Electrician

Free Estimates

NO JOB TOO SMALL

603-356-2248

Remember Gibson Center  
in YOUR WILL

APPLEBEE'S

Gibson Center  
Fundraiser

Wed, Dec 5th

4-9:30 PM

Invite your family  
and friends

## **SILVER LAKE LANDING APARTMENTS AVAILABLE FOR RENT**

We have immediate vacancies for a second floor, one bedroom apartment (\$670/month), and a first floor, two bedroom apartment (\$720/month).

Rents include heat and hot water.

MUST be filled by a tenant with very low income (less than \$28,250 annual for one person).

**Please call Ken at the Gibson Center, 356-3231, ext. 112 for an application**

### **Perpetual Red Bulb**

Remember special loved ones in your life this Holiday Season. Keep their memory bright by purchasing a \$50 perpetual red bulb that will be lit for a lifetime, or a one year bulb for \$10 to shine on the Gibson Center Memorial Tree Dec 1 through Jan 15  
Please call 356-3231.

## **BEASLEY & FERBER, P.A.**

Estate Planning and Elder Law Wills, Trusts and Probate Avoidance

Estate Administration and Guardianship  
Saving Assets from Nursing Home Stays

**CALL FOR A SCHEDULE OF FUTURE ESTATE PLANNING SEMINARS AT THE GIBSON CENTER**

Please call for information about future presentations **1-800-370-5010**.

## **Mineral Springs of North Conway Care & Rehabilitation Center**

Offering quality nursing care and an assisted living environment to the North Conway area.(03860)

1251 White Mtn. Hwy N. Conway, NH

**Call 603-356-7294**

## **ONGOING WEEKLY PROGRAMS**

### **Monday:**

10:00 Tai Ji Quan Silver Lake Landing  
10:30 Chair Exercise  
12:30 FunDay Afternoon  
3:30 Tai Ji Quan Better Balance

### **Tuesday:**

10:00 Strength Balance &Stretch  
12:00 Silver Lake Lunch  
12:30 Knitting Club at SLL  
12:30 Yoga with Dixie

### **Wednesday:**

10:00 Quilt Club (2nd & 4th weeks)  
10:30– 1:30 Wii  
12:30 Game Day  
12:30 Caregiver Peer Support

### **Thursday:**

9:00 Belly Dancing  
10:00 TJQ Silver Lake Landing  
10:30 Chair Exercise  
12:30 BINGO (first Thurs.)  
12:30 FunDay Afternoon  
3:30 Tai Ji Quan Better Balance

### **Friday:**

10:00 Strength Balance &Stretch  
12:30 Friday Painters (Jan-Apr)

**Join us for lunch  
Gibson Center,  
Mon-Fri. 11:30am -12:15pm**

## PERPETUAL RED BULB

Remember special loved ones in your life this Holiday Season. Keep their memory bright by purchasing a \$50 perpetual red bulb that will be lit for a lifetime, or a one year bulb for \$10 to shine on the Gibson Center Memorial Tree  
Dec 1 through Jan 15  
Please call 356-3231.

**GOLD'S OVER \$1850/OZ**  
**"WE BUY ALL GOLD & SILVER"**

Platinum, Diamonds, Coins &  
Jewelry  
Free Estimates  
North Country Fair Jewelers  
"43rd year"  
2448 White Mtn. HWY, No.  
Conway 356-5819  
FREE ESTIMATES  
2448 Main St., No. Conway  
603-356-5819

## PROGRAM VOLUNTEERS

Wii, & Game Day set up: **George LeBlanc**  
Book Cart: **Barbara Rines**  
Belly Dance Instructor: **Joanne Bailey**  
Tai Ji Quan & Knitting Club: **Sandy Perry**  
FunDay Music: **Lois Wright**  
Crafts: **Elaine Klement**  
Caregiver Peer Support: **Dom**  
Service Link: **Karen Santuccio**  
M & D Production: **Theatre tickets**  
Sing-A-Long & BINGO: **Dick Vierus**  
Computer: **Davis Fitch**

