

# Gibson Times

## Festival of Trees



## Greetings from the New Director: David Smolen

On November 8th, 2023, I accepted the position of Executive Director of the Gibson Center (Gibson) and I cannot be more excited to serve the community in this new capacity. My first day on the job is January 16th and I'm very much looking forward to getting started. Having served on the Board of Directors for the last four years, two as Treasurer, I know what an amazing organization I will be leading.

Gibson is characterized by a dedicated and high functioning staff who know their jobs well. We are blessed to be supported by an army of volunteers who do everything from helping run the Thrift Store to delivering Meals on Wheels and serving lunch in the dining room. By design and excellent recruiting, Gibson has a Board of Directors who are committed to a collaborative and supportive work environment that is based on trust and open communication. We have a wide range of collaborative relationships with numerous social service organizations that I look forward to continuing and further developing.

When I walk through the doors of Gibson I see a place buzzing with activity. Whether it is Meals on Wheels drivers getting ready to perform their route, people learning technology skills, taking an exercise class, or simply enjoying conversation and camaraderie at lunch, there is always something happy and positive taking place at Gibson.

I'm feeling so energized to begin working here. I love this place so much. Gibson has "filled my bucket" on more than one occasion. I look forward to coming here every day and feeling the love.

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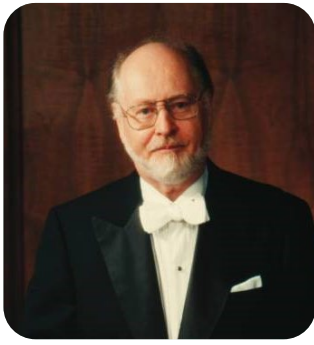
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# January Special Events



**John Williams Scores; Winter Movie Series**, the first and third Thursday after lunch, during winter. January 4th, **Star Wars A New Hope**, and on the 18th, **Raiders of the Lost Ark**.

Friday, the 5th, **we** will sing the **12 Days of Christmas**. We will do this before lunch, so you can choose to attend. We will have small groups of people who will sing their verse! I know, Fran Shore has already requested 5 Golden Rings! Arrive early to join the fun!



Monday, the 8th, **OLLI & Memorial Hospital Lunch n Learn. How to have a Fun and Active Winter!**

Wednesday the 10th we have again been invited to the **Red Parka Pub** for a steak or fish lunch. The cost is \$10, and a generous tip is suggested for the staff who volunteer to serve us. Please sign up, as the event is limited and sells out. **603-356-3231**.

Thursday the 11th: **Painting with Elaine Klement**. Please sign up. Small product fee. Space is limited. **603-356-3231**

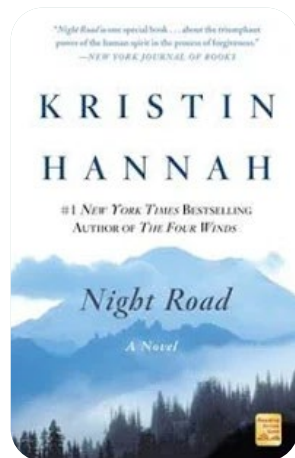
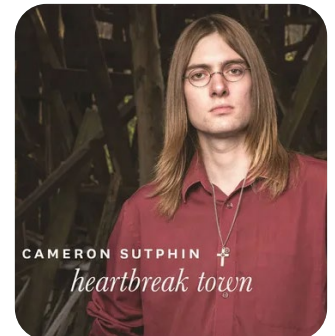
Monday the 15th: **Gibson Center Closed for Martin Luther King, Jr. Day.**



Wednesday the 17th: Art for Lunch, **Aaron Risi** will bring his story Moose with a Uke, and sing a few songs at Lunch.

Monday the 22nd, we will play **BINGO** after lunch. Please bring a prize for the table.

Tuesday the 23rd: Art for Lunch, **Cameron Sutphin** will perform original material and classic country and folk cover songs such as, The Times They Are A-Changin' (Bob Dylan,) Take Me Home, Country Roads (John Denver,) Where Have All The Flowers Gone (Pete Seeger,) Hallelujah (Leonard Cohen,) and Wake-Up Little Susie (Everly Brothers) as a solo acoustic act. Invite your family and friends to this extraordinary event!



