

Gibson Times



Proudly Serving
Older Adults Since 1979

Easter Lunch Dining Room



Director Message: Spring Appeal

This month we will mail about 1,400 letters asking our community of donors to make a gift to the Gibson Center. These funds significantly contribute to our ability to be the well rounded and modern organization the community has come to expect.

While some Meals on Wheels providers have a wait list, we never have one and that is in part due to the support we receive from individual giving. This year we are contracted with the State of NH to provide 46,000 meals but we are going to blow way past that and end up with about 56,000 for the year. The real cost of each meal is only partially covered by our contract. Gifts from donors help us make up the difference between the real cost and what we are paid by the State.

When you get that letter I hope you all reply with a check as soon as possible. If you would like to make a donation before the letter arrives, you can do so at gibsoncenter.org.

Upcoming Fundraisers

Fight Hunger Bag Month at Hannaford

Our local Hannaford is excited to announce that **Gibson Center for Senior Services** has been selected again as a nonprofit partner in the **Hannaford Community Bag Program**.

The Gibson Center will receive \$1 for each \$2.50 reusable Community Bag sold **during the month of May 2025** at our local Hannaford **32 Mountain Valley Blvd., No. Conway NH 03860**.

Save these dates:

- **NH Gives**, 5PM June 10 through 5PM June 11, 2025 [click here to donate](#)
- **Black Cap Grille**, June 12th.
- **FlatBread Community Bake**, August 26th.



Highlights

Page 2

Special Events
happening throughout
month of May

Page 3

Discussion About Communi-
ty, Resilience, and Belonging
Ongoing Weekly Programs

Page 4 & 5

Day Trips
Craft Fairs
Overnight Trips

Page 6 & 7

Ongoing Services
Nutrition Tips

May Special Events

Spring Movie Series: **Leading Men Through the Decades**

- May 1st, **One-Eyed Jack**, A 1961 film, starring Marlon Brando (who also directed) and Karl Malden
- May 15th, **Raiders of the Lost Ark**, starring Harrison Ford THE star if the 80's

Friday the 2nd, is the day before the Kentucky Derby, **wear a hat to lunch** today! We will parade in the dining room and offer prizes for the most unique, most "Derbyish", and most colorful.

Monday the 5th we will meet for our **Boston Pre-Trip Talk**. Please bring your emergency contact information, your car license plate number, and you will receive the itinerary, and luggage tags. If you can not attend this event, please make an appointment to exchange information jill@gibsoncenter.org.

The DellaValla Trio will be here for their last concert during the school year on Wednesday the 7th. People will want to arrive early for this special event.

Thursday the 8th, we will start a painting of a sunflower, in our **Art with Elaine** class. Please register for this class by Monday the 5th. \$5 materials fee.

Friday the 9th, we will honor the ladies. The kitchen crew will create something special in honor of **Mother's Day**.

Red Parka Pub lunch, dining room closed Tuesday the 13th

Wednesday the 14th, You will have an opportunity to experience the **Virtual Dementia Tour** after lunch. While this program was developed to offer a window into what a person with dementia experiences, it can also offer insight into what people with some sensory challenges may face. (do you know someone with hearing loss, or vision challenges, this will help you experience life as they do.) Please register for this experience, **603-356-3231**

Hearing for Life Tuesday the 20th, a paid sales presentation, offering introductory hearing tests. Please sign up for your screening by calling **603-356-4800**.

Memorial Day lunch, Friday the 23rd, We often have cookout style food, served in the dining room. Maybe a couple of patriotic songs before lunch. I am always chilled by the Table for the Missing Man.

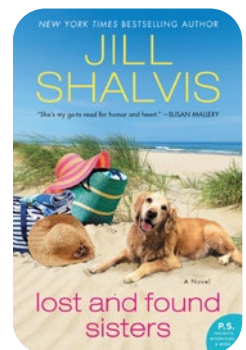
Gibson Memorial Day Craft Fair, on the front lawn, Saturday May 24th, 10-5 and Sunday May 25th 9-4.

Gibson **Book Club** will meet after lunch on Tuesday the 27th. We will discuss the book **Lost And Found Sisters** by Jill Shalvis.

