Gibson Times



Proudly Serving
Older Adults Since 1979

Mother's Day Lunch



Director Message:

Celebrating Two Million Meals

Early this month, we will proudly serve or deliver our two millionth meal. To commemorate this remarkable milestone, we invite you to join us for a special lunch on June 10th, generously sponsored by the Valley Originals.

This achievement is the result of a collaborative effort—one that spans local, state, and national levels. At the heart of it all is the Older Americans Act, the foundational law that created the national framework supporting our work. Since our founding in 1979, that framework has nourished the roots of community, volunteerism, and philanthropy, helping them grow strong and steadfast.

Our dedicated staff is the thread that weaves everything together. Whether they're crafting menus, driving buses, managing programs, reviewing contracts, shaping policies, supporting aging in place, fundraising, or simply being there to listen—the Gibson Center thrives because of their unwavering commitment.

Thank you for being part of this journey. We look forward to celebrating with you.

NH Gives is June 10th and 11th

Hosted by the NH Center for Nonprofits, NH Gives is the state's largest day-of-giving – bringing together hundreds of nonprofits and thousands of donors to raise as much money and awareness as possible for the causes served by NH's nonprofit sector.

It is 24-hours for Granite Staters to give back to the nonprofits that give so much to our communities every day.

Our landing page for this event is https://www.nhgives.
org/organizations/gibson-center-for-senior-services



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June Special Events

Gibson Walking Group meets Mondays at 8:30AM, check out the included article for locations.

Low and Moderate Property Tax Rebate paperwork on Monday, the 2nd and Tuesday, the 3rd. To register for a session and receive a list of the documents needed to complete the forms, call us at **603-356-3231**

Spirit Week the second week of June: Join the fun and wear something that speaks of each theme. Monday, Beach Day/ Aloha, Tuesday, Funky Hat or Sock Day, Wednesday, Tie-Dye Day, Thursday Patriotic Day, Friday, Formal Day.

Thursday the 5th, we will show the last of our "Leading Men Through the Decades" movie series, with **Forest Gump**, featuring the Leading Star of the 1990's Tom Hanks. The music is wonderful too!



Friday, the 6th, the **dining room is closed** for volunteer appreciation. We are blessed because we have a lot of people who give generously of their time, The Gibson Center would not be here without them. Many thanks to the Settler's Green for sponsoring the meal.

Monday the 9th join us after lunch for this inspiring movie **Keys, Bag, Name, Words**, which offers hope about dementia. This movie is a paid presentation by Doran Independent Insurance in Wolfeboro.

While we are going to serve the **Two Millionth Meal** some time during the first week in June, we are hosting a celebratory event on Tuesday, June 10th. Bring a story to share! Many thanks to Valley Originals for sponsoring this meal.

Thursday, the 12th we will **paint a butterfly** with with Elaine, please register for this class by Monday the 9th.

Thursday the 12th the **Black Cap Grille** will donate a portion of the days sales to the Gibson Meals on Wheels program. Please invite your family and friends to dine there between 5-8PM. Bus for home pickups, please sign up.

Friday the 13th, we will celebrate the men who mentored us, wiped the grass from our hands when we fell, and encouraged us when we doubted. Join us for our **Father's Day Lunch**. Bring photos of your father, you as a father, your sons as fathers... stay for yard games after lunch.

Monday the 16th we will play **BINGO**. Please bring a prize for the table. All are welcome to join us after lunch.

Thursday, the 19th the Gibson Center will be closed in observance of the Juneteenth Federal holiday.

Friday the 20th we will host a Longest Day, **baked goods auction**, where money raised is donated to the Alzheimer's Association. Afterwards join us for yard games on the lawn.

Monday June 23rd our **Summer Camp Pen Pal Project** begins. The Campers will write us letters on Monday. You will have Tuesday and Wednesday to answer the letters, and the campers will visit us before lunch in the dining room on Thursdays. They will sing us a new (to them) song, and we will be able to chat with the campers. Last year we found hope in visiting with the young people.