Tuesday the 23rd: the **Gibson Center Book Club** will meet to discuss the book "Night Road" by Kristin Hannah . The books are in - please see Jill for a copy.

## Save these dates:

Chinese New Year, February 9th, Year of the Dragon!

Puzzle Party, February 12th (limited to 6 teams, \$10 per team) Must sign up by January 29th, so we can order the puzzles.

Gibson Book Club enters cupcake battle, February 25th. (limited \$12 tickets available).

Dine to Donate in February, at Tuckerman's Brewery, located on Hobbs Street in Conway.

# Virtual Performances being shown at Gibson Center

**Magic of Christmas:** December 28th.

**Christmas with Kennerly:** Enjoy the music of the season on the world famous Kotzschmar Organ! January 2nd.

**Winter Movie Series:** John Williams Scores. On first and third Thursdays, after lunch, we will show six of the movies for which John Williams composed the music. There will be a short introduction to some of the movies, where John used specific themes for certain characters, and general discussion about how the music adds to the mood of the movie. Following the series, participants have the option of traveling to the Portland POP's concert featuring the music of John Williams. (the concert is not virtual, and individual concert tickets are \$60).

**The Mighty Kotzschmar Organ!** in May.

The Gibson Center is offering these showings of a variety of concerts in our seven speaker activity room with a large screen for projection. These are live performances of the Portland Symphony. Programs must be ordered in advance, so please sign up at least one week before the event.



## Fun Programs, Classes, Trips, and Adventures

The Gibson Center has developed a huge menu of programs for seniors of all abilities and interest levels. Much of what we do has come directly from your suggestions, so keep them coming!



## Ongoing Weekly Programs

<b>Monday</b>	Chair Exercise FunDay Tai Ji Quan, Moving for Better Balance General 1:1 Computer Tutoring New to Medicare	10:30 AM 12:30 PM 4:00 PM By Appointment By Appointment
<b>Tuesday</b>	Strength, Balance & Stretch Joan Lanoie, Advanced Directive, 2nd week	10:00 AM By Appointment
<b>Wednesday</b>	Quilt 2nd & 4th weeks Gameday General 1:1 Computer Tutoring	10:00 AM 12:30 PM By Appointment
<b>Thursday</b>	State of NH Veterans Service, 1st & 3rd week Call for your appointment 603-624-9230 X 301 Strength, Balance & Stretch Afternoon rides 2nd & 4th or Movie Series 1st & 3rd Tai Ji Quan, Moving for Better Balance	By Appointment  10:00 AM 12:30 PM 4:00 PM
<b>Friday</b>	Computer Classes with Andrea Libby. Call Penny 603-356-3231 Chair Exercise Class Friday Painters, bring your own supplies	By Appointment  10:30 AM 12:30 PM



# Gibson Center

## Upcoming Day Trips

*For all bus trips, please sign up, and pay in advance. Call **603-356-3231**. Federal health precautions are followed on the bus. For Door to Door Transportation trips, you will be called with your individual pick up time, the day before the trip. Many venues will only hold tickets for so long. Please indicate your interest, so we can reserve tickets.*

**All trips this season have reduced rates due to the generosity of program sponsors.**

Monthly trip to the **Humane Society, to socialize Cats**, first Wednesday each month, after lunch.

**First Friday Concerts at the Majestic.** We'll head over after lunch, most months. January 5th-performer TBD. Donations accepted for the performance.

We will visit the **Brownfield Market** on Tuesday, January 16th. They have amazing produce! Bring your own bags.

**Christmas Party at the Stonehurst:** Wednesday January 3rd. Three Course Dinner (3 entree options), includes tax, tip and the bus for \$55. Drive yourself for \$50. Must sign up 603-356-3231 by December 29th.

**Ice Sculptures in Jackson** after lunch on Tuesday, the 9th. We will drive by the creative works and stop for cocoa on your own. Bus donation.

**Red Parka Pub,** January 10th. Sharon will pick up the regular bus riders for the lunch. If there are people who do not want to have to worry about parking, you can park at Gibson at 11AM and be dropped at the front door of the Pub. You must sign up for this event and trip. \$10.

**Kennett High Drum Line:** Friday the 12th. Home pick ups, and a drop off at the front door of the school. Bus donation, pay your own entrance to the show.