Carmina Burana Virtual concert, filmed in Portland, and shown at Gibson Thursday the 29th after lunch. Sponsored by the Program Angels.

Looking ahead to JUNE

- Age Friendly Walks, Mondays at 9AM, be on the lookout for the list of meeting places on the [Gibson Webpage](http://www.GibsonCenter.org) calendar.
- Friday June 6th, Volunteer Appreciation. Dining Room Closed.
- Father's Day lunch on June 13th
- Gibson Closed on Thursday June 19th
- Longest Day, Friday June 20th, dessert auction, Lawn games.
- Summer Camp Pen-pal visits start the week of 30th June



Join A Discussion About Community, Resilience, and Belonging

The Gibson Center for Senior Services invites the community to a Community Conversation on Wednesday, May 7, 2025, from 6 PM to 7:15 PM. Hosted by the New Hampshire Community Development Finance Authority (CDFA) and New Hampshire Humanities (NHH), this dynamic discussion will explore what community means for North Conway and the Mount Washington Valley, how people connect, and how shared ideas can shape the region's future. All are welcome to attend.



As the Mount Washington Valley grows and evolves, this event provides an opportunity for community members to come together and reflect on their community's past, present, and future. Facilitated by Damian Costello and Cindy Pulkkinen, the conversation will explore themes of community identity, resilience, access to shared spaces, and the role of community centers in fostering belonging. Artist Marek Bennett will illustrate the key themes from the conversation, creating a graphic recording of participants' insights.

Doors open at 5:30. Sandwiches and salads from Big Dave's will be served.

To register for the event visit gibsoncenter.org.

Fun Programs, Classes, Trips, and Adventures

The Gibson Center has developed a huge menu of programs for seniors of all abilities and interest levels. Much of what we do has come directly from your suggestions, so keep them coming!



Ongoing Weekly Programs

Monday	Chair Exercise	10:30 AM
	FunDay	12:30 PM
	Tai Ji Quan, Moving for Better Balance	4:00 PM
	New to Medicare; call for an appointment	By Appointment
	1:1 Computer Lessons	By Appointment
Tuesday	Strength, Balance & Stretch	10: 00 AM
	Joan Lanoie, Advanced Directive, 2nd Tuesday	By Appointment
Wednesday	Claiming Our Vitality	10:00 AM
	Quilt 2nd & 4th weeks	10: 00 AM
	Gameday	12:30 PM
	Ballroom Dance Class	4:00 PM
Thursday	State of NH Veterans Service, Call for your appointment 603-624-9230 X 301	By Appointment
	Strength, Balance & Stretch	10:00 AM
	Movie Series 1st & 3rd weeks	12:30 PM
	Elaine's Art Classes 2nd week	12:30 PM
	Tai Ji Quan, Moving for Better Balance	4:00 PM
Friday	Computer Classes call for an appointment	By Appointment
	Chair Exercise Class	10:30 AM
	Friday Painters, bring your own supplies	12:30 PM

Gibson Center Upcoming Day Trips

For all bus trips, please sign up and pay in advance. Call **603-356-3231**. Federal health precautions are followed on the bus. For Door to Door Transportation trips you will be called with your individual pick up time the day before the trip. Many venues will only hold tickets for so long. Please indicate your interest, so we can reserve tickets.

All trips this season have reduced rates due to the generosity of program sponsors.

Monthly trip to the **Humane Society to meet and socialize Cats**. First Wednesday each month, after lunch.

First Friday Concerts at the Majestic. Donations accepted for the performance.

We will visit the **Brownfield Market** after lunch on May 9th. They have amazing produce! Bring your own bags.

Portland POP's Star Wars A New Hope: The Portland POP's plays the iconic John Williams' score A New Hope, Star Wars. The symphony will play live, as the movie is shown on a very BIG screen! An unforgettable event. We have tickets in the balcony so that we can look straight across to see the movie, and not get a crick in our neck looking up. Concert and transportation are \$82, due to the generosity of sponsors. We will go out for lunch, on your own, before the show.



Mamma Mania-ABBA Tribute: Friday, May 16th. \$55 covers the show and transportation. Dinner on your own at the Country Kitchen. 3-midnight.