Monday 23rd we will host our first **Upcycling class** after lunch. Select Mondays over the summer we will be learning different techniques to add life to tired items. This not only helps your purse, you also keep items out of the landfill, thus helping the environment! Please preregister for this class and future classes. June 23rd **Cute Patches, and Darning for Fun**. July 14 & 16, **Cyanotype**. Ingrid will supply items, or bring your own.

Tuesday the 24th, the Gibson Book Club will discuss the book Prodigal Summer by Barbara Kingsolver

Starting in June, on the 4th Thursday, the AARP Speakers Bureau, will present a program. Our June 26th program is **The Scam Landscape (Fraud presentation)**



Upcoming Fundraisers

Black Cap Grille, June 12th. Invite your family and friends to dine at the Black Cap Grille, they will donate a portion of the evenings sales to the Gibson Center MOW program. Please dine between 5 and 8PM. The bus is available for those who don't drive in the evening.





FlatBread Community Bake, August 26th. Plan now, save the date!

Fun Programs, Classes, Trips, and Adventures

The Gibson Center has developed a huge menu of programs for seniors of all abilities and interest levels. Much of what we do has come directly from your suggestions, so keep them coming!









Ongoing Weekly Programs

| Monday | Walking Group, see calendar for location Chair Exercise Tai Ji Quan, Moving for Better Balance New to Medicare; call for an appointment 1:1 Computer Lessons | 8:30 AM 10:30 AM 4:00 PM By Appointment By Appointment |
|-----------|--|--|
| Tuesday | Strength, Balance & Stretch Joan Lanoie, Advanced Directive, 2nd Tuesday | 10: 00 AM By Appointment |
| Wednesday | Claiming Our Vitality Quilt 2nd & 4th weeks Gameday Ballroom Dance Class | 10:00 AM 10: 00 AM 12:30 PM 4:00 PM |
| Thursday | State of NH Veterans Service 2nd & 4th Weeks, Call for your appointment 603-624-9230 X 301 Strength, Balance & Stretch Movie Series 1st & 3rd weeks Elaine's Art Classes 2nd week Tai Ji Quan, Moving for Better Balance | By Appointment 10:00 AM 12:30 PM 12:30 PM 4:00 PM |
| Friday | Computer Classes call for an appointment Chair Exercise Class Friday Painters, bring your own supplies | By Appointment 10:30 AM 12:30 PM |

Gibson Center Upcoming Day Trips

For all bus trips, please sign up and pay in advance. Call 603-356-3231. Federal health precautions are followed on the bus. For Door to Door Transportation trips you will be called with your individual pick up time the day before the trip. Many venues will only hold tickets for so long. Please indicate your interest, so we can reserve tickets.

All trips this season have reduced rates due to the generosity of program sponsors.

Monthly trip to the Humane Society to meet and socialize cats. First Wednesday each month, after lunch.

First Friday Concerts at the Majestic. Donations accepted for the performance no bus this month. **June features Taylor Whiteside from Tamworth**

We will visit the **Brownfield Market** after lunch. They have amazing produce! Bring your own bags.

Black Cap Grille, Gibson fundraiser: transportation offered from your door to theirs, call for a ride **603-356-3231**





Lupine & Polly's Pancakes: June 17th & 18th. \$20 for transportation. Shopping at the Cheese Shop, ice cream, and lunch at Polly's on your own. 9AM-5:30PM

Neil Diamond Tribute: June 25th. \$48 covers transportation and the concert. Dinner on your own at Ken's. This is held at the SeaSide Pavilion, so bring a sweater.

Free Local Concerts: Tuesdays in July, pack a picnic supper, bring your lawn chair, the Gibson Bus offers door to door transportation.