**Anna Lee Ski Doll Display:** Friday the 19th. After lunch we will head to the ski museum to view the special display. Leave from Gibson Center, home drop offs after. Donations for both the bus and ski museum.



**Tap, Tap, Jazz** Saturday January 27th. \$30 for the show and transportation. Late lunch on your own at the Foreside Tavern after the show (bring a bag lunch to eat before the show).

**Snow Sculpture** January 29th. We will travel to Great Glen to walk around the snow sculptures. We will stop on the way home for cocoa. Bus by donation, snack on your own.



**KHS Art Event! Friday,** February 16th. Home pick ups, and a drop off at the front door of the school. Bus donation, pay your own entrance to the show.

**Johnny Cash: The Official Concert Experience:** 3/8/24 \$85. We have enough registrants to obtain the group rate and we are down to the last 2 seats on the bus.

**John Williams POP's Concert:** 4/7/24 \$60. We've been given another month to generate interest. Please sign up today. This program meshes with the Winter Movie Series.



POP's Concert

# MWV Age-Friendly Community January 2024

News from the Transportation Domain – Chairman Scott Boisvert – [sboisvert@tccap.org](mailto:sboisvert@tccap.org)

There are three new supports to transportation successfully running in the Valley. The Free Vehicle Inspection and Repair program that offers an inspection and up to \$1000 of repairs to safely keep workforce vehicles on the road is coordinated by the MWV Chamber of Commerce and partners with Bellen's Service Center in Conway. Application is easy and encouraged by calling Michelle or Lisa at [603-356-5701](tel:603-356-5701). To date, over 45 people have benefitted from the program.



Scott Boisvert

in Conway has finished over 50 bikes that have been distributed to Children Unlimited, Angels and Elves, Northern Human services and to twenty J1 international student workers. Follow along on Facebook at <https://www.facebook.com/profile.php?id=61552469866030&mibextid=kFxxJD>

A new on-demand service called "At Your Service Transportation" has opened for individuals who do not meet RSVP or Gibson Center eligibility. Call [603-726-6624](tel:603-726-6624) to make arrangements.



The second remarkable project is Carroll County ReCycled Bike Coop that is taking in donated bicycles and having them refurbished and returned free to those in need. Carroll County Adult Education is holding certified classes in Master Bike Technician training at the Carroll County jail for eligible inmates who will graduate with a Master Bike Technician Certificate and receive a bike. Two have graduated already. Similarly, MWV Career & Technical Center @ Kennebec HS students will be earning their certificate. And in the meantime, The Bike Shop

## Gibson Globetrotters: Overnight Trips

Please sign up for all programs: [603-356-3231](tel:603-356-3231). Collette has a fantastic insurance policy, one can cancel up to 24 hours before the trip

### 2024 Trips with Collette Tours



**Spotlight on South Dakota:** September 13-19, 2024. Six nights in Rapid City with day tours to Mt. Rushmore, Crazy Horse, Bad Lands, Devils Tower, Wall, Deadwood, as well as a lot of wild life along the way. [Link to the Flyer](#)

### 2024 Trips with Diamond Bus Tours

**Ottawa Tulip Festival, Montreal, Quebec:** May 19-24, 2024. \$1165 ppdo. Visit the highlights of each city, including a cruise on the Saint Lawrence, and the Tulip Festival. 2 hotels, 10 meals. Passport needed. **We are now collecting deposits for the trip.** [Link to the flyer](#)



**The Ark Encounter & Creation Museum:** October 20-26, 2024. \$965ppdo. Spend a day touring the life size recreation of Noah's Ark, built to the specifications in the Bible! Also visit the Creation Museum, and the Cincinnati Museum in Ohio. [Link to the flyer](#)