Bedrock Gardens, in the Spring: Tuesday May 20th, pack a picnic lunch, and travel to the Bedrock Gardens to view the spring flowers. \$37 covers transportation and entrance fees.

Memorial Day Community Concert: Sunday, May 25th. Home pick ups for the Patriotic Wind Ensemble concert. The concert is free because Karen and Jim Umberger are sponsoring it. Bus by donation. Bring money for ice cream.



Lupine & Polly's Pancakes: June 17th & 18th. \$20 for transportation. Shopping at the Cheese Shop, ice cream, and lunch at Polly's on your own. 9AM-5:30PM

Neil Diamond Tribute: June 25th. \$48 covers transportation and the concert. Dinner on your own at Ken's. This is held at the SeaSide Pavilion, so bring a sweater.

SeaDogs & Fireworks: Friday, July 11th, we will travel to Hadlock Field for the SeaDogs game. The game and transportation are \$33. They do not allow outside food, so bring a bag lunch to eat on the bus, or plan to purchase your supper at the stadium. 4-midnight.



Craft Fair Spotlight

Mark your calendars! Our first craft fair is coming up at the end of May over Memorial Day weekend. You will see jewelry artists that work with gemstones, sterling silver, and beads. Crafters that create wooden puzzle boxes, floral décor for your home, funky crocheted animals, kitty toys with catnip, mosaic planters, cutting boards and benches. Have a kettle corn and enjoy a fresh squeezed lemonade. If you bring the kiddos, they can get their face painted and buy a pair of butterfly wings to wear too.



Crafters, find the new, revised 2025 application here: <https://www.gibsoncenter.org/craft-fair-rules-application/>

This year's Craft Fairs:

- Memorial Day Weekend – May 24th and 25th
- 4th of July – July 4th, 5th and 6th
- Labor Day Weekend – Aug 30th and 31st
- Columbus/Indigenous Weekend – Oct. 11th and 12th

Fair Hours: Saturday, 10AM-5PM; Sunday, 9AM-4PM

Gibson Globetrotters: Overnight Trips

Please sign up for all programs: **603-356-3231**. Collette has a fantastic insurance policy, one can cancel up to 24 hours before the trip

Collette Tours

Discover American's Music Cities: April 12-19, 2026 Visit New Orleans, Memphis, Nashville, Graceland. French Quarter, Jazz Revue, Grammy Museum, Graceland, Civil Rights Tour, Barbecue Lunch, Ryman Auditorium, Grand Ole Opry Show, Historic RCA Studio B, Country Music Hall of Fame. [Link to the Flyer](#)



Diamond Bus Tours: 2025 Bus Trips:

Spring in Boston, for the 250th anniversary of the Shot Heard Round the World. Boston, Lexington, Concord, Salem. May 30-June 2, 2025. \$577 pp/do 3 nights, 6 meals. **Only 2 rooms left!** [Link to the flyer](#)



Myrtle Beach, Spotlight on Shows! 5 different shows, the Myrtle Beach Boardwalk, Living History Farm, National Harbor, Airborne and Special Operations Museum, October 18-26, 2025, \$1230, 8 nights, 14 meals. **Deposit Now Due** [Link to tour information](#)

Ongoing Services From the Gibson Center

Senior Resource Navigator – Renee Wheaton helps with troubles like how to apply for government assistance, renew a driver's license, access care or arrange for home services, find durable medical equipment, or the like. Reach her directly at **603-205-0909** or by calling the Gibson Center



Computer Training – David Smolen: Fridays 9:00 AM - 12:00 PM and our volunteer experts Mark and John on Mondays - all offer 1-1 training for beginners or more advanced users. Skills training can include setting up email, Zoom, searches, learning how to access medical practice portals for appointments, labs and questions, how to make and participate in Telehealth appointments, online job applications, how to prevent scams and fraud, and smartphones, cameras, photos and games. Call **603-356-3231** to sign up for tutoring.

Personalized Medicare Counseling: If you are turning 65, you need to sign up for a Medicare Plan. To make the best choice for your health situation, meet with an unbiased, and unaffiliated counselor who explains the differences between Original Medicare and Advantage Plans, financial assistance programs, late enrollment penalties, and deferring enrollment. Please call **603-356-3231** to schedule your personal appointment.