SeaDogs & Fireworks: Friday, July 11th, we will travel to Hadlock Field for the SeaDogs game. The game and transportation are \$33. They do not allow outside food, so bring a bag lunch to eat on the bus, or plan to purchase your supper at the stadium. 4-midnight.





A Taste of Ireland: Performed by former World Irish dance champions, and featuring dancers from Lord of the Dance and Riverdance, 'A Taste of Ireland' transports the audience through the story of Ireland's tumultuous history delivered with a pint of Irish wit. Watch world-class performers blend melodic folk mash-ups, live jaw-dropping acapella tap battles and heartwarming story telling. Friday September 5th, board bus at 3PM. \$80 covers the transportation and tickets, dinner on your own at Sebago Brewery

Magic of Christmas: Fridays December 13. \$60 covers transportation and tickets, lunch on your own at Sebago Brewery.

Craft Fair Spotlight

Mark your calendars! Our Summer Craft Fairs are just around the corner. You will see jewelry artists that work with gemstones, sterling silver, and beads. Crafters that create wooden puzzle boxes, floral décor for your home, funky crocheted animals, kitty toys with catnip, mosaic planters, cutting boards and benches. Have a kettle corn and enjoy a fresh squeezed lemonade. If you bring the kiddos, they can get their face painted and buy a pair of butterfly wings to wear too.



Crafters, find the new, revised 2025 application here: https://www.gibsoncenter.org/craft-fair-rules-application/

This year's Craft Fairs:

- 4th of July July 4th, 5th and 6th
- Labor Day Weekend Aug 30th and 31st
- Columbus/Indigenous Weekend Oct. 11th and 12th

Fair Hours: Saturday, 10AM-5PM; Sunday, 9AM-4PM

Gibson Globetrotters: Overnight Trips

Please sign up for all programs: 603-356-3231. Collette has a fantastic insurance policy, one can cancel up to 24 hours before the trip

Collette Tours

Discover American's Music Cities: April 12-19, 2026 Visit New Orleans, Memphis, Nashville, Graceland. French Quarter, Jazz Revue, Grammy Museum, Graceland, Civil Rights Tour, Barbecue Lunch, Ryman Auditorium, Grand Ole Opry Show, Historic RCA Studio B, Country Music Hall of Fame. **Link to the Flyer**



Diamond Bus Tours: 2025 Bus Trips:

Myrtle Beach, Spotlight on Shows! 5 different shows, the Myrtle Beach Boardwalk, Living History Farm, National Harbor, Airborne and Special Operations Museum, October 18-26, 2025, \$1230, 8 nights, 14 meals. **Deposit Now Due Link to tour information**



Ongoing Services From the Gibson Center

Senior Resource Navigator – Renee Wheaton helps with troubles like how to apply for government assistance, renew a driver's license, access care or arrange for home services, find durable medical equipment, or the like. Reach her directly at **603-205-0909** or by calling the Gibson Center



Computer Training – David Smolen: Fridays 9:00 AM - 12:00 PM and our volunteer experts Mark and John on Mondays - all offer 1-1 training for beginners or more advanced users.

Skills training can include setting up email, Zoom, searches, learning how to access medical practice portals for appointments, labs and questions, how to make and participate in Telehealth appointments, online job applications, how to prevent scams and fraud, and smartphones, cameras, photos and games. Call **603-356-3231** to sign up for tutoring.

Personalized Medicare Counseling: If you are turning 65, you need to sign up for a Medicare Plan. To make the best choice for your health situation, meet with an unbiased, and unaffiliated counselor who explains the differences between Original Medicare and Advantage Plans, financial assistance programs, late enrollment penalties, and deferring enrollment. Please call **603-356-3231** to schedule your personal appointment.

Advanced Care Planning – Joan Lanoie. Understand and get help with writing down your options for end-of-life care and making your wishes known. Joan Lanoie can help explain the nuances and implications while also providing helpful advice for family members. Appointment made by calling 603-356-3231.