# Ongoing Services From the Gibson Center

- **Senior Resource Navigator – Renee Wheaton** helps with troubles like how to apply for government assistance, renew a driver's license, access care or arrange for home services, find durable medical equipment, or the like. Reach her directly at **603-205-0909** or by calling the Gibson Center
- **Personalized Medicare Counseling – Ele Border** is a Certified SHIP (State Health Insurance Assistance Program) counselor who explains in an unbiased, unaffiliated and pleasantly educational manner the differences between Original Medicare and Advantage Plans, financial assistance programs, late enrollment penalties, and deferring enrollment. Also, Ele provides Open Enrollment assistance from October 15th through December 7th when Medicare beneficiaries have the opportunity to change Prescription Drug Coverage (part D plans). Please call **603-356-3231** to schedule your personal appointment with Ele.
- **Computer Tablet and Chromebook access** – We can offer free Tablets and Chromebooks thanks to generous grants from Spectrum, Charter Communications Digital Education Grant – while supplies last.
- **Computer Training – Andrea Libby of Libby Computer:** Fridays 9:00 AM - 12:00 PM and our volunteer experts Mondays and Wednesdays 9:00 AM - 12:00 PM - all offer 1-1 training for beginners or more advanced users. Skills training can include setting up email, Zoom, searches, learning how to access medical practice portals for appointments, labs and questions, how to make and participate in Telehealth appointments, online job applications, how to prevent scams and fraud, and smartphones, cameras, photos and games. Call **603-356-3231** to sign up for tutoring.
- **Advanced Care Planning – Joan Lanoie.** Understand and get help with writing down your options for end-of-life care and making your wishes known. Joan Lanoie can help explain the nuances and implications while also providing helpful advice for family members. Appointment made by calling **603-356-3231**.
- **Veterans' Administration Benefits Counseling** – Counselors come the 1st and 3rd Thursday of each month from 9AM to 3PM by appointment to provide consultation regarding Veteran's Benefits. Call **603-624-9230, ext. 301**, or email **Jay.Davis@va.gov** to request an appointment directly.
- **Finding Reliable Health Information – Dr. Charles Felton** is a retired pulmonologist who can help you find reliable healthcare websites and research. He can help interpret medical information and misinformation. He will not be acting as a medical provider but be your advocate and guide. Fridays 1:00-3:00 by appointment by **603-356-3231**
- **Stay Warm, Safe and Dry - Home Modification:** Valley homeowners who need a reliable, licensed contractor to help with small modification projects to improve the safety, warmth or tightness of their homes can call Renee Wheaton, who will coordinate with our contractor, Adam Balodis. Sample projects include replacing or repairing porch steps or railings, installing grab bars, improving lighting, changing out air filters, installing smoke or CO alarms, installing ramps, or other repairs that increase health and safety. This is not an emergency service but one that will be available by request and subject to scheduling Renee can be reached by calling the Gibson Center at **603-356-3231** or email Renee Wheaton at **staywarm@gibsoncenter.org**





# Seasonings from Becky in Nutrition

Hello from the Nutrition office! Welcome to 2024! While your life might look different now than it did when you were younger, it's never too late to set goals and improve yourself. These three New Year's resolutions ideas for seniors will prove that you don't ever have to settle for things the way they are.

## 1) Eat well and stay hydrated!

Your health matters now more than ever. Adding more nutrient-dense foods to your diet can help you feel better and have better energy. Focus on consuming high-fiber fruits, vegetables, and whole grains, along with nuts and low-fat dairy and leaner cuts of meat. Limit your consumption of fatty meat, sugar, butter, salt, and pre-packaged foods.

## 2) Move joyfully!

Find a method of movement or exercise you truly enjoy, and incorporate it into your daily habits. Physical activity is especially important for older people as it supports heart health, strengthens joints, and reduces the risk of injury from falls. *(We offer some great classes here at the Gibson Center that are perfect for those new to exercise!)*

## 3) Stay Social!

The importance of social interaction for older adults cannot be overstated. Loneliness is known as a "silent killer" of seniors. Stay connected with family members and reach out to your friends – it's never too late to make new ones! Come and join us for a lunch, stay for a game day, join in on a trip and you'll have a great time.

**Bon Appetite! –Becky**



# Santa Gift Exchange: A Day of Fun



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## A Reminder - Mountain Top Music provides Discount to Gibson Patrons



Mountain Top Music is generously offering a **15%** discount for Gibson Center patrons on tickets to their produced performances in the Majestic Theater in Conway Village. To take advantage of this discount, mention Gibson Center at the door when purchasing tickets in person or call the theater at **603-447-4737** and talk to Kate when purchasing advance tickets. This applies to all Gibson Center patrons, staff and volunteers.

Of great interest are the First Friday performances every month at 1 PM. All first Friday concerts (first Friday of every month) are by donation - pay what you can.

