MayFest 2019

He’s back!! By popular demand, the amazing Jon Stetson will be headlining The Gibson Center’s Mayfest Gala and Auction coming up Sunday, May 5th at the famous Zip’s Pub at Cranmore Mountain in North Conway.

Jon does at least a couple of hundred shows a year and has more frequent flyer miles than a migrating hummingbird. He is known as America’s Master Mentalist, and if you’ve seen him perform, you know his performance is jaw dropping. We’re pleased to be hosted by Cranmore.

There’s plenty of parking, lots of room to move around and great food, plus cash bar. We will again have a mind boggling silent and live auction.

Save the date! Sunday, May 5th starting at 5:30 PM. Tickets are $30 per person and are available NOW at The Gibson Center. For more information, call us at 603-356-3231

April 16 Health Care Decisions Day - look for displays in town at local banks, businesses, libraries, Memorial and the Gibson Center for information, brochures and contacts for personalized appointments if desired. This is your way to ensure that your wishes for your health care will be followed, in the event that you are unable to express them.

100 Day Health Challenge - As part of the Age Friendly Initiative, the Memorial Hospital is offering a 100 Day Health Challenge. This will kick off on May 6th at the hospital, where the first participants will be given a pedometer. There will be information about healthy choices for our diet, exercise, and sleep patterns. The Gibson Center already offers healthy lunches, and exercise programs, but will step up and have a team that will meet most Fridays after lunch, and walk one of the 11 Age Friendly trails each week of the 100 Day Challenge. To help with parking, ride the Gibson bus to the kick off on May 6th, and join the fun walks after lunch on Fridays. Walking with buddies is more likely to be sustained, raises endorphins, and is more fun!

Adult Day Center, opening July 2019 - The Mount Washington Valley Adult Day Center will serve those with memory loss and cognitive and physical limitations, therapy, socialization, and assistance with personal care and bathing. Contact 603-356-5461 ext. 2194. for more info
UPCOMING APRIL EVENTS

Conway Residents, no bus to the polls on election day, order your absentee ballots today. Call 447-3822

April is one of our Go Green for Gibson Center months. We schedule a raffle for most Fridays, our second auction, is April 18th, a dessert auction, just in time for Spring gatherings.

Wednesday the 3rd Veterans’ Programs: Berlin Vet Center
Tuesday the 9th: Welcome Mineral Springs
Monday the 15th: David Smollen from the Conway Library, show us how to download books. Bring your device. 10 a.m.
Wednesday the 17th Veterans’ Programs: I remember
Wednesday, Thursday, the 17th-18th: We will celebrate Easter. Chef Rick will prepare a special meal. Easter dinner is sponsored by White Mountain Oil & Propane.
The Dining Room will be closed on April 25th. There will be Meals on Wheels.

Friday Painters: all are welcome to join the Friday Painters, after lunch at the Gibson Center. Bring your own supplies. Different topics each week. Hosted by MWVAA

CARE FOR THE CAREGIVER
Meet on Thursdays
12:30PM - 2:00PM
Meet with other caregivers
Learn tips to care for you!
Programs available with FunDay, 10:30AM

MWV Age-Friendly Community
The Gibson Center is excited to be the convener of The MWV Age-Friendly Community initiative. Check on our website for the details of the Goals, https://www.gibsoncenter.org/mwv-age-friendly-community

Remember Gibson Center in YOUR WILL

VETERANS COFFEE
First & Third Wednesday 10AM
Meet fellow veterans, learn about services available
Snacks!
ARE YOU ON THE LIST?

While there are currently no vacancies, we are happy to accept your name on our waitlist for our beautiful apartments on the shore of Silver Lake in Madison.

Please call Ken at the Gibson Center, 356-3231, ext. 112 for an application.

BEASLEY & FERBER, P.A.
Estate Planning and Elder Law Wills, Trusts and Probate Avoidance
Estate Administration and Guardianship
Saving Assets from Nursing Home Stays
CALL FOR A SCHEDULE OF FUTURE ESTATE PLANNING SEMINARS AT THE GIBSON CENTER
Please call for information about future presentations 1-800-370-5010.