Veterans' Administration Benefits Counseling – Counselors come second and fourth Thursdays of each month from 9AM to 3PM by appointment to provide consultation regarding Veteran's Benefits. Call **603-624-9230**, ext. **301**, or email **Jay.Davis@va.gov** to request an appointment directly.

Stay Warm, Safe and Dry - Home Modification: Valley homeowners who need a reliable, licensed contractor to help with small modification projects to improve the safety, warmth or tightness of their homes can call Renee Wheaton, who will coordinate with our contractor, Adam Balodis. Sample projects include replacing or repairing porch steps or railings, installing grab bars, improving lighting, changing out air filters, installing smoke or CO alarms, installing ramps, or other repairs that increase health and safety. This is not an emergency service but one that will be



available by request and subject to scheduling. Renee can be reached by calling the Gibson Center at **603-356-3231** or email **staywarm@gibsoncenter.org**

Our Business Supporters



Seasonings from Becky in Nutrition

~ Happy June! ~

Hey there! This month I wanted to talk about Omega-3 fatty acids—especially EPA and DHA found in fish oil— which play a powerful role in supporting heart, brain, and joint health. For all of us, these healthy fats can help reduce inflammation, support memory and cognitive function, and even improve mood. The best fresh food sources of omega-3s include fatty fish like salmon, mackerel, sardines, and trout. For those who prefer plant-based options, flaxseeds, chia seeds, and walnuts offer a healthy dose of ALA, another type of omega-3. Including these foods in a balanced diet is a simple, natural way for seniors to promote healthy aging.



Here are a few recipes that include a healthy amount of omega-3

Baked Salmon with Lemon & Dill

Ingredients:

- 2 salmon fillets
- 1 lemon (sliced)
- Fresh dill
- Olive oil
- Salt & pepper

Instructions:

- 1. Preheat oven to 375°F (190°C).
- 2. Place salmon on a baking sheet. Drizzle with olive oil, season with salt and pepper.
- 3. Add lemon slices and fresh dill on top.
- 4. Bake for 15-20 minutes until cooked through

And for those who are plant based

Vegan Omega-3 Power Salad with Flaxseed & Walnuts

Ingredients:

- 1 cup mixed leafy greens (spinach, kale, arugula)
- 1 medium carrot, julienned or grated
- 1/4 cup walnuts, chopped
- 1 tbsp ground flaxseeds
- 1/2 avocado, sliced
- 1/2 cup cucumber, sliced
- 1/2 cup cherry tomatoes, halved
- 2 tbsp olive oil
- 1 tbsp balsamic vinegar or lemon juice
- Salt & pepper to taste

Bon Appetite! -Becky

Instructions:

- 1. In a large bowl, toss together the mixed greens, carrot, cucumber, cherry tomatoes, and avocado.
- 2. Sprinkle ground flaxseeds and chopped walnuts over the salad for that extra omega-3 punch.
- 3. Drizzle with olive oil and balsamic vinegar (or lemon juice), then season with salt and pepper.
- 4. Toss gently and serve as a light meal or side dish.

Look what I found at Gibson Thrift Shop!

We are getting a lot of really nice artwork at The Gibson Thrift shop. I take care to look over each piece and assess its' value for our shoppers. Some pieces are purely decorative, some are great for first time renters or home buyers to add character to their space. I have also found original paintings, vintage prints that never go out of style, local artwork, and collector's pieces.



You will always find a great deal on artwork. My experience owning a gallery and frame shop and valuing artwork as well as the frame itself has been especially helpful for those of you who want to find a treasure at a discount. I always price it to sell and hope that each piece finds the perfect person.

Check out this recent find. It's a vintage soup ad from the early 1920's. Remember Andy Warhol? His artwork was inspired by things just like this.