Details at [conwaymajestic.com/concerts](http://conwaymajestic.com/concerts). When possible, Jill will be providing bus transportation to these Friday afternoon concerts – check our calendar.

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## Preview of OLLI classes at Open House

**Wednesday, January 24, 2024 from 10:30 a.m. to 12:00 p.m. – Journey Church**

**15 Hutchins Drive, Conway New Hampshire**

There will be an Open House event to learn about OLLI and classes being offered this spring. You can also learn about becoming a member, social events, and other opportunities available for older adults who enjoy lifelong learning!

Registration for the spring semester starts February 5, 2024. Classes run from late February to June. The Gibson Center is offering 20 free memberships that can be obtained by talking with Jill. There are classes in history, travel, crafts, fitness, wellness, nature and more! You can learn more online at <https://www.unh.edu/olli/courses-events>

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## Fuel and Electricity Assistance

**New Hampshire Fuel Assistance Program (FAP)** This program helps vulnerable Granite State families with their heating bills. Last winter, the program provided benefits to more than 29,500 households. With 25,000 applications already received, there is still a great need for assistance with the cost of heating. Known in Washington as the Low-Income Home Energy Assistance Program or LIHEAP, the Fuel Assistance Program aids New Hampshire families and seniors whose annual household income is at or below 60% of the State Median Income, the highest amount allowed by federal statute. For a family of four this year, that means an annual maximum income of \$80,069. For a single person household, the maximum income is \$41,635.

**Electric Assistance Program:** The New Hampshire Electric Assistance Program (EAP) gives eligible customers a discount on their monthly electric bills. The discount is from 8%-76% on your gross household income size and electricity usage. Residents of Carroll County visit

### **Tri County CAP**

448 White Mountain Highway

Tamworth, NH 03817

1-603-323-7400

Email: [carrollcc@tccap.org](mailto:carrollcc@tccap.org)



## Quote of the Month

*I can't say enough about how helpful Penny is in arranging all my appointments, mailing out the required forms, contacting anyone who requested an appointment but who does not have email for reminders. She is determined to get people what they need." Combined comments from Ele Border, Andrea Libby and Renee Wheaton*

## New to Medicare – Individual Counseling

**New to Medicare returns.** Anyone turning 65 has to make informed decisions about Medicare enrollment. It can be a daunting experience. Let Ele Border introduce you to your options in an unbiased, unaffiliated and pleasantly educational manner. She is meeting with individuals or couples for counseling sessions. All people turning 65 have 6 months to sign up for Medicare (3 months before and the three months after one turns 65) without a penalty in the future. She can explain your options and how to understand the differences between Medicare Advantage Plans and traditional Medicare. Please call [603-356-3231](tel:603-356-3231) to schedule your personal appointment with Ele. **We are now making 2024 appointments.**



## Computer savvy volunteer needed 4-6 hours a month

Our digital literacy and our New to Medicare services are growing and reaching capacity. To accommodate more visits, it would be very helpful to have a volunteer who would be able to help individuals establish online accounts for Social Security, Medicare and medical portals. Having these in place will allow Ele Border to move more quickly into the New to Medicare counseling and not be waiting on hold! If you are interested, please call [603-356-3231](tel:603-356-3231) and ask for Becky.

### Our Business Supporters



Locally Owned / Caring Pharmacist  
3631 White Mt Highway, North Conway  
603-730-5432



**Nancy M. Cavalieri, CFE**

Landline (603) 323-7557  
Cellphone (603) 986-3836  
[nancymcavalieri.cfe@gmail.com](mailto:nancymcavalieri.cfe@gmail.com)

#### Elder and Probate Accounting

Organize financial documents  
Pay bills, make deposits, reconcile accounts,  
Sort records for year-end tax preparation  
Verify medical insurance documents and claims  
Help with paperwork for agencies, associations,  
medical or benefit groups

#### Certified Fraud Examiner

Fraud Detection, prevention, investigation and  
Litigation support



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home builder in Mount Washington  
Valley. Excavation, pre engineered  
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We work hand in hand with you to bring  
your vision to life



#### BUILT BEST.... BY DESIGN

Design/Build consultations in house.  
Free estimates on your design plans.  
(603) 356-6351

## Arts for Lunch

The Gibson Center is open for different groups and individuals to share a short performance during our lunch time. We have had numerous musicians, authors, and an interpretive book read.