## **KUDOS - Donations**

Shaw's, Wanda Wirling  
NH Food Bank  
Catholic Charities of NH  
Wal-Mart: Bob King  
Phil Spinney  
Old Village Bakery  
Al Zaino: fix tables & food  
pantry  
Sherman Farms  
Veggie Volunteers  
Timberland Home Care  
Vaughan Community Ser-  
vices  
Elaine Klement for poster  
Jackson Elementary K Kids



Mount Washington Valley  
Adult Day Center  
Opening June, 2019

For More Information:

Visit Us Online  
[www.memorialhospitalnh.org/  
adulthoodcenter](http://www.memorialhospitalnh.org/adulthoodcenter)

Or Call Sue Ruka at  
603-356-5461, x2194

**Remember Gibson Center  
in YOUR WILL**

### **ONLINE DONATIONS:**

You can help our cause by  
donating at  
[www.gibsoncenter.org/](http://www.gibsoncenter.org/)and  
click on **Donate Now button**

## GIBSON CENTER DAY TRIPS

Please sign up for all programs: 603-356-3231.

**Election Day: Tuesday, November 6th.** Conway voters, meet after lunch at the Gibson Center for door to door transportation to the polls.

**Thursday the 8th:** Visit the new Ossipee Preserve Accessible Trail, after lunch.

**Vienna Boy's Choir, Christmas in Vienna:** Wed, Nov 28th bus 3PM. \$70. dinner on own.

**Indian Head, A Country Christmas and Christmas Buffet with Country Singer Jose Duddy.** Fri, Nov30th, bus at 9:30AM. \$54

**Victorian Mansion Christmas:** Tues, Dec 4th we will travel to Portland to see the Victorian Mansion all dolled up for Christmas. Afterwards you will have lunch on your own at the Olive Garden. 9-5. \$31

**Applebee's: Wed. Dec 5th.** Door to door service

**Magic of Christmas: Fri. 12/14.** 9-6. \$50. Lunch on own.

**Stonehurst: January 2, 2019** Van & Meal \$ 31. Meal alone \$28

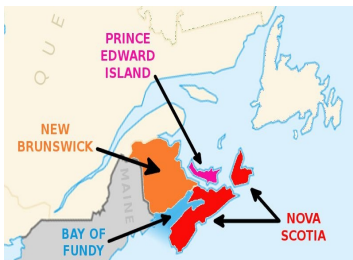
**Ice Sculptures: Monday, Jan 7th** at the Wentworth. 11-2:30 \$20 covers transportation, meal, tax and tip.

**Snow Sculptures: Monday, Jan 28th,** after lunch, bus donation, we will stop for cocoa so bring spending money.

## UPCOMING OVERNIGHT PROGRAMS

Please sign up for all programs: 603-356-3231.

**Explore Tuscany:** October 12-20, 2019 Highlights: Montecatini Terme, Florence, Lucca, Gothic Line, Pisa, San Gimignano, Siena, Cooking Class, Choic of a Winery Tour or a Cheese Farm. Passport needed. 9 days \$3299 ppdo



### **BUS TOUR Nova Scotia, PEI, New Brunswick & Maine:**

June 4-12, 2019, 14 meals, \$ 1168ppdo. Hopewell Rocks, Kings Landing. Peggy's Cove, Halifax, Lunenburg. Charlottetown, Saint John. Acadia National Park, Mt Desert. Includes: Bus, Insurance, Hotels, 14 meals

## Business Support Newsletter Listings

**Abundant Blessings Homecare, Inc** (603-473-2510, fax 603-522-9211) provides living assistance services for the aging in the comfort of your home. Services include: personal care, meal preparation, 24 hour care and more. Call to schedule a free home assessment. Visit us at [www.abundantblessingshomecare.com](http://www.abundantblessingshomecare.com).