Brought to you by, Ingrid Kellas

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Conway Selectmen Issue Proclamation in Honor of Two Million Meals

At their May 27th meeting, the Board of Selectmen issued the following proclamation in honor of our two millionth meal:

Town of Conway, New Hampshire

Proclamation

Honoring the Gibson Center for Senior Services on the Occasion of Its 2 Millionth Meal Served

WHEREAS, the Gibson Center for Senior Services, located in the heart of North Conway, has been a beacon of service, care, and support for older adults throughout the Mount Washington Valley since its founding in 1979; and

WHEREAS, the Center has remained steadfast in its mission to promote the well-being and independence of seniors by providing essential services, including daily nutritious meals, transportation, and enriching programs that foster social connection and lifelong engagement; and

WHEREAS, through the unwavering dedication of its staff, volunteers, donors, and community partners, the Gibson Center has now achieved a truly remarkable milestone—serving its 2 millionth meal to seniors in need; and

WHEREAS, this achievement reflects decades of compassionate service, tireless advocacy, and a deep commitment to ensuring that every older adult in our region is treated with dignity, respect, and kindness; and

WHEREAS, the Town of Conway recognizes the Gibson Center's vital role in improving quality of life, fighting hunger, and building a stronger, more inclusive community;

NOW, THEREFORE, we, the Selectmen of the Town of Conway, New Hampshire, do hereby proclaim that 27th of May, 2025 shall be celebrated as Gibson Center for Senior Services Day in recognition of this historic 2 millionth meal served, and in honor of the extraordinary impact the Gibson Center continues to have in the lives of our residents. We extend our deepest gratitude to all those who have made this milestone possible.

IN WITNESS WHEREOF, we have hereunto set our hands and caused the Seal of the Town of Conway to be affixed this 27th of May, 2025.

Signed, Board of Selectmen, Town of Conway



Care Givers

There are four options for caregivers who would like some added support. REACH, a Zoom meeting, Friendly Visitors, and 1:1 Peer Support. Call Jill if you are interested.

REACH: stands for Resources for Enhancing Alzheimer's Caregiver Health in the Community. Caregivers will meet with trained coaches and learn to solve common caregiver challenges. Meeting options are currently in-person, one-on-one coaching, phone, or ZOOM.

Caregiver Peer Support: There are caregivers who have probably experienced your challenges and can offer a non-judgmental ear. Currently caregivers prefer phone calls so they can keep their loved ones safe.

Late Evening Zoom Meeting: We realize that many caregivers do not have the luxury of attending a meeting during the day. We are looking to host a later in the evening meeting via zoom for those caregivers who cannot leave their homes for meetings. Please contact Jill for more information, jill@gibsoncenter.org.

Friendly Visitors: Trained volunteers interact with people. Caregivers and the person they care for can both benefit from socializing with another person. Caregivers can find an hour of respite when they do not have to be on high alert, and the person who is cared for meets a new person to do fun things with, such as puzzles, walks, photo albums, or just chatting. Please contact Jill for more information, **jill@gibsoncenter.org**.

Upcycling Clothing Classes!

What is upcycling? It's using what you have and turning it into something fab and new. We have found a couple of local artists who will work with us to learn new techniques that you can use to breathe new life into old favorites.

June 23rd, we will work with Corrie Blodgett to learn about fun patches and artistic darning. Both can be used to revitalize an otherwise unusable piece of clothing. Ingrid has a stack of items from the Thrift Shop that we can use to practice these techniques. Please register for this class, **603-356-3231**

July 14th and 16th, we will work with Meredith Leoni, of Studio 22. This two day session will teach us the techniques of Cyanotype dye. Day one we will learn some of the history of the technique, as well as getting to put it into practice by creating paper and cloth pieces of beauty. Each participant is invited to bring a piece of clothing, or cloth, that he or she would like to decorate. We will apply the base coat on day one, and on day 2 you will apply the design. By the end of the workshop, you'll leave with a collection of unique prints on both paper and fabric—plus your own custom-designed tote bag. The cost of this workshop is \$25 per person, and limited to 8 participants. Please preregister for this class by calling 603-356-3231, and bring a check for \$25 when you register.