This month we have two entertainers coming to visit. On Wednesday the 17th, Aaron Risi will share his music and book *Moose with a Uke*.



On Tuesday the 23rd, Nashville singer Cameron Sutphin will share his own music, as well as covers of country and folk favorites. Invite your friends, as the Arts for Lunch is always entertaining.

## Silver Lake Landing Apartments



Located on the shore of Silver Lake in Madison, NH. Vacancies occur occasionally, call Ken to inquire or to be put on the waiting list

**Contact Ken: 603-356-3231, Ext 112**



**Photo from Cookie Painting**

## Our Business Supporters

The right  
bank makes  
a real  
difference

Click: [northwaybank.com](http://northwaybank.com)

Call: **800-442-6666**

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**BEASLEY & FERBER**  
*The Elder and Disability Law Firm*

Estate Planning and Elder Law Wills,  
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Saving Assets from Nursing Home Stays



**CALL FOR A SCHEDULE OF FUTURE  
ESTATE PLANNING SEMINARS AT THE  
GIBSON CENTER**

Please call for information about future  
presentations

**1-800-370-5010**



# Care Givers

There are now three options for caregivers who would like some added support, REACH, a Zoom meeting, and 1:1 Peer Support. Call Jill if you are interested.

**REACH:** stands for Resources for Enhancing Alzheimer's Caregiver Health in the Community. Caregivers will meet with trained coaches and learn to solve common caregiver challenges. Meeting options are currently in-person one-to one coaching or via phone or ZOOM. REACH is funded in part thru Administration on Community Living grant #90ADPI0060.

**Caregiver Peer Support:** There are caregivers who have probably experienced your challenges and can offer a non-judgmental ear. Currently caregivers prefer phone calls so they can keep their loved ones safe.

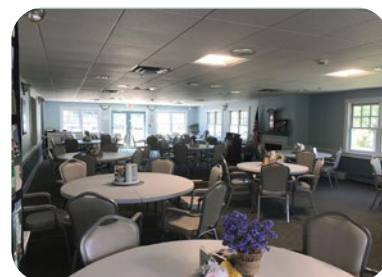
**Late Night Zoom Meeting:** We realize that many caregivers do not have the luxury of attending a meeting during the day. We are looking to host a later in the evening meeting via zoom for those caregivers who can not leave their homes for meetings. Please contact Jill for more information, [jill@gibsoncenter.org](mailto:jill@gibsoncenter.org).

## Reserve the Sprague Dining Room for your meetings – Online

The beautiful Sprague Dining room and the Glenna Mori Activity room can be reserved for members of the Valley to use for meetings and activities. Reservations for the Dining room can be easily made for available times by going to our website,

<https://www.gibsoncenter.org/product/sprague-dining-room/>

**SPRAGUE DINING ROOM:** The 65-seat dining room (without kitchen) is available from 8:00-10:00 am weekday mornings and again from 1:00-4:00 in the afternoon and some evenings or weekends by special arrangement. Our calendar of available times and room policies are posted on the website under Book a Room. There is a nominal fee of \$35 for the Dining room that may be waived for non-profits. We hope you will come enjoy the central Valley location, parking, and congenial facilities for your organization meetings, presentations, family gatherings or club events.



**GLENNA MORI ROOM:** The Activity Room is a 70-person seating capacity program room with projector and 7 high-quality stereo surround-sound speakers or can be used by up to 20 people for exercise and dance. Our fee is \$25 and may be waived for non-profits. The Activity Room can be requested by completing an inquiry form with a response time of 3 business days as we check for availability of this much used space. Online go to <https://www.gibsoncenter.org/glenna-mori-activity-room/>

### TIM DI PIETRO



- Residential Electrician
- Electrical Repairs
- Electrical Upgrades
- Commercial Electrician

NO JOB TOO SMALL

**603-356-2248**

Our Business Supporters



2448 Main Street  
North Conway, NH 03860  
603.356.5819

[info@northcountryfairjewelers.com](mailto:info@northcountryfairjewelers.com)



# Photos from recent Trips and Events

**Trips:** Festival of Trees, American Legion Fish Fry

**Events:** Christmas Dinners, Dean Phillips visit





# Kudos - Donations

The many people who have called us and offered help! This is such a wonderful community!