Advanced Care Planning – Joan Lanoie. Understand and get help with writing down your options for end-of-life care and making your wishes known. Joan Lanoie can help explain the nuances and implications while also providing helpful advice for family members. Appointment made by calling **603-356-3231**.



Veterans' Administration Benefits Counseling – Counselors come select Thursdays of each month from 9:00 AM to 3:00 PM by appointment to provide consultation regarding Veteran's Benefits. Call **603-624-9230, ext. 301**, or email **Jay.Davis@va.gov** to request an appointment directly.

Stay Warm, Safe and Dry - Home Modification: Valley homeowners who need a reliable, licensed contractor to help with small modification projects to improve the safety, warmth or tightness of their homes can call Renee Wheaton, who will coordinate with our contractor, Adam Balodis. Sample projects include replacing or repairing porch steps or railings, installing grab bars, improving lighting, changing out air filters, installing smoke or CO alarms, installing ramps, or other repairs that increase health and safety. This is not an emergency service but one that will be available by request and subject to scheduling. Renee can be reached by calling the Gibson Center at **603-356-3231** or email **staywarm@gibsoncenter.org**



Our Business Supporters



Locally Owned / Caring Pharmacist
3631 White Mt Highway, North Conway
603-730-5432

Seasonings from Becky in Nutrition

~ Happy May! ~

Hey there! May is National Mediterranean Diet Month- which highlights the health benefits of a way of eating inspired by the traditional foods and cooking styles of countries bordering the Mediterranean Sea. Rich in fruits, vegetables, whole grains, lean proteins like fish, and healthy fats such as olive oil, and this way of eating is known for promoting heart health, reducing the risk of chronic diseases, and encouraging a balanced lifestyle.

Because May is also a month where we are also starting to get out and have outdoor gatherings, and get-togethers, I wanted to put together a quick list of easy, healthy, dessert type options based in the foods/styles of the Mediterranean. I hope you enjoy them.

Greek Yogurt with Honey and Nuts

Ingredients: Greek yogurt, honey, almonds or walnuts, fresh berries (optional)

How to Make: Simply scoop a serving of thick, creamy Greek yogurt into a bowl, drizzle with honey, and top with a handful of nuts and fresh berries. It's quick, simple, and loaded with protein and healthy fats!

Fruit Salad with Olive Oil and Mint

Ingredients: Mixed fresh fruits (like oranges, strawberries, melon, and pomegranate), extra virgin olive oil, fresh mint leaves

How to Make: Chop up your favorite fresh fruits and toss them together. Drizzle a little olive oil on top and garnish with chopped mint leaves. This combination brings a surprising richness to the fruit, making it extra refreshing.

Baked Apples with Cinnamon and Walnuts

Ingredients: Apples, cinnamon, chopped walnuts, honey (optional)

How to Make: Core and slice apples, sprinkle with cinnamon, and top with chopped walnuts. Bake in the oven until soft (about 20 minutes at 350°F). A drizzle of honey is optional for added sweetness. This dessert feels warm and comforting while being light and nutritious.

Olive Oil Cake

Ingredients: Olive oil, whole wheat flour, eggs, honey, almond flour, lemon zest, and baking powder

How to Make: This moist cake uses olive oil as a healthier fat substitute for butter. You can sweeten it naturally with honey and add a hint of citrus zest for extra flavor. It's a wonderful Mediterranean-inspired dessert that's easy to make and lighter than traditional cakes. *This is one of my absolute favorites because it's dairy-free!

Baklava (Healthier Version)

Ingredients: Phyllo dough, nuts (like pistachios, walnuts, or almonds), honey, cinnamon, and a splash of lemon juice

How to Make: Layer phyllo dough with chopped nuts, cinnamon, and a small drizzle of honey between the layers. Bake, and once cooled, drizzle with a little more honey and lemon juice. This lighter version of baklava uses less sugar but still delivers that signature sweet, nutty flavor.