Mineral Springs of North Conway
Care & Rehabilitation Center
Offering quality nursing care and an assisted living environment to the North Conway area.
1251 White Mtn. Hwy
North Conway, NH 03860
Call 603-356-7294

Remember Gibson Center in YOUR WILL

ONLINE DONATIONS:
You can help our cause by donating at www.gibsoncenter.org/and click on Donate Now button

ONGOING WEEKLY PROGRAMS

Monday:
AARP Taxes, call 211 for appointment
10:00 Tai Ji Quan Silver Lake Landing
10:30 Chair Exercise
12:30 FunDay Afternoon
3:30 Tai Ji Quan Better Balance

Tuesday:
AARP Taxes, call 211 for appointment
10:00 Strength Balance &Stretch
12:00 Silver Lake Lunch
12:30 Knitting Club at SLL

Wednesday:
10:00 Veterans Coffee (1st & 3rd weeks)
10:00 Quilt Club (2nd & 4th weeks)
10:30 - 1:30 Wii
Service Link, make appointment
12:30 Game Day

Thursday:
9:00 Belly Dancing
10:00 TJQ Silver Lake Landing
10:30 Chair Exercise
12:30 FunDay
12:30 BINGO (first Thurs.)
12:30 Caregiver Peer Support
3:30 Tai Ji Quan Better Balance

Friday:
10:00 Strength Balance &Stretch
12:30 Friday Painters (Jan-May)

Join us for lunch
Gibson Center,
Mon-Fri. 11:30am -12:15pm
PROGRAM VOLUNTEERS

Wii, & Game Day set up: George LeBlanc
Book Cart: Barbara Rines
Belly Dance Instructor: Joanne Bailey
Tai Ji Quan & Knitting Club: Sandy Perry
Veteran Group: Karen Umberger, Karen Cousins
Caregiver Peer Support: Dom, Jim & Charles
Service Link: Karen Santuccio
M & D Production: Theatre tickets
Sing-A-Long & BINGO: Dick Vierus
Blood Pressure: North Conway Ambulance
Crafts: Elaine Klement, Di Anne Chase

GOLD’S OVER $1850/OZ
“We BUY ALL GOLD & SILVER”

Platinum, Diamonds, Coins & Jewelry
Free Estimates
North Country Fair Jewelers
“43rd year”
2448 White Mtn. HWY, No. Conway 356-5819
FREE ESTIMATES
2448 Main St., No. Conway 603-356-5819

GIBSON CENTER DAY TRIPS
Please sign up for all programs: 603-356-3231.

NOAH Sight & Sound production/movie: Tuesday, April 9th 10am-6:30pm $35. Lunch on own at Cracker Barrel
Lucy Sugar Shack: Thursday, April 11th board the bus after lunch.
Museum of Dumb Guy Stuff: Wednesday, April 24th. 9am-6pm $22. Lunch on your own at the Dinnerhorn/Brattskeller.
Alvin Alley American Dance Theater : Wednesday, May 1st $83. Dinner on own.
Foot Loose: Friday, May 3. $40. dinner on own at Granite Steak & Grill
Joan Benoit Day at the SeaDogs baseball: Thursday, May 16th. $25 3PM
Arabian Nights: Saturday, June 1. $23. lunch on own at Granite Steak & Grill
Polly’s Pancakes & Lupine Trip: Tuesday, June 18th: 9am-5:30pm. $18. Harmons Cheese Shop, Sampler
OOB Concerts: 6/25 Carpenters, 7/9 Beatles, 8/13 Simon & Garfunkel. Save these dates

Mount Washington Valley Adult Day Center
Opening July 2019

For More Information:
Visit Us Online
www.memorialhospitalnh.org/adultdaycenter
Or Call Sue Ruka at 603-356-5461, x2194
UPCOMING OVERNIGHT PROGRAMS
Please sign up for all programs: 603-356-3231.