New to Medicare - Individual Counseling

New to Medicare. Anyone turning 65 has to make informed decisions about Medicare enrollment. It can be a daunting experience. Let Ele Border introduce you to your options in an unbiased, unaffiliated and pleasantly educational manner. She is meeting with individuals or couples for counseling sessions. All people turning 65 have 6 months to sign up for Medicare (3 months before and the three months after one turns 65) without a penalty in the future. She can explain your options and how to understand the differences between Medicare Advantage Plans and traditional Medicare. Please call **603-356-3231** to schedule your personal appointment with Ele.



Reserve the Sprague Dining Room for your meetings – Online

The beautiful Sprague Dining room and the Glenna Mori Activity room can be reserved for members of the Valley to use for meetings and activities. Reservations for the Dining room can be easily made for available times by going to our website, https://www.gibsoncenter.org/product/sprague-dining-room/

SPRAGUE DINING ROOM: The 65-seat dining room (without kitchen) is available from 8:00-10:00 am weekday mornings and again from 1:00-4:00 in the afternoon and some evenings or weekends by special arrangement. Our calendar of available times and room policies are posted on the website under Book a Room. There is a nominal fee of \$35 for the Dining room that may be waived for non-profits. We hope you will come enjoy the central Valley location, parking, and congenial facilities for your organization meetings, presentations, family gatherings or club events.





GLENNA MORI ROOM: The Activity Room is a 70-person seating capacity program room with projector and 7 high-quality stereo surround-sound speakers or can be used by up to 20 people for exercise and dance. Our fee is \$25 and may be waived for non-profits. The Activity Room can be requested by completing an inquiry form with a response time of 3 business days as we check for availability of this much used space. Online go to https://www.gibsoncenter.org/glenna-mori-activity-room/

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Our Business Supporters



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Age Friendly Walks

Walking Group

We have an informal, drop in walking (not hiking) group walking weekly Mondays at 8:30AM – Using the MWV Age-Friendly Most Walkable Trails listed on mwvagefriendly.org

Meet at the trailhead on Mondays at 8:30 AM. Most walks will last about an hour though several could be extended further if any participant chooses to continue on. Rain or Shine. No RSVP required, simply arrive. Friends and neighbors are welcome, but sorry, no dogs. No one need finish any trail, you walk at your own rate. Wear comfortable shoes, hats, walking poles, bug repellent on a bandana is optional



Age Friendly Walking Club

Towns included are Conway (Intervale, North Conway and Conway), Albany, Bartlett, Jackson, Fryeburg, Madison, and even further afield, finding great trails in Ossipee, Freedom, Eaton, Chatham, and Hart's Location. To add your name to the email list, contact Jill, jill@gibsoncenter.org

The links to the trails can be found here.

June 2, Town of Albany

- Tin Mountain Conservation Center
- ADA Trail, 1.3 miles, Easy
- Optional 2nd walk, Bobcat Trail, 0.8 miles, Easy

June 9, Town of Conway

- Conway Rec Path along the Saco River
- Meet behind Police Station
- 1-2 miles, Easy

June 16, Town of Hart's Location

• Willy Pond and Saco River Loop, 1.1 miles, Easy

June 23rd, Town of Ossipee

- Long Sands Constitution Park
- Deer Run, Moose, Green Mt. and Beaver Trails
- Each trail is .25 miles, and all are Easy

June 30th, Town of Jackson

- Jackson River Loop, 1.45 miles Easy
- Optional 2nd: Jackson River Walk, 0.5 miles Easy



Whittaker Woods



Rec Path

Photos from Red Parka Pub Luncheon May 13, 2025

For over 30 years, Terry O'Brien and the crew at the Red Parka Pub have invited the Gibson Center for a midwinter lunch. This year, we had a welcome Spring lunch. They feature steak or fish, dessert, and friendly staff. Many thanks!























Kudos - Donations

The many people who have called us and offered help! This is such a wonderful community!