**Adult & Pediatric Dermatology** (978-610-3701) Glen Smith, is pleased to announce its opening at Huggins Hospital in Wolfeboro, NH! For an appointment, please call 603-569-3376.

**Beasley & Ferber, P.A.** (1-800-370-5010) David Ferber, estate planning including avoiding probate, protecting assets from nursing homes, avoiding state taxes, and elder law.

**Chalmers Insurance** (356-6926) Steve Cote, full line of personal and business insurance, including Long term care, life and annuities.

**Coleman Alvin J. & Son** (447-5936) 9 NH Route 113, Conway. General Contractor

**First Allied Securities** (356-9371) 3277 White Mt. Hwy. Investments including Stocks, Bonds, Annuities, Retirement, College Planning

**Gamwell, Caputo & Co., PLLC** (447-3356 or fax 447-6563) Dave Caputo, certified public accountants providing tax, accounting, and financial statement services for businesses, individuals, trusts and estates.

**Granite State Independent Living (GSIL)** (800-826-3700) [www.gsil.org](http://www.gsil.org) Donna Potter, Non-profit whose mission is to promote life with independence for Seniors & the disabled, to live as independently as they choose in their own homes. GSIL offers services including; info. and referral, personal care, helping with funding, transportation, counseling, respite for caregivers, etc.

**Hill's Florist and Nursery** (356-5750) Brian Hill, Rt. 16, Intervale. Flowers for all occasions, trees, shrubs, perennials, annuals, balloons and gifts. FTD. 10% discount for Gibson members.

**H.R. Hoyt Construction Inc.** (447-2612) Conway, NH. Poured Concrete

**Memorial Hospital** (356-5461) The community hospital of Mt. Washington Valley. Your partner in good health.

**Mount Washington Auto Road** (466-3988) Howie Wemyss. Toll road to summit of the highest mountain in the North East.

**North Country Fair Jewelers** (356-5819) Brian Smith, Main St, N Conway. Diamonds, gold and silver jewelry, coins, pearls, watches, clocks and antiques. Repairs, appraisals, buy, sell and trade.

**NorthEast Auto Body** (356-5808) David Smith, 530 Eastman Road, North Conway, N.H.

**Notchland Inn** (374-6131) Harts Location, NH Romantic dining and lodging.

**Peking Sunrise Restaurant & Lounge** (356-6976) Lounge (356-3888) Jct. Routes 302 & 16 N Conway.

**Settlers Green Outlet Village** (356-7031) over 60 stores. Every Tuesday is Senior discount day at participating stores.

**The Hearing Aid Shop** (603-356-0172) 1529 White Mountain HWY. Hearing Tests, Repairs, Cleaning & Batteries. Call for an appointment to hear how new technology can make your life sound amazing. Ask about our in-home demo program!

**Timberland Home Care Inc.** (603-447-3998) is a non-medical home care service provider to families in the Mt. Washington Valley and surrounding areas. As experienced home care providers we can provide short, long term & 24/7 multi-shift basis quality home care. Web site: [timberlandhomecare.com](http://timberlandhomecare.com); e-mail is: [timberlandhomecare@live.com](mailto:timberlandhomecare@live.com)

**Varsity Beverage Conway** (447-5445) Distributor of Pepsi Cola, Schweppes, Dole Juices, Lipton Tea, Gatorade, Aquafina Water, Mountain Dew, Mug Root Beer, Frappuccino, and Hawaiian Punch.

**White Mountain Hotel** (356-7100) Gary Sullivan Wonderful place to go for lunch or dinner.

**White Mountain Oil and Propane** (356-6386) The Saunders Family, oil and propane, major appliances.

**Yankee Smokehouse Restaurant** (539-7427) Joseph Ferreira, Jct. Route 16 & 25 in West Ossipee. Real open pit barbecue.

# Please remember the Gibson Center in your Will