Chia Pudding with Almonds and Dates

Ingredients: Chia seeds, almond milk, dates, almonds, vanilla extract

How to Make: Mix chia seeds with almond milk and a bit of vanilla extract. Let it set in the fridge overnight to thicken. Top with chopped dates and almonds for a sweet, crunchy finish. Chia seeds are packed with fiber and omega-3s, making this a healthy and satisfying treat.

Ricotta with Berries and Lemon Zest

Ingredients: Ricotta cheese, fresh berries (strawberries, blueberries, raspberries), lemon zest, honey

How to Make: Spoon ricotta cheese into bowls, top with fresh berries, a sprinkle of lemon zest, and a drizzle of honey. This dessert is light and refreshing while offering a creamy texture and natural sweetness.

These Mediterranean desserts are not only easy to make but are also packed with wholesome, nutrient-dense ingredients, making them a delightful way to end any meal!

Bon Appetite! –Becky



Look what I found at Gibson Thrift Shop!

Light and airy or floral and colorful, we have Spring and Summer serving pieces perfect for a get together. I love the colorful glasses we have in from sea greens, to clear ocean blues. We always have a great selection of beautiful cocktail or wine glasses. Just recently we received some vintage beer glasses and some outdoor wine glasses too! Come in to see what's new in our home goods section today.



Brought to you by,
Ingrid Kellas

Virtual Performances being shown at Gibson Center

Carmina Burana! After lunch May 29th.

Carmina Burana by Carl Orff tells a story of human life, love, and the cycle of existence, as depicted through three main sections: Springtime, In the Tavern, and The Court of Love. The work is framed by an invocation to **Fortuna**, the goddess of fate, in the famous **O Fortuna** chorus.

This production was filmed April 27th, at the Portland Symphony Orchestras concert. The virtual concert is brought to you by the generous Program Sponsors.

The Gibson Center is offering this concert in our seven speaker activity room with a large screen for projection. These are live performances of the Portland Symphony. Programs must be ordered in advance, so please sign up at least one week before the event.

Our Business Supporters



L. A. DREW, INC.
GENERAL CONTRACTOR

Is the premiere commercial & custom home builder in Mount Washington Valley. Excavation, pre engineered structures, road clearing & more!

We work hand in hand with you to bring your vision to life



BUILT BEST.... BY DESIGN

Design/Build consultations in house.
Free estimates on your design plans.
(603) 356-6351



Care Givers

There are four options for caregivers who would like some added support. REACH, a Zoom meeting, Friendly Visitors, and 1:1 Peer Support. Call Jill if you are interested.

REACH: stands for Resources for Enhancing Alzheimer's Caregiver Health in the Community. Caregivers will meet with trained coaches and learn to solve common caregiver challenges. Meeting options are currently in-person, one-on-one coaching, phone, or ZOOM.

Caregiver Peer Support: There are caregivers who have probably experienced your challenges and can offer a non-judgmental ear. Currently caregivers prefer phone calls so they can keep their loved ones safe.

Late Evening Zoom Meeting: We realize that many caregivers do not have the luxury of attending a meeting during the day. We are looking to host a later in the evening meeting via zoom for those caregivers who cannot leave their homes for meetings. Please contact Jill for more information, jill@gibsoncenter.org.

Friendly Visitors: Trained volunteers interact with people. Caregivers and the person they care for can both benefit from socializing with another person. Caregivers can find an hour of respite when they do not have to be on high alert, and the person who is cared for meets a new person to do fun things with, such as puzzles, walks, photo albums, or just chatting. Please contact Jill for more information, jill@gibsoncenter.org.

Gibson Center welcomes Bonnie Carlsen!

I would like you all to meet Bonnie Carlsen. Bonnie is a new member to the Gibson Center team. I am fortunate to have Bonnie as an Assistant at our Thrift Store. She comes to us with over 25 years of retail management experience from some places you may remember like Filenes and Natural Wonders.

In addition to her retail experience, Bonnie has been a foster parent and teacher. She was born in Massachusetts and was raised in North Waterboro, Maine. She moved to Georgia for about 10 years and lived outside of Atlanta. For the last eight years she has lived in North Conway. Now that she is retired, she enjoys working part time and traveling to her camp on Prince Edward Island. One of my favorite things about Bonnie is that she was a customer at the Thrift Store, then a volunteer, and now we are lucky to have her here part time on our team. Welcome Bonnie!