DellaValla Bluegrass Trio

Terry O'Brien, Red Parka Pub, and Staff; Steak Lunch!

Movies: Conway Public Library & George LeBlanc

Altrusa: 2nd Tuesday volunteers!

Conway Area Humane Society

The Gibson Center Trip Angels

Majestic Theater/Mountain Top Music 15% off

M&D Theater

Little Angel Service Dog, Eleanor!

Book Club: Pamela Memmolo, Conway Public Library

The Dining Room volunteers, for making us feel special

Vaughn Community Services Food Pantry & Jennifer

Shaws, Wanda Wirling

NH Food Bank

Catholic Charities of NH

Wal-Mart; Phil Spinney

Old Village Bakery

Local Radio Stations:

Easy 95.3 WBNC, 93.5 WMWV, 104.5 WVMJ - Magic.



Eleanor, the dog, KUDOS



DellaValla Trio



Red Parka Pub staff



Photos from recent Trips & Events

Trips: ABBA Tribute, Bedrock Gardens, Red Parka Pub, Mackinac Tour, Walking Group

Events: Mother's Day Lunch, Kentucky Derby Hats, Painting Sunflower Class, Consortium





















Our Business Supporters Newsletter Listings

Chalmers Insurance (356-6926) Steve Cote, full line of personal and business insurance, including Long term care, life and annuities.

Coleman Alvin J. & Son (447-5936) 9 NH Route 113, Conway. General Contractor

Gamwell, Caputo & Co., PLLC (447-3356 or fax 447-6563) Dave Caputo, certified public accountants providing tax, accounting, and financial statement services for businesses, individuals, trusts and estates.

H.R. Hoyt Construction Inc. (447-2612) Conway, NH. Poured Concrete

LA. Drew Inc (356-6351) has been a leading contractor in the Mount Washington Valley since 1969. Working with homeowners and architects, we can help you build your dream home from the ground up.

Memorial Hospital (356-5461) The community hospital of Mt. Washington Valley. Your partner in good health.

North Country Fair Jewelers (356-5819) Brian Smith, Main St, N Conway. Diamonds, gold and silver jewelry, coins, pearls, watches, clocks and antiques. Repairs, appraisals, buy, sell and trade.

NorthEast Auto Body (356-5808) David Smith, 530 Eastman Road, North Conway, N.H.

Northeast Delta Dental delivers quality dental insurance products and services to individuals and families, and groups of all sizes. We work hard to make dental care more affordable and available to the public.

Notchland Inn (374-6131) Harts Location, NH Romantic dining and lodging.

Sapphire Wealth Management (356-9371) 3277 White Mt. Hwy. Investments including Stocks, Bonds, Annuities, Retirement, College Planning

Settlers Green Outlet Village (356-7031) over 60 stores. Every Tuesday is Senior discount day at participating stores.

Varsity Beverage Conway (447-5445) Distributor of Pepsi Cola, Schweppes, Dole Juices, Lipton Tea, Gatorade, Aquafina Water, Mountain Dew, Mug Root Beer, Frappuccino, and Hawaiian Punch.

White Mountain Oil and Propane (356-6386) The Saunders Family, oil and propane, major appliances.

Yankee Smokehouse Restaurant (539-7427) Joseph Ferriera, Jct. Route 16 & 25 in West Ossipee. Real open pit barbecue.

Donate to The Gibson Center

Ways to Give

- 1. Make it VIBRANT: One time or monthly recurring donation
- 2. Make it ABUNDANT: Honor or memorial gift, abundance guild
- 3. Make it LAST: Legacy honor society member, planned giving, charitable bequests, IRA charitable rollover, give appreciated stock, name a charity as the beneficiary of your retirement account

Donation Link

https://www.gibsoncenter.org/donations-ways-to-give/

Gibson Center is a 501(c) (3) and donations are tax deductible & our EIN is 02-0351152.