Explore Tuscany: October 12-20, 2019 Highlights: Montecatini Terme, Florence, Lucca, Gothic Line, Pisa, San Gimignano, Siena, Cooking Class, Choic of a Winery Tour or a Cheese Farm. Passport needed. 9 days $3299 ppdo


Cape Cod, Martha’s Vineyard, Rhododendron Garden: 400th Anniversary of Mayflower Landing May 4-8 2020. $550

ONLINE DONATIONS:
You can help our cause by donating at www.gibsoncenter.org/ and click on Donate Now button

Adult & Pediatric Dermatology (978-610-3701) Glen Smith, is pleased to announce its opening at Huggins Hospital in Wolfeboro, NH! For an appointment, please call 603-569-3376.

Assisted Living Locators 603-393-6452 Free Referral and placement services matching seniors with the best living solutions for them statewide.

Beasley & Ferber, P.A. (1-800-370-5010) David Ferber, estate planning including avoiding probate, protecting assets from nursing homes, avoiding state taxes, and elder law.

Chalmers Insurance (356-6926) Steve Cote, full line of personal and business insurance, including Long term care, life and annuities.

Coleman Alvin J. & Son (447-5936) 9 NH Route 113, Conway. General Contractor

First Allied Securities (356-9371) 3277 White Mt. Hwy. Investments including Stocks, Bonds, Annuities, Retirement, College Planning

Gamwell, Caputo & Co., PLLC (447-3356 or fax 447-6563) Dave Caputo, certified public accountants providing tax, accounting, and financial statement services for businesses, individuals, trusts and estates.

Granite State Independent Living (GSIL) (800-826-3700) www.gsil.org Donna Potter, Non-profit whose mission is to promote life with independence for Seniors & the disabled, to live as independently as they choose in their own homes. GSIL offers services including; info. and referral, personal care, helping with funding, transportation, counseling, respite for caregivers, etc.

Hill's Florist and Nursery (356-5750) Brian Hill, Rt. 16, Intervale. Flowers for all occasions, trees, shrubs, perennials, annuals, balloons and gifts. FTD. 10% discount for Gibson members.

H.R. Hoyt Construction Inc. (447-2612) Conway, NH. Poured Concrete

Maine Senior Insurance, LLC (800-430-1302) helping Carroll County seniors with Medicare insurance products since 2010. Please call for your no-obligation appointment. (800) 430-1302


Modern Woodmen of America is a member-owned fraternal financial services organization offering life insurance and annuities. Together with our more than 750,000 members, we’ve been touching lives and securing futures since 1883. Lauren O’Reilly, Financial Representative 603-733-6526.

Mount Washington Auto Road (466-3988) Howie Wemyss. Toll road to summit of the highest mountain in the North East.

MWV Concierge Grocery shopping, house/condo cleaning, show shoveling/plowing, errand running. 603-730-5255 or mwvconcierge@yahoo.com

North Country Fair Jewelers (356-5819) Brian Smith, Main St, N Conway. Diamonds, gold and silver jewelry, coins, pearls, watches, clocks and antiques. Repairs, appraisals, buy, sell and trade.

NorthEast Auto Body (356-5808) David Smith, 530 Eastman Road, North Conway, N.H.

Notchland Inn (374-6131) Harts Location, NH Romantic dining and lodging.


Settlers Green Outlet Village (356-7031) over 60 stores. Every Tuesday is Senior discount day at participating stores.

The Hearing Aid Shop (603-356-0172) 1529 White Mountain HWY. Hearing Tests, Repairs, Cleaning & Batteries. Call for an appointment to hear how new technology can make your life sound amazing. Ask about our in-home demo program!

Timberland Home Care Inc. (603-447-3998) is a non-medical home care service provider to families in the Mt. Washington Valley and surrounding are as. As experienced home care providers we can provide short, long term & 24/7 multi-shift basis quality home care. Web site: timberlandhomecare.com; e-mail is: timberlandhomecare@live.com


White Mountain Hotel (356-7100) Gary Sullivan Wonderful place to go for lunch or dinner.

White Mountain Oil and Propane (356-6386) The Saunders Family, oil and propane, major appliances.