Witten by Ingrid Kellas



New to Medicare - Individual Counseling

New to Medicare. Anyone turning 65 has to make informed decisions about Medicare enrollment. It can be a daunting experience. Let Ele Border introduce you to your options in an unbiased, unaffiliated and pleasantly educational manner. She is meeting with individuals or couples for counseling sessions. All people turning 65 have 6 months to sign up for Medicare (3 months before and the three months after one turns 65) without a penalty in the future. She can explain your options and how to understand the differences between Medicare Advantage Plans and traditional Medicare. Please call **603-356-3231** to schedule your personal appointment with Ele.



Ballroom Dance Classes

Ballroom Basics is a six-week session where we focus on two ballroom dances (the new session, **Rumba** and **Cha Cha**). By the end the goal is for you to feel comfortable dancing a full song in each dance. This is designed for absolute beginners who want to give ballroom dance a try as well as returning dancers who are brushing up on your basics. To reach that goal, along with in-class instruction, you will get handouts of the steps covered and a weekly email with Youtube links to that week's steps. You will also be learning to lead or follow and starting to work on proper body movement and technique. No partner or previous dance experience is necessary, just a willingness to learn! Join Dance Instructor Elizabeth Converse on Wednesday afternoons from 4-5PM, the new class starts May 7th. Classes are fun, and one learns a lot! six classes are only \$90 per person. Please register for this class, **603-356-3231**.



Ele Border wins the Volunteer of the Year award

In celebration of National Volunteer Month, it is with great honor and excitement that the Partnership for Public Health has awarded Ele Border with the Volunteer of the Year award.

For 6 years Ele has provided free, unbiased Medicare counseling to the community at the Gibson Center for Senior Services. She has helped countless older Americans in Carroll County make wiser choices about their Medicare benefit. Recently, Ele has recognized the need for more certified volunteers to meet the needs of our aging community members. She has been instrumental in recruiting more “do-good-niks” to help make the Gibson Center an accessible, reliable resource for the Conway area.



Pictured in the photo from left to right:

Andrew Farris, Carroll County Aging and Disability Resource Center, PPHNH

Tammy Carmichael, CEO, PPHNH

Ele Border, Volunteer of the Year

David Dyson, Gibson Center Board of Directors

Penny Wellman, Gibson Center Staff (Penny assists Ele with appointments and is invaluable)

David Smolen, Gibson Center Executive Director

Reserve the Sprague Dining Room for your meetings – Online

The beautiful Sprague Dining room and the Glenna Mori Activity room can be reserved for members of the Valley to use for meetings and activities. Reservations for the Dining room can be easily made for available times by going to our website, <https://www.gibsoncenter.org/product/sprague-dining-room/>

SPRAGUE DINING ROOM: The 65-seat dining room (without kitchen) is available from 8:00-10:00 am weekday mornings and again from 1:00-4:00 in the afternoon and some evenings or weekends by special arrangement. Our calendar of available times and room policies are posted on the website under Book a Room. There is a nominal fee of \$35 for the Dining room that may be waived for non-profits. We hope you will come enjoy the central Valley location, parking, and congenial facilities for your organization meetings, presentations, family gatherings or club events.



GLENNA MORI ROOM: The Activity Room is a 70-person seating capacity program room with projector and 7 high-quality stereo surround-sound speakers or can be used by up to 20 people for exercise and dance. Our fee is \$25 and may be waived for non-profits. The Activity Room can be requested by completing an inquiry form with a response time of 3 business days as we check for availability of this much used space. Online go to <https://www.gibsoncenter.org/glenna-mori-activity-room/>



Photo from the Easter Lunch event featuring Easter hats – April 17, 2025.

TIM DI PIETRO



- Residential Electrician
- Electrical Repairs
- Electrical Upgrades
- Commercial Electrician

NO JOB TOO SMALL

603-356-2248

Our Business Supporters



2448 Main Street
North Conway, NH 03860
603.356.5819

info@northcountryfairjewelers.com

Kudos - Donations

The many people who have called us and offered help! This is such a wonderful community!

DellaValla Bluegrass Trio

American Legion, Post 46; Fish Fry!