**Christmas Lunches: White Mountain Oil & Propane.**

**K Kids: Christmas Cards, Christmas Centerpieces.**

**Santa & the Claus Family: Marshall Allan and the Owens Family**

**American Legion Post 46: Fish Fry!**

**December Stone Mountain Door Prizes: Working Theory Foundation**

**Altrusa: 2nd Tuesday volunteers**

**Conway Area Humane Society**

**The Gibson Center Trip Angels**

**Majestic Theater/Mountain Top Music 15% off**

**M&D Theater**

**Little Angel Service Dogs**

**Book Club: Pamela Memmolo, Conway Public Library,**

**The Dining Room volunteers, for making us feel special**

**Vaughn Community Services Food Pantry & Jennifer**

**Shaws, Wanda Wirling**

**NH Food Bank**

**Catholic Charities of NH**

**Wal-Mart; Phil Spinney**

**Old Village Bakery**

**Local Radio Stations:**

**Easy 95.3 WBNC, 93.5 WMWV, 104.5 WVMJ - Magic.**



American Legion: Fish Fry



Altrusa Volunteers



Santa Family, Owens



K Kids Cards

# Our Business Supporters Newsletter Listings

**Beasley & Ferber, P.A.** (1-800-370-5010) David Ferber, estate planning including avoiding probate, protecting assets from nursing homes, avoiding state taxes, and elder law.

**Chalmers Insurance** (356-6926) Steve Cote, full line of personal and business insurance, including Long term care, life and annuities.

**Coleman Alvin J. & Son** (447-5936) 9 NH Route 113, Conway. General Contractor

**First Allied Securities** (356-9371) 3277 White Mt. Hwy. Investments including Stocks, Bonds, Annuities, Retirement, College Planning

**Gamwell, Caputo & Co., PLLC** (447-3356 or fax 447-6563) Dave Caputo, certified public accountants providing tax, accounting, and financial statement services for businesses, individuals, trusts and estates.

**H.R. Hoyt Construction Inc.** (447-2612) Conway, NH. Poured Concrete

**LA. Drew Inc** (356-6351) has been a leading contractor in the Mount Washington Valley since 1969. Working with homeowners and architects, we can help you build your dream home from the ground up.

**Maureen Cason Hanlon, LICSW** (730-5722) 13 NH Route 16A, Intervale, NH: Counseling services for adults and elders.

**Memorial Hospital** (356-5461) The community hospital of Mt. Washington Valley. Your partner in good health.

**North Country Fair Jewelers** (356-5819) Brian Smith, Main St, N Conway. Diamonds, gold and silver jewelry, coins, pearls, watches, clocks and antiques. Repairs, appraisals, buy, sell and trade.

**NorthEast Auto Body** (356-5808) David Smith, 530 Eastman Road, North Conway, N.H.

**Northeast Delta Dental** delivers quality dental insurance products and services to individuals and families, and groups of all sizes. We work hard to make dental care more affordable and available to the public.

**Notchland Inn** (374-6131) Harts Location, NH Romantic dining and lodging.

**Settlers Green Outlet Village** (356-7031) over 60 stores. Every Tuesday is Senior discount day at participating stores.

**Varsity Beverage Conway** (447-5445) Distributor of Pepsi Cola, Schweppes, Dole Juices, Lipton Tea, Gatorade, Aquafina Water, Mountain Dew, Mug Root Beer, Frappuccino, and Hawaiian Punch.

**White Mountain Oil and Propane** (356-6386) The Saunders Family, oil and propane, major appliances.

**Yankee Smokehouse Restaurant** (539-7427) Joseph Ferriera, Jct. Route 16 & 25 in West Ossipee. Real open pit barbecue.

## Donate to The Gibson Center

### Ways to Give

1. Make it VIBRANT: One time or monthly recurring donation
2. Make it ABUNDANT: Honor or memorial gift, abundance guild
3. Make it LAST: Legacy honor society member, planned giving, charitable bequests, IRA charitable rollover, give appreciated stock, name a charity as the beneficiary of your retirement account

### Donation Link

<https://www.gibsoncenter.org/donations-ways-to-give/>

Gibson Center is a 501(c) (3) and donations are tax deductible & our EIN is 02-0351152.