Let's "Ear" It For the Ear: Karen Cummings, & Sarah Eastman

White Mountain Oil & Propane; Easter Lunch

Easter Bunny: Charlie

Attorney General's Office: Scam Prevention

Seder Memories: Elizabeth Roth

Movies: Conway Public Library & Elaine Klement, & George LeBlanc

Altrusa: 2nd Tuesday and Easter Lunch volunteers!

Conway Area Humane Society

The Gibson Center Trip Angels

Majestic Theater/Mountain Top Music 15% off

M&D Theater

Little Angel Service Dog, Eleanor!

Book Club: Pamela Memmolo, Conway Public Library

The Dining Room volunteers, for making us feel special

Vaughn Community Services Food Pantry & Jennifer

Shaws, Wanda Wirling

NH Food Bank

Catholic Charities of NH

Wal-Mart; Phil Spinney

Old Village Bakery

Local Radio Stations:

Easy 95.3 WBNC,

93.5 WMWV,

104.5 WVMJ - Magic.



**Easter Bunny,
Charlie**



DellaValla Trio



**Attny General
Scam prestners**



**Let's Ear it for
the Ear**



**American Legion
Fish Fry**



Photos from recent Trips & Events

Trips: Humane Society, Art in Bloom, Ben & Jerry's Free Cone Day, DAR Revolution Experience, American Legion Fish Fry, Nate & Kate's Sugar House

Events: Let's "Ear" it for the Mt. Ear, Easter Lunch, Dance Class "Prom"



Our Business Supporters Newsletter Listings

Chalmers Insurance (356-6926) Steve Cote, full line of personal and business insurance, including Long term care, life and annuities.

Coleman Alvin J. & Son (447-5936) 9 NH Route 113, Conway. General Contractor

Gamwell, Caputo & Co., PLLC (447-3356 or fax 447-6563) Dave Caputo, certified public accountants providing tax, accounting, and financial statement services for businesses, individuals, trusts and estates.

H.R. Hoyt Construction Inc. (447-2612) Conway, NH. Poured Concrete

LA. Drew Inc (356-6351) has been a leading contractor in the Mount Washington Valley since 1969. Working with homeowners and architects, we can help you build your dream home from the ground up.

Memorial Hospital (356-5461) The community hospital of Mt. Washington Valley. Your partner in good health.

North Country Fair Jewelers (356-5819) Brian Smith, Main St, N Conway. Diamonds, gold and silver jewelry, coins, pearls, watches, clocks and antiques. Repairs, appraisals, buy, sell and trade.

NorthEast Auto Body (356-5808) David Smith, 530 Eastman Road, North Conway, N.H.

Northeast Delta Dental delivers quality dental insurance products and services to individuals and families, and groups of all sizes. We work hard to make dental care more affordable and available to the public.

Notchland Inn (374-6131) Harts Location, NH Romantic dining and lodging.

Sapphire Wealth Management (356-9371) 3277 White Mt. Hwy. Investments including Stocks, Bonds, Annuities, Retirement, College Planning

Settlers Green Outlet Village (356-7031) over 60 stores. Every Tuesday is Senior discount day at participating stores.

Varsity Beverage Conway (447-5445) Distributor of Pepsi Cola, Schweppes, Dole Juices, Lipton Tea, Gatorade, Aquafina Water, Mountain Dew, Mug Root Beer, Frappuccino, and Hawaiian Punch.

White Mountain Oil and Propane (356-6386) The Saunders Family, oil and propane, major appliances.

Yankee Smokehouse Restaurant (539-7427) Joseph Ferriera, Jct. Route 16 & 25 in West Ossipee. Real open pit barbecue.

Donate to The Gibson Center

Ways to Give

1. Make it VIBRANT: One time or monthly recurring donation
2. Make it ABUNDANT: Honor or memorial gift, abundance guild
3. Make it LAST: Legacy honor society member, planned giving, charitable bequests, IRA charitable rollover, give appreciated stock, name a charity as the beneficiary of your retirement account

Donation Link

<https://www.gibsoncenter.org/donations-ways-to-give/>

Gibson Center is a 501(c) (3) and donations are tax deductible & our EIN is 02-0351152